Developmental Disabilities Awareness: It Matters to Me

Coloring Book



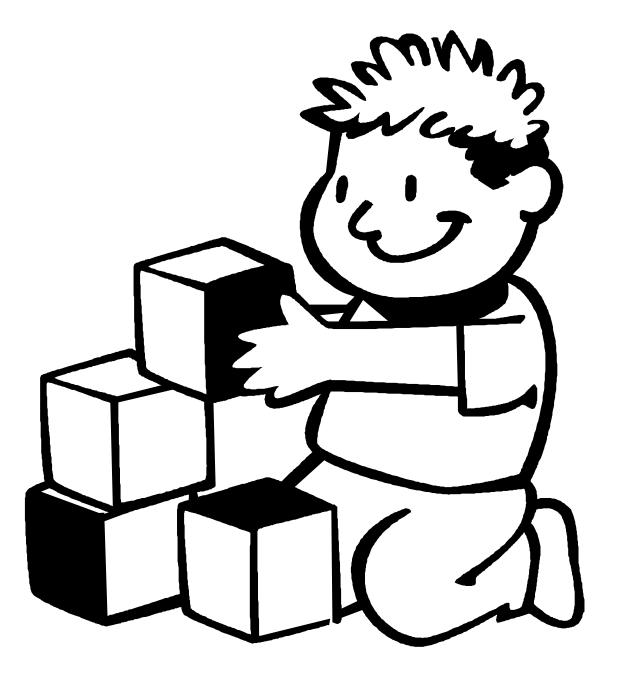
Produced by The Arc of New Jersey®
For more information visit www.disabilityawarenessnj.org



Hi. My name is Lin. I love to play basketball with my brother Chen. I have muscular dystrophy, which means my muscles don't work as well as yours might. It may take me longer to get the ball in the hoop, but that's OK my brother and I still have lots of fun!

of New Jersey

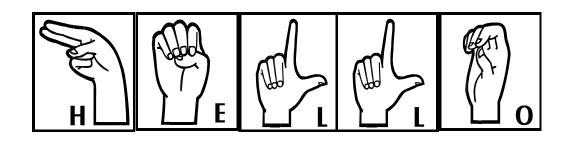
Is there anything that takes you a little extra time to do?

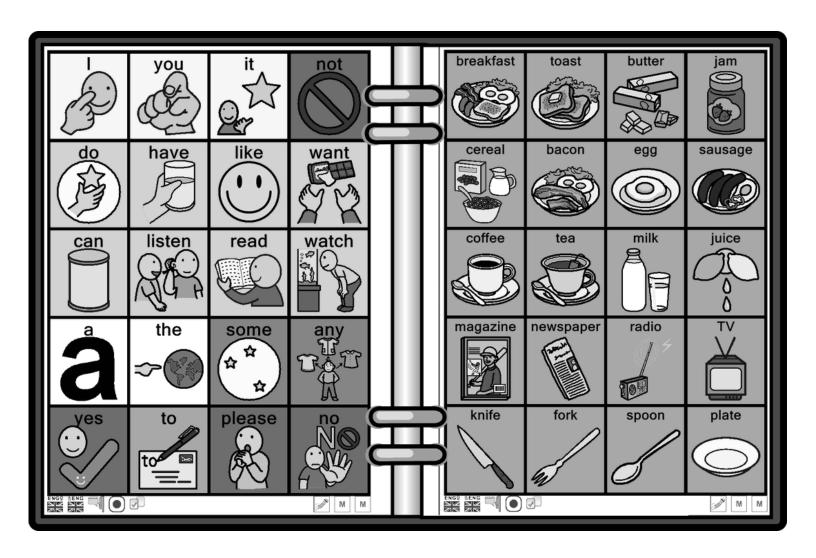


Hi. My name is Matt and I am 8 years old. I love to see how high I can build a tower. I also have Autism. Sometimes I have a hard time talking with other people and making friends. I might not look at you when you speak to me, but I am not trying to hurt your feelings. It is hard for me to communicate with other people.

Do you ever find it hard to talk to your friends?







Some people with disabilities use sign language to speak. Other people use what is called a communication board. People use pictures to create a sentence or point to an object they want.

How many sentences can you make using the commutation board?





Hi. I am Samantha and I love my job! I work at an office in my neighborhood. I have a developmental disability. That means I sometimes need help with things like traveling to work or finishing my tasks. I have a job coach that comes with me to my job and helps me with my work.

of New Jersey

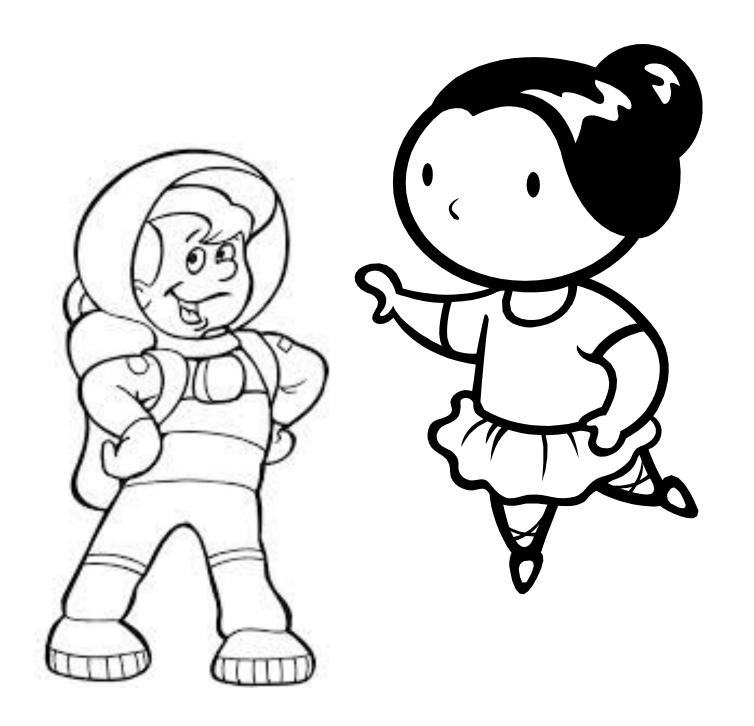
Does someone help you finish your work sometimes?



Hi! My name is Madison. I love playing games on my computer. I also have cerebral palsy. Sometimes it may be hard to understand what I say, but that does not stop me from telling everyone about my favorite game!

What is you favorite game to play?

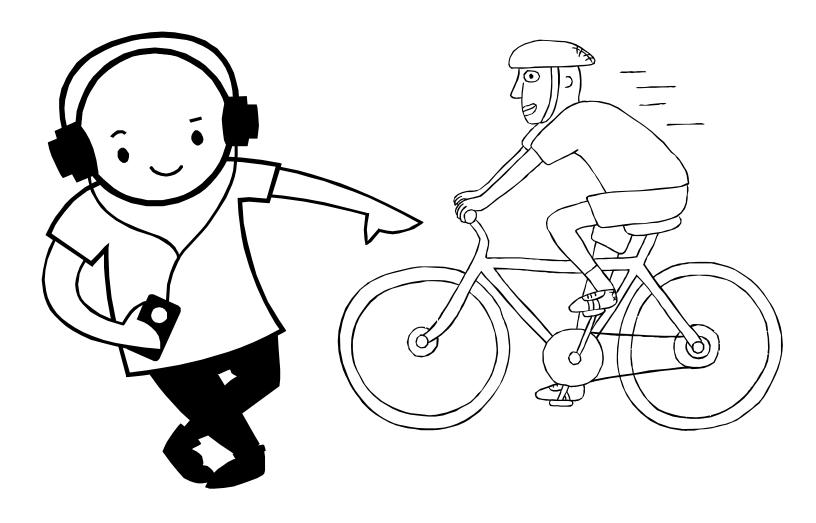




Hi! My name is Ryan and this is my twin sister Grace. We are 6 years old. We both have an intellectual disability. That means sometimes we need extra help to learn new things. Our disability does not matter to us. When I grow up I want to be an astronaut and Grace wants to be a ballerina!

What do you want to be when you grow up?





Hi! I am Sean. My two favorite things to do are listen to music and ride my bike. I have Down Syndrome. Inside all our bodies are things called chromosomes. They tell our body what color hair we will have or what color our eyes will be. Most people are born with 46 chromosomes, but I was born with 47. This makes me look a little different than you. However, looking different does not stop me from doing anything!

What is your favorite thing to do?





The words we use to describe people make a big difference in how they feel about themselves. Would you feel good about yourself if your friend told everyone what you could not do? People with disabilities are no different. They want other people to know all the things they can do, not just that they have a disability.

Can you think of 5 ways to describe me besides my disability?





Have you ever seen this symbol before? It means that something is accessible, or easier for a person with a disability to use. If you see this sign near a water fountain it means the fountain may be closer to the ground so a person who uses a wheelchair can get a drink easier.

of New Iersey

You can help people with disabilities by making sure nothing is blocking the path when you see this symbol.

Where else have you seen this symbol?

Want to learn more about people with disabilities? Check out these books!

- 1. All About My Brother, by Sarah Peralta
- 2. All Kinds of Friends, Even Green, by Ellen Senisi
- 3. Amazingly...Alphie, by Roz Espin
- 4. Avalanche on the Prairie, by Grant McKenzie
- 5. Blue Bottle Mystery: An Asperger's Adventure, by Kathy Hoopmann
- 6. Brotherly Feelings: Me, My Emotions, and My Brother with Asperger's Syndrome, by Sam Frender
- 7. Eddie Enough!, by Debbie Zimmett
- 8. Friends in the Park/Amigos en la Escuela, by Rochelle Bunnett
- 9. How Smudge Came, by Nan Gregory
- 10. Ian's Walk: A Story about Autism, by Laurie Lears
- 11. I Can't Stop!: A Story about Tourette Syndrome, by Niner/Treatneran
- 12. Why Are You Looking At Me?: I Just Have Down syndrome, by Lisa Tompkins
- 13. I Can, Can You?, by Marjorie W. Pitzer
- 14. Taking Cerebral Palsy to School, by Mary Elizabeth

