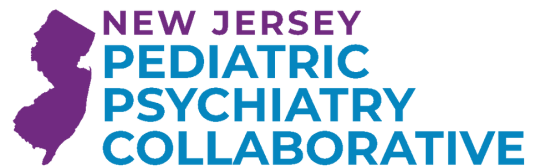


Key Benefits of NJPPC For: **PARENTS**



This program is open to licensed medical professionals including MDs, DOs, Physician Assistants (PAs), Advanced Practice Nurses (APNs) and Nurse Practitioners (NPs)

Timely Access - Personalized Care - Collaborative Approach - Cost Free Services

About US

The **New Jersey Pediatric Psychiatry Collaborative (NJPPC)** is a statewide, grant-funded program designed to enhance access to mental health care for children and adolescents up to age 21. By collaborating with pediatric care providers, NJPPC aims to identify and address mental health concerns early, ensuring timely support for families.

FREE SERVICES

Ages 3-21*

in all 21 counties



scan to find out more:

Cooper Regional Hub
Atlantic - Burlington - Camden
Cape May - Cumberland
Gloucester - Salem

Transforming Access To Children's Mental Health Care

ADHD
ANXIETY
DEPRESSION
SCHOOL ISSUES
SUBSTANCE USE

Contact Info

For more details or to initiate the referral process, speak with your child's pediatrician about NJPPC. Additionally, you can reach out directly to NJPPC's main office:

- **Email:** info@nj-ppc.org
- **Website:** www.nj-ppc.org

By partnering with NJPPC, parents can access a network of professionals dedicated to supporting their child's mental health and well-being.

How Parents Can Receive Help Through NJPPC

Discuss Concerns with your Pediatrician:

- If you have concerns about your child's emotional or mental well-being—such as signs of anxiety, depression, ADHD, or behavioral issues—start by speaking with your child's pediatrician.
- Pediatricians enrolled in NJPPC are equipped to conduct standardized mental health and substance use screenings during well visits to identify potential concerns early.

Referral to NJPPC Regional Hub:

- Based on the screening results or clinical observation, your pediatrician, family medicine or specialty doctor can refer your child to an NJPPC Regional Hub. These hubs are staffed with mental health professionals, including Child and Adolescent Psychiatrist (CAPs), licensed clinical social workers, and mental health specialist.

Comprehensive Assessment and Care Coordination:

- Once referred, a licensed social worker (Clinical Navigator) from the NJPPC Hub will contact you to do a thorough biopsychosocial assessment of your child. This evaluation helps in understanding your child's specific needs and challenges.
- Based on this assessment, the Clinical Navigator will provide personalized referrals to appropriate community resources and services, ensuring they align with your child's needs, insurance coverage, and location.

Access to Child and Adolescent Psychiatrists (CAPs):

- If deemed necessary, your child may receive a one-time, free psychiatric evaluation by a board-certified CAP through the NJPPC. This evaluation aids in diagnostic clarification and treatment planning. The CAP will collaborate with your pediatrician to discuss findings and recommend treatment options, including medication management if appropriate.

Ongoing Support and Follow Up:

- Mental Health Specialists from the NJPPC will follow up to ensure that you have successfully connected with recommended services. They will continue to provide support until your child is engaged with appropriate care.