



## ***Let's "spring" into action!***

This season is a time of new beginnings, and TCS is here to support you every step of the way! This month's newsletter includes information on a new training, an announcement about our YouTube channel, a brief poll, and a tip on how to provide the best services possible.

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Check out the newest of our FREE trainings available now!  
CEU credits included!

### **SE Skills Training: Graduation Preparation!**

Samantha Goldfarb  
Director of Training and Consultation Services  
The Arc of New Jersey

#### **NEW! SE Skills Training: Graduation Preparation!**

Length: 1.5 hours  
Sessions: 1  
CEU Credits: 1.5

Prepare your clients for success after SE by learning how to identify and implement specific skills and strategies needed for independence!

### **Introduction to IDD: Foundations for SE**

Samantha Goldfarb  
Director of Training and Consultation Services  
The Arc of New Jersey

#### **NEW! Introduction to IDD: Foundations for SE**

Length: 2 hours  
Sessions: 1  
CEU Credits: 2

Create empathetic and informed perspectives on IDD using the most up-to-date knowledge from professionals and self-advocates!

**Includes:**

- Breakdown of key skills needed for SE graduation, including:
  - Appropriateness
  - Communication
  - Self-advocacy
  - Self-accommodation
- Discussion of how client strengths and weaknesses interact with key skills, including specific approaches for commonly-appearing traits
- Explanation of the importance of using independence-building strategies throughout SE
- Interactive practice to implement strategies that help clients build and measure key skills
- Take-home materials for further support while in the field

**Includes:**

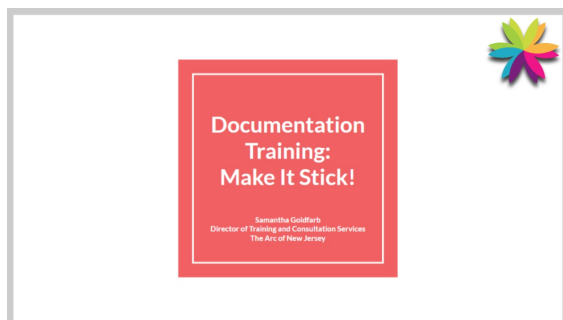
- Introductory information designed for attendees with limited knowledge of IDD
- Examination of common client behaviors/experiences and their purposes, including:
  - Self-stimulatory behaviors
  - "Attention-seeking"
  - Communication differences
  - Efficiency challenges
- Explanation of respectful language and communication methods to use with clients
- Discussion on how to manage conflicting accessibility needs
- Interactive exercises to practice perspective-taking and clarify common IDD experiences

For more information on all of our available trainings, please refer to our Training Catalogue.

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## Open Trainings in March

### Documentation Training



Session 1: March 25  
Time: 10:00 a.m. to 12:00 p.m.

Session 2: March 26  
Time: 1:00 p.m. to 3:00 p.m.

Length: 4 hours  
Sessions: 2  
CEU Credits: 4

**Zoom link for Session 1:** <https://us06web.zoom.us/j/6107930478?omn=82674424145>

**Zoom link for Session 2:** <https://us06web.zoom.us/j/6107930478?omn=87241148105>

Do you need training for a small number of people but still want the group experience? Do you want to train with people outside of your agency, or just don't want the hassle of scheduling private sessions? Open trainings are pre-scheduled virtual sessions that provide the same content, take-home resources, and CEU credits as private trainings do. No prerequisites or scheduling are required — simply enter the Zoom meeting at the correct date and time to join in!

Interested but can't make it this time? Contact Samantha to make sure the next open training works with your schedule!

## TCS YouTube — New Series

TCS is expanding into video content by revamping our YouTube channel! Our new Fast-Facts series provides brief answers to common questions about SE and is a great resource for those who want to refresh their memory or learn more about the services we provide!

The channel can be found [here](#), and the Fast-Facts playlist can be found [here](#). New videos will be added soon, so be sure to stay tuned!

## Monthly Poll

Help us provide you with the best experience possible by answering a few questions each month!

Has your agency found it difficult to navigate recent technological developments when providing SE services?

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**Yes - We need more information.**

**Sometimes or in some areas**

**No - We are well-informed.**

Which of the following technological subjects, if any, does your agency find the most challenging regarding SE?

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**AI use in pre-placement tasks**

**Appropriate social media use**

**New technology-based jobs**

Would you be interested in attending a training centered around technological developments and SE?

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**Yes - We could use the support!**

**Maybe - We need more information.**

**No - We're skilled in this area.**

### Today's Tip

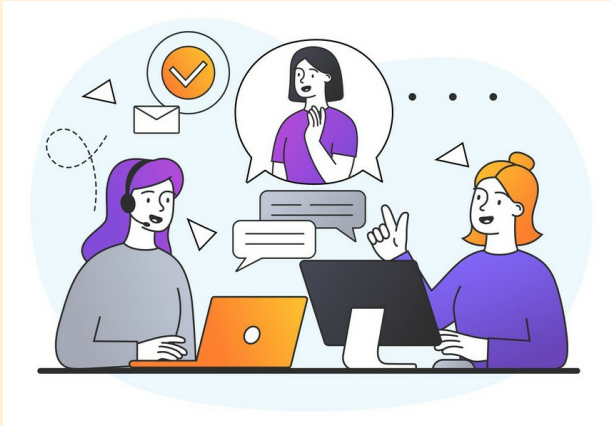
An important part of SE as a person-centered service is involving clients in their care. Be sure you are fostering a relationship that encourages their input and feedback. While clients' communication skills may vary, ensuring that they have a way to express their needs and opinions comfortably is a crucial part of providing respectful and effective SE.



from TCS

- Needs work: Job coach works to solve problems using only their perspective without the client's input.
- Improved: Job coach discusses any problems with the client, and they work together to identify the cause and come up with a solution (to the extent that the client's situation allows it).

## This Month's Office Hours



**Wednesdays:** 2:00 - 4:00 p.m.

**Thursdays:** 9:00 - 11:00 a.m.

### **Zoom meeting link:**

<https://us06web.zoom.us/j/6107930478>

### **Find your local number:**

<https://us06web.zoom.us/u/ke0RHzf17>

Do you ever find yourself with questions about SE that you wish could be answered right away or without the hassle of scheduling a meeting? The TCS office-hours program is our solution designed specifically to accommodate the busy SE professional!

TCS Director Samantha Goldfarb hosts two recurrent Zoom meetings per week that are available for anyone to attend. These meetings do not have a set agenda, instead providing attendees with the opportunity to discuss SE-related topics and questions immediately and without the need for prior communication. Drop-ins at any time during the meeting periods are welcome.

We look forward to seeing you there!



All trainings are customizable to fit your agency's needs. Change the length, add a topic, learn in a different way - the choice is yours!



We'd love to hear your ideas and feedback! Your input helps us create the best material possible for everyone who receives our trainings.



Not seeing what you're looking for? Let us make a training specific to your agency. If it's related to supported employment, we want to help!

TCS exists to help DDD supported-employment providers and their staff provide the highest quality of support available to their clients. All services are *completely free of charge*. We'll teach you how to use realistic strategies to achieve the ideals of supported employment so that you can continue to provide the excellence in service that your clients deserve.

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Contact Samantha Goldfarb with all inquiries.  
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(732) 749-8434  
8:30 a.m. - 4:00 p.m. Monday - Friday

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