

FASD COMMUNITY SUPPORT



FASD CHALLENGES

FETAL ALCOHOL SPECTRUM DISORDERS (FASD) PRESENT LIFELONG CHALLENGES IN DIFFERENT AREAS.

COGNITIVE/NEUROCOGNITIVE- ATTENTION DEFICITS, MEMORY, PLANNING ORGANIZATION, LEARNING DISABILITIES WITH ABSTRACT CONCEPTS.

BEHAVIORAL AND EMOTIONAL- IMPULSE CONTROL ISSUES, MOOD SWINGS, EMOTIONAL OUTBURSTS.

DIFFICULTIES WITH DAILY LIVING SKILLS (HYGIENE, MONEY, SELF-CARE).

DEVELOPMENTAL/MOTOR DELAYS, AND SENSORY PROCESSING ISSUES.

SECONDARY CHALLENGES

MENTAL HEALTH DISORDERS (DEPRESSION AND ANXIETY)

TRUANCY, DROPPING OUT

SUBSTANCE ABUSE

HOMELESSNESS, UNEMPLOYMENT

INVOLVEMENT IN THE JUSTICE SYSTEM

FASD COMMUNITY SUPPORT

**NEW JERSEY OFFERS STRONG FASD SUPPORT
THROUGH ORGANIZATIONS, CONNECTING FAMILIES TO
STATE AGENCIES FOR RESOURCES, EVALUATIONS,
HOUSING AND GUIDANCE ON EDUCATION.**

**THESE RESOURCES HELP FAMILIES NAVIGATE
CHALLENGES FROM INFANCY TO ADULTHOOD
WITH CARE AND PEER MENTORSHIP.**

KEY RESOURCES INCLUDE

**NJ DEPARTMENT OF HEALTH
PERINATAL ADDICTIONS PREVENTION PROJECT
CENTRAL JERSEY FAMILY HEALTH CONSORTIUM**

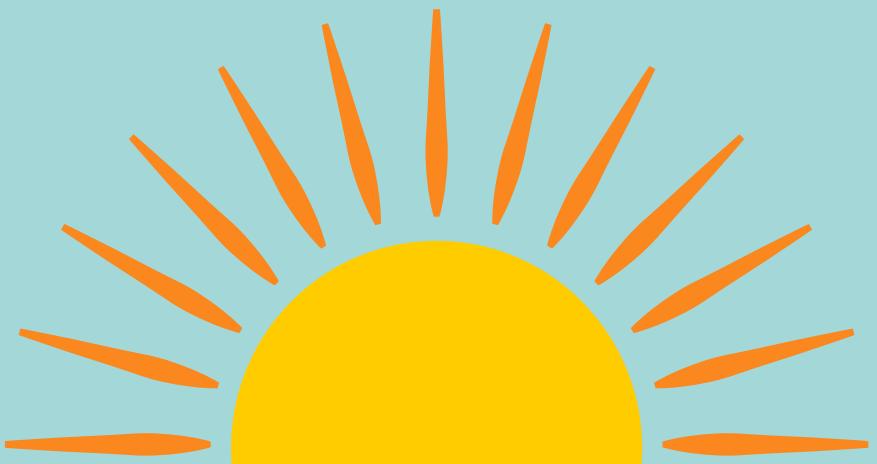
TYPES OF SUPPORT AVAILABLE

FAMILY AND CAREGIVER SUPPORT- MENTORSHIP, SUPPORT GROUPS, ADVOCACY TRAINING, AND PARENTING STRATEGIES THROUGH FASD FAMILY NAVIGATOR.

HOUSING AND FINANCIAL- THE DEPT. OF COMMUNITY AFFAIRS (DCA), AND THE NJ HOUSING & MORTGAGE FINANCE AGENCY (HMFA) OFFER ASSISTANCE FOR HOUSING NEEDS.

ADDICTION SUPPORT- RESOURCES FOR PERINATAL ADDICTION, LIKE SHARING THE HOPE FAMILY SUPPORT CENTER, FOR SUBSTANCE USE .

EDUCATIONAL SUPPORT- SCHOOL BASED TEAMS, AND SPECIAL EDUCATION SERVICES (SPEECH, OCCUPATIONAL THERAPY).



HOW TO GET STARTED

VISIT FASD FAMILY NAVIGATOR FOR CONTACTS, GUIDES, AND RESOURCES.

SEEK EVALUATION- CONTACT A CHILD EVALUATION CENTER FOR ASSESSMENTS FOR YOUR CHILD.

FIND SUPPORT GROUPS- CONNECT WITH OTHER PARENTS FOR SHARED STRATEGIES, VISIT NAMINJ.

