

# Day 16



## Personal Care Assistance (PCA)

PCA services are a provided benefit for individuals enrolled on NJ FamilyCare. PCA covers non-emergent, on-going health related tasks performed by qualified staff in a person's home. The purpose of the program is to accommodate long-term/chronic or maintenance health care, as opposed to short-term skilled care provided under NJ FamilyCare's home health program. The number of hours authorized is based upon medical necessity, as determined by a nursing assessment through the person's Medicaid MCO/health plan.

PCA services included assistance with activities of daily living (ADLs), such as bathing and toileting, instrumental activities of daily living (IADLs), such as preparing meals and relearning household skills, and household duties, such as shopping, rearranging rooms and furniture, and household cleaning.

View the DDS webpage about PCA: <https://www.nj.gov/humanservices/dds/hottopics/personalcare/>.

Watch The Arc of New Jersey Family Institute's webinar that covers PCA:

[https://www.thearcfamilyinstitute.org/file\\_download/inline/55616733-c380-4a5c-a9e5-e210c5e58305](https://www.thearcfamilyinstitute.org/file_download/inline/55616733-c380-4a5c-a9e5-e210c5e58305).

[www.thearcfamilyinstitute.org](http://www.thearcfamilyinstitute.org)

Email: [fi@arcnj.org](mailto:fi@arcnj.org)

