

FSO Family Support Organization

A county-based, family-run, non-profit organization that provides free, peer-to-peer support, education, and advocacy for families raising children with emotional, behavioral, mental health, or developmental challenges.



As part of the New Jersey Children's System of Care, they aim to keep children in their homes and communities.

These organizations are localized by county to provide targeted support, connecting with families regardless of insurance or income.

Families can access these services directly or through PerformCare.

Key Details

Goal- to strengthen families and make sure their needs are met.

Services- support groups, workshops, training, and advocacy.

Access- available to families regardless of income, often through referrals from PerformCare.

Peer Support- parents and caregivers with lived experience in raising children with similar challenges.

Please Visit

Family Support Organizations

To access services, you may call these organizations directly or call 1-877- 652-7624.

