



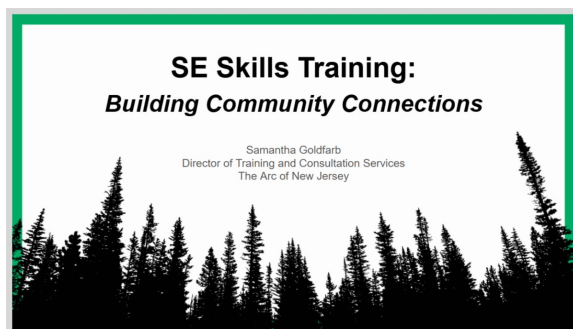
Giving Thanks for Your Support!

Welcome to the November 2024 edition of the TCS newsletter! Keep reading to learn about our newest trainings, this month's open session, a TCS service reminder, a brief poll, and a tip for providing the best services possible.

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Check out the newest of our FREE trainings available now!
CEU credits included!



NEW! SE Skills Training: Building Community Connections

Length: 1.5 hours
Sessions: 1
CEU Credits: 1.5

Uncover the secrets of building community relationships and learn how to make the process more accessible and successful!



NEW! SE Skills Training: Self-Management for Professionals!

Length: 1.5 hours
Sessions: 1
CEU Credits: 1.5

Learn the importance of self-management as well as how to build key skills and a set of strategies to make it accessible in the field!

Includes:

- Discussion of the impact of community relationships on the success of agencies, clients etc.
- Description of common examples and sources of community relationships
- Explanation of the benefits of using clients' existing connections in job development
- Breakdown of different pathways to relationship-building and the benefits of each
- Identification of attendees' existing community relationships and personalized discussion of how to develop them further
- Interactive practice with take-home resources to support continued skill development

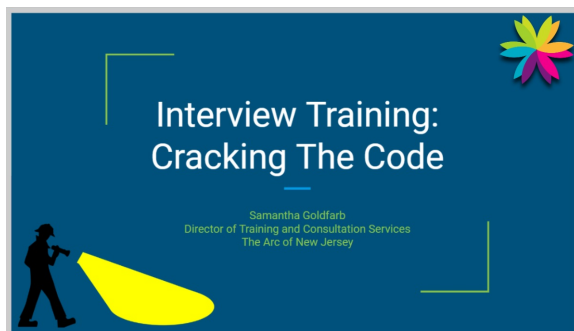
Includes:

- Explanation of the importance of successful self-management, including impact on quality of care and coaches' wellbeing
- Breakdown of three key skills needed to develop sustainable self-management habits
- Descriptions of suitable long- and short-term coping strategies for different settings, including:
 - With clients
 - Away from clients
 - Away from work
- Personalized learning tools to structure the implementation of skills and strategies
- Preparation for taxing situations in the field using realistic practice scenarios

For more information on all of our available trainings, please refer to our Training Catalogue.

Open Training in November

Interview Training



Date: November 27

Time: 2:00 p.m. to 4:00 p.m.

Length: 2 hours

Sessions: 1

CEU Credits: 2

Zoom meeting link:

<https://us06web.zoom.us/j/89264339963>

Do you need training for a small number of people but still want the group experience? Do you want to train with people outside of your agency, or just don't want the hassle of scheduling private sessions? Open trainings are pre-scheduled virtual sessions that provide the same content, take-home resources, and CEU credits as private trainings do. No prerequisites or scheduling are required — simply enter the Zoom meeting at the correct date and time to join in!

Email sgoldfarb@arcnj.org for more information about open trainings.

Interested but can't make it this time? Contact Samantha to make sure the next open training works with your schedule!

TCS's Community Connections Resource

For SE providers, the benefits to creating community relationships extend far beyond job development. Branching out your efforts can help you learn about current trends and new strategies to help you meet your goals, and can even create further opportunities to enact positive change for the people you serve.

TCS's Community Connections Resource is designed to make it easy to start this process. It compiles websites, directories, and digital tools that describe how to join or start community-focused groups for professional development and local change. This includes information on New Jersey's Chambers of Commerce; Human Services Advisory Councils (HSACs); Disability Advisory Councils (DACs); Childrens' Interagency Coordinating Councils (CIACCs); business advisory committees; and job clubs.

The resource is available to download [here](#). For more information or other resources to help support your agency, please contact Samantha Goldfarb.

Monthly Poll

Help us provide you with the best experience possible
by answering a few questions each month!

Has your agency ever
encouraged your clients
to use job clubs in finding
employment?

If yes, have your clients
found them to be helpful
(for employment, making
connections etc.)?

If yes, does your agency
offer its own job club or
does it recommend
clients find external
clubs?

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Yes

Yes

Yes

It depends on the
client.

It depends on the
client.

It depends on the
client.

No

No

No

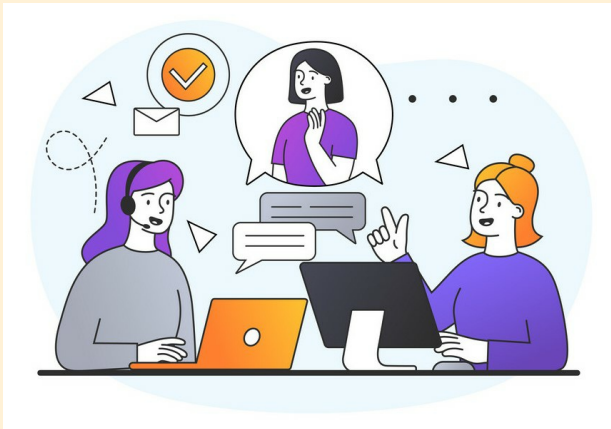
When conducting an informational interview, it is helpful to focus on what the other person has to say over what you want to share with them. Make sure to prepare well-researched questions, take good notes if the other person is comfortable with it, and listen more than you talk. On top of ensuring that you receive good information, these

Today's Tip from TCS

strategies help the interviewee feel heard and valued in the conversation. In turn, this increases the likelihood of making a good connection with their business and being able to rely on them for support in the future.

- Needs work: Job coach uses the informational interview to tell the other person about their agency and the client the interview is intended to benefit.
- Improved: Job coach uses the informational interview to learn more about the other person's business and the challenges they are currently experiencing – thus allowing the coach to determine how hiring one of their clients could help meet the person's needs.

This Month's Office Hours



Wednesdays: 2:00 - 4:00 p.m.
Thursdays: 9:00 - 11:00 a.m.

Zoom meeting link:
<https://us06web.zoom.us/j/6107930478>

Find your local number:
<https://us06web.zoom.us/u/ke0RHzzf17>

Do you ever find yourself with questions about SE that you wish could be answered right away or without the hassle of scheduling a meeting? The TCS office-hours program is our solution designed specifically to accommodate the busy SE professional!

TCS Director Samantha Goldfarb hosts two recurrent Zoom meetings per week that are available for anyone to attend. These meetings do not have a set agenda, instead providing attendees with the opportunity to discuss SE-related topics and questions immediately and without the need for prior communication. Drop-ins at any time during the meeting periods are welcome.

We look forward to seeing you there!



All trainings are customizable to fit your



We'd love to hear your ideas and feedback! Your



Not seeing what you're looking for? Let us make

agency's needs. Change the length, add a topic, learn in a different way - the choice is yours!

input helps us create the best material possible for everyone who receives our trainings.

a training specific to your agency. If it's related to supported employment, we want to help!

TCS exists to help DDD supported-employment providers and their staff provide the highest quality of support available to their clients. All services are *completely free of charge*. We'll teach you how to use realistic strategies to achieve the ideals of supported employment so that you can continue to provide the excellence in service that your clients deserve.

Contact Samantha Goldfarb with all inquiries.
sgoldfarb@arcnj.org
(732) 749-8434
8:30 a.m. - 4:00 p.m. Monday - Friday

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