

Medicaid for People with Intellectual and Developmental Disabilities (IDD) in New Jersey

[NJ FamilyCare](#), the state Medicaid program in New Jersey, ensures that more than [1.8 million New Jerseyans](#) have access to health insurance and long term care. This includes more than [300,000](#) older adults and people with disabilities. NJ FamilyCare has an annual budget of [\\$24 billion](#), with [\\$14 billion](#) paid by the federal government.

[NJ FamilyCare services include:](#)

- Hospital Care
- Physician (Primary Care, Specialty, Dental)
- Prescription Drugs
- Long-term nursing care, in nursing facilities and the community (*NJ FamilyCare is the primary payer, not covered by Medicare*)
- Behavioral health, including services for those with serious mental illness
- **Community-based services for individuals with IDD**

NJ FamilyCare must cover [mandatory](#) benefits, such as physician services, inpatient and outpatient hospital services, laboratory and X-ray services, and Early and Periodic Screening, Diagnostic, and Treatment (EPSDT) services. States may choose to also cover [optional](#) Medicaid benefits. **Many individuals with IDD benefit from optional benefits available through NJ FamilyCare, including:**

- Private Duty Nursing (PDN)
- Personal Care Assistance (PCA)
- Personal Preference Program (PPP)
- Home and Community Based Services (HCBS)
- Dental services, eyeglasses, prescription drugs, and occupational and physical therapy.

States can also seek flexibility in the design of their Medicaid programs through “waivers,” approved by the Centers for Medicare & Medicaid Services (CMS). These waivers can help “waive” certain rules and allow states to extend Medicaid eligibility and unique benefits to certain groups of people. The [NJ FamilyCare 1115 Comprehensive Demonstration](#) allows the state flexibility to test new or existing approaches to financing and delivering Medicaid. States must apply or renew their Medicaid waivers, through CMS.

New Jersey Medicaid waiver programs include the [Supports Program](#) and [Community Care Program](#), through the Division of Developmental Disabilities (DDD). Through enrollment in one of these programs, individuals with IDD can receive HCBS, based on their assessed needs and an individualized budget. [Managed Long Term Services and Supports \(MLTSS\)](#) is another Medicaid waiver for children and adults to access PDN and comprehensive support services when individuals require a skilled level of clinical care. MLTSS enables these services to be accessed in the home and community, instead of an institution.