Changing The System(s) to Improve the Response to Victims of Sexual Assault with Intellectual and Developmental Disabilities

# **Background Information**



#### The Arc NM

- State Chapter
- Guardianship
- Rep Payee
- Trust Administration
- Advocacy
- Public Policy

#### **Pamela Stafford**

- 25 years working with community inclusion programs
- Sibling of a person with I/DD
- In 2017 became a guardian coordinator for The Arc NM
- In 2018 became Director of Public Policy
- M.A. in American Studies with emphasis in Minority Group Relations

## How The Arc NM Became Involved

#### Timing

In 2018 three things related to timing led to The Arc NM involvement:

- Me Too Movement
- New Public Policy Director with recent experience with individual victims
- New CEO interested in new programming

#### Need

- 2018 NPR series included Justice Department Statistics that individuals with I/DD were sexually assaulted at more than 7% the typical population.
- This data did not include those living in group homes or institutionalized settings where the rates could be higher

#### Increased Vulnerabilities

- Individuals in need of personal care needs
- Individuals with communication challenges
- Lack of sexual education
- Individuals with feelings of isolation and loneliness
- Population seen as "children" not seen as sexual
- Disability system sees sexual assault as an administrative issue instead of a crime.
- Judicial system unprepared to interview, investigate or prosecute when victims are persons with intellectual or developmental disabilities

#### Three Approaches

Direct Victim Advocate Services to individuals with I/DD.



#### Direct Victim Services

Timing and Need meets Opportunity Funding Through NM Crime Victims Reparation Commission and NM Coalition of Sexual Assault Providers

- Strong Coalition of providers including providers serving "targeted", underserved populations.
- New funding available through State General Funds
- June 2018 funding to serve six counties in New Mexico with one victim advocate
- Additional funding since added to include a part-time victim advocate
- Rather than taking the approach of training current sexual assault providers on disability issues, we decided to become trained as a sexual assault provider

#### Where Fools Rush In...

- Cne of the first if not the first developmental disability focused agency to provide direct sexual assault victim advocacy services
- You don't know what you don't know until you know
- We were not already active with justice systems in New Mexico
- Unprepared for emotional impact to this position of this work being done by a team of one
- Discover that what seemed like a small step could have big ripple effect
  - "Ripple in Still Waters" Grateful Dead



# Program Progress

In first year we served 25 individuals

In the first 7 months of second year we served 26 and was at capacity

## Common Services

- Restraining orders/ protective orders
- Safety Planning
- Victim compensation application
- Arrange counseling
- Access to housing, food, clothing, shelters
- Attended SANE, met with police,
- Referrals
- Eligibility status for disability services
- Social Security Status/ address changes
- Training disability providers on trauma informed services

# UNDERSTANDING

Being a provider of services impacted our understanding of challenges and barriers differently than being a disability advocate

#### Situations

 School situations where an individual in a special education classroom might not have understood any actions, but assaulted a peer. Teacher trying to help them to learn how to get along and be friends. No good option except to keep them in the same classroom

## Challenges

- Mandatory reporting as a disability agency for abuse, neglect, exploitation vs.
  Confidentiality of a victim advocate. What exactly is a vulnerable adult?
- Systems to report vary widely and data collection depends as to the system to which you report

#### Barriers

- Victim Focused services to a person with a guardian who doesn't believe the victim.
- Police Officers not interviewing the victims
- Lack of resources for persons with I/DD , not receiving disability services, needing trauma informed services
- Accessibility needs beyond physical needs in a shelter environment (routine, sensory)

#### Success

• Bridging the Disability Services Provider System and the Sexual Assault Provider Community

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### Intersectionality

- Keeping the issue of Sexual Assault and Trauma in fore front of Disability Provider System
- Increasing awareness of sexual assault provider community of the impact of sexual assault on persons with I/DD

# Pandemic Challenges

- In March 2020 we went from being at our work capacity to having no new intakes for three months.
- From July September (our third year) we have provided services to four persons
- We know abuse is likely to be at an alltime high, but people are finding it hard to reach out for help and there are limited oversight in DD group homes
- We have had challenges hiring during pandemic

## Training

Pathways to Justice Developmental Disabilities 101

# Pathways to Justice

- NCCJD National Center from Criminal Justice and Disability
- Pathways to Justice trains victim advocates, legal professionals and law enforcement on strategies for interactions with persons with I/DD.
- NCCJD have trained twice in New Mexico – once in 2017 and once in 2019
- Each time focus has been the metro area.
- Collaborated with The Center for Self-Advocacy who trained one full module

## Opportunity

- Train the trainer could we more locations in the state
- Virtual training
- Training more geared towards victim advocacy

# Developmental Disabilities 101

- Multii- disciplinary teams
- Shelters
- Counseling Centers
- Training in the time space requested
- Customized to their needs

Training Disability Awareness as a Peer Agency

- It's a different experience to train Developmental Disabilities 101 when you come in as a sexual assault provider
- Already have relationships/ part of a team
- You speak a common language
- You understand the challenges of the provider community better
- The fact of being invited to train is a sign of increased awareness and increased trust

#### Legislative Action

Study on Sexual assault of individuals with disabilities

#### Study on data collection and reporting

- \$150,000 funded for purpose of study to NM CVRC
- They have contracted with University of New Mexico Health Science Center
- Study is examining statues, administrative policies and actual procedures .
- Intent is to look at ways streamline reporting and data collection
- Study should encourage recommendations for legislative action on how to streamline reporting and data collection.

#### How it works together

Without providing the services, we would not have recognized how challenging the data collection and reporting was for this population.

> With providing direct services, we would have less opportunity to train and our training might not be as effective

> > Legislative policy difference and training should improve the service delivery.

To Change The System(s) to Improve the Response to Victims of Sexual Assault with Intellectual and Developmental Disabilities



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