

# 31<sup>st</sup> Annual Conference Schedule – June 10 & 11, 2021 9:00am – 12:00pm

## Thursday, June 10th

### 9:00 - Welcome and Opening Remarks

**Thomas Baffuto**, Executive Director, The Arc of New Jersey

**Beverly Roberts, M.Ed.**, Director, Mainstreaming Medical Care Program, The Arc of New Jersey

**Sarah Adelman**, Acting Commissioner, New Jersey Department of Human Services

### 9:15 – Updates from New Jersey Medicaid

**Speaker: Jennifer Langer Jacobs**, Assistant Commissioner, New Jersey Department of Human Services, Division of Medical Assistance and Health Services

### 9:30 – 10:30 Keynote Presentation

#### Following the Psychosocial Footprint of the COVID Pandemic: Longer Term Implications for All of Us

**Speaker: Lucy Esralew, Ph.D.**, Senior Psychologist, California Department of Developmental Services

Although we have been closely following the medical consequences for individuals with intellectual and developmental disabilities (IDD), the psychosocial effects of quarantine, yearlong restrictions and changes in social support and services are likely to impact all of us well beyond the containment of the virus. This keynote presentation will consider COVID Stress Syndrome (CSS) as a phenomenon and how individuals with IDD, families and staff will be challenged in an ongoing way to reintegrate to a new "normal".

## 10:30 – 11:00: Break and Virtual Exhibits

## 11:00 – 12:00: Workshops (choose one)

### 1. Update from Washington, DC: Social Security, Medicaid and Where Things Stand

**Speakers: Nicole Jorwic**, Senior Director of Public Policy, The Arc of the United States, and **Bethany Lilly**, Senior Director of Income Policy, The Arc of the United States

The 117<sup>th</sup> Congress has a lot to tackle in the face of the continuing COVID-19 pandemic and recovery issues. All of these policy discussions will have an impact on the lives of people with intellectual and developmental disabilities. This session will outline our Medicaid and Social Security priorities for this Congress and the new administration and address how we can be engaged to tackle both the new and decades old issues.

### 2. Improving Access to Routine Medical Procedures during COVID: Addressing Fear, Phobia and Trauma

**Speakers: Wendy F. Aita, PhD**, Co-Director, Rowan Integrated Special Needs Center, Behavioral Health Lead, and **Michele Pich, M.A., M.S.** Assistant Director, Shreiber Family Pet Therapy Program, Rowan University

In this session participants will be introduced to a patient-centered approach to desensitization evaluation and intervention. Most research on treating medical fears among people who have IDD have utilized in vivo exposure paired with other behavioral techniques such as modeling, positive reinforcement, and anxiety control. Little research has also addressed the impact of previous medical trauma in this population. Participants will learn how anxiety, fear and previous trauma impact an individual's comfort with and avoidance of medical procedures as well as how to assess and develop a treatment plan for a positive vaccination experience.

## Friday, June 11th

### 9:00 – 9:30 Welcome and Opening Remarks

**Leone Murphy, APN**, Chair, Mainstreaming Medical Care Advisory Board, The Arc of New Jersey

**Jonathan Seifried**, Assistant Commissioner, New Jersey Department of Human Services, Division of Developmental Disabilities

### 9:30 – 10:30 Keynote Presentation

#### Faces Redefining the Art of Medical Education (FRAME): Visual Arts Advancing Education and Training in Healthcare for Individuals with IDD

**Speakers: Seth Keller, M.D.**, Neurology Associates of South Jersey and Past-President, American Academy of Developmental Medicine and Dentistry (AADMD) and **Rick Guidotti**, Founder and CEO, Positive Exposure Productions, Inc.

Often health care practitioners do not receive significant education and training about the health issues and concerns facing those with IDD. Training that is typically provided is usually very academic, clinical and sterile in its mode of presentation. Rick Guidotti and Positive Exposure has developed a unique visual arts project that has been crafted towards healthcare practitioners in training; Project FRAME (Faces Redefining the Art of Medical Education). This presentation by Rick Guidotti as well as by Seth Keller MD will review a new Project FRAME effort focusing on persons with epilepsy and early-onset Alzheimer's disease in adults with Down syndrome, as well as Supported Decision Making.

## 10:30 – 11:00: Break and Virtual Exhibits

## 11:00 – 12:00: Workshops (choose one)

### 1. Telehealth and Adults with Intellectual and Developmental Disabilities (IDD)

**Panelists: Seth Keller, M.D.**, Neurology Associates of South Jersey and Past-President, American Academy of Developmental Medicine and Dentistry (AADMD), **Ben Margolis, M.D.**, Senior Psychiatrist and staff neurologist at Access: Supports for Living, in Orange County, NY **John Nevins, D.O.**, Medical Director, Chatham Family Medicine, Atlantic Health System, and **Leone Murphy, APN**, Moderator, Chair, Mainstreaming Medical Care Program, The Arc of New Jersey

The use of telehealth increased dramatically during the COVID-19 pandemic. The great benefits of telehealth for individuals with IDD, as well as the limitations, will be reviewed and discussed by an expert panel of physicians covering primary care, neurology and mental health.

### 2. Preparing Individuals with IDD to Have a Successful Appointment with the Doctor

**Speaker: Jennifer LeComte, DO.**, Director, Rowan Integrated Special Needs Center

When an individual with IDD lives in a group home, the involvement of the Direct Support Professional (DSP) staff is very important, but it is sometimes overlooked. Preparation for medical appointments is equally important when the individual with IDD lives independently or with family. This session will focus on preparation for a successful appointment with the doctor, including suggestions on how to involve the individual in communicating with the physician.

## Accreditation

The Arc of NJ has partnered with Rutgers UBHC to provide continuing education credits. Content has been submitted for review for the following professional disciplines:

*NJBSWE Social Work, ANCC Nursing, AMA PRA Category 1 Credit™ CME for Physicians, APA Psychology, Professional Counselors and Marriage and Family Counselors. For questions about continuing education credits please contact Rutgers UBHC Center for Continuing Education (CCE) : [cce@ubhc.rutgers.edu](mailto:cce@ubhc.rutgers.edu).*