



## TCS Newsletter - August 2025

Welcome back to this month's edition of the TCS newsletter! Keep reading to learn about our newest trainings, upcoming open sessions, a TCS service update, a brief poll, and a tip for providing the best services possible.

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# Looking to receive a training? Fill out this form or contact sgoldfarb@arcnj.org!

Check out the newest of our FREE trainings available now! CEU credits included!



**NEW!** Components of Supported Employment: Workplace "Musts"

Length: 2 hours Sessions: 1 CEU Credits: 2



NEW! SE Skills Training: SMART Goal-Setting

Length: 1.5 hours Sessions: 1 CEU Credits: 1.5 Uncover the perspectives, steps, and approaches needed to effectively support clients who struggle to meet workplace standards!

Includes:

- Explanation why clients may struggle to meet common workplace standards
- Support with defining agencyspecific workplace standards for clients, including for social skills, hygiene, and professionalism
- Versatile methods for supporting clients to meet workplace standards, including:
  - Needs-based approaches
  - Targeted modeling
  - Visual and activity-based tools/lessons (with examples for specific challenges)
- Using problem-solving strategies to address challenges from attendees' field experiences

Learn how to use the SMART goalsetting model to improve the effectiveness and quality of your supported-employment services!

#### Includes:

- Explanation of each of the five steps of the SMART goal-setting method, including:
  - Purpose-based definitions
  - Core components
  - Importance to successful goal formation
  - Specific contextualization for supported employment
- Discussion of how to interpret and adapt each step to meet the needs/perspectives of the client
- Focus on using SMART goals to promote accountability, initiative, and workplace independence for clients and job coaches
- Practice writing and customizing SMART goals using tools designed for support in the field

For more information on all of our available trainings, please refer to our Training Catalogue.

## **Open Trainings in August**



#### **Graduation-Preparation Training**

Date: August 28 Time: 1:30 p.m. to 3:00 p.m.

> Length: 1.5 hours Sessions: 1 CEU Credits: 1.5

Zoom meeting link: https://us06web.zoom.us/j/89276117 634



#### **SMART Goals Training**

Date: August 29 Time: 10:00 a.m. to 11:30 a.m.

> Length: 1.5 hours Sessions: 1 CEU Credits: 1.5

Zoom meeting link: https://us06web.zoom.us/j/88270246 199

### Open Trainings in September



#### Workplace "Musts" Training

Date: September 29 Time: 2:00 p.m. to 4:00 p.m.

> Length: 2 hours Sessions: 1 CEU Credits: 2

Zoom meeting link: <a href="https://us06web.zoom.us/j/82686511">https://us06web.zoom.us/j/82686511</a>
728



#### **Self-Management Training**

Date: September 30 Time: 10:30 a.m. to 12:00 p.m.

Length: 1.5 hours Sessions: 1 CEU Credits: 1.5

Zoom meeting link: https://us06web.zoom.us/j/87156559 061

Do you need training for a small number of people but still want the group experience? Do you want to train with people outside of your agency, or just don't want the hassle of scheduling private sessions? Open trainings are pre-scheduled virtual sessions that provide the same content, take-home resources, and CEU credits as private trainings do. No prerequisites or scheduling are required — simply enter the Zoom meeting at the correct date and time to join in!

Email sgoldfarb@arcnj.org for more information about open trainings.

Interested but can't make it this time? Contact Samantha Goldfarb to make sure the next open training works with your schedule!

## **NEW: Training Request Form**

TCS aims to provide its services in the most intuitive and accessible ways possible — and in commitment to this goal, the program is now offering a simpler way to register for its trainings. The Training Request Form allows users to schedule private or public trainings from the entirety of our catalogue without the hassle of reaching out to the program directly. It offers the ability to request accommodations and changes to the content or format (within allowed parameters) to ensure that the session fully meets your needs, and even provides options to request the development of a new training for your agency.

Once the form is filled out, the TCS Director will reach out with your training details and any additional steps needed to confirm the session. Trainings scheduled using phone, email etc. will still be valid, and we invite you to use the method that is most convenient for you. The link to the form will be posted at the top of every newsletter going forward, and can also be accessed here.

TCS may be unable to fulfill certain requests that fall outside of the scope of its practice or service parameters. If you have additional questions about TCS trainings, please contact Samantha Goldfarb at sgoldfarb@arcnj.org.

#### **Monthly Poll**

Help us provide you with the best experience possible by answering a few questions each month!

Have you noticed any Have you noticed any Have you noticed any recent changes in the recent changes in how recent changes in the skill rates of your clients accepting businesses levels clients are entering getting hired have been towards your employment services successfully? clients? with? More often More accepting More skill Same skill levels Same rate Same acceptance Less often Less skill Less accepting Depends on the Depends on the Depends on the circumstances circumstances circumstances Uncertain Uncertain **Uncertain** 

It's common for a client to be struggling with an aspect of their employment and being unable to make progress despite the coach's best efforts. If this is happening to you, consider having a conversation with the client that asks why the problem is happening. It sounds simple, but many forget in the moment that open communication can take the guesswork out of challenging situations. If this is not a good option for your client, consider framing the conversation as if you're sharing information about what

## Today's Tip from TCS

helps you and invite them to discuss the situation at large. Both methods can increase their trust in you and help you streamline the problem-solving process, but they need to be accessible and non-judgemental to be successful.

- Needs work: Job coach concludes that client will not stop following customers to their cars out of stubbornness.
- Improved: Job coach talks with client about how challenging boundary rules can be to follow. Client shares that he does not know when to follow them because his coworker walks customers to their cars and does not get in trouble. Job coach brings this to the manager's attention, and the manager explains to client that his coworker's position requires him to bring items to customers' cars.

## **This Month's Office Hours**



**Wednesdays:** 2:00 - 4:00 p.m. **Thursdays:** 9:00 - 11:00 a.m.

Zoom meeting link:

https://us06web.zoom.us/j/61079 30478

Find your local number: https://us06web.zoom.us/u/ke0R Hzfl7

Do you ever find yourself with questions about SE that you wish could be answered right away or without the hassle of scheduling a meeting? The TCS office-hours program is our solution designed specifically to accommodate the busy SE professional!

TCS Director Samantha Goldfarb hosts two recurrent Zoom meetings per week that are available for anyone to attend. These meetings do not have a set agenda, instead providing attendees with the opportunity to discuss SE-related topics and questions immediately and without the need for prior communication. Drop-ins at any time during the meeting periods are welcome.

We look forward to seeing you there!







All trainings are customizable to fit your agency's needs. Change the length, add a topic, learn in a different way the choice is yours!

We'd love to hear your ideas and feedback! Your input helps us create the best material possible for everyone who receives our trainings.

Not seeing what you're looking for? Let us make a training specific to your agency. If it's related to supported employment, we want to help!

TCS exists to help DDD supported-employment providers and their staff provide the highest quality of support available to their clients. All services are *completely free of charge*. We'll teach you how to use realistic strategies to achieve the ideals of supported employment so that you can continue to provide the excellence in service that your clients deserve.

Contact Samantha Goldfarb with all inquiries. sgoldfarb@arcnj.org (732) 749-8434 8:30 a.m. - 4:00 p.m. Monday - Friday

The Arc of New Jersey | 985 Livingston Avenue | North Brunswick, NJ 08902 US

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