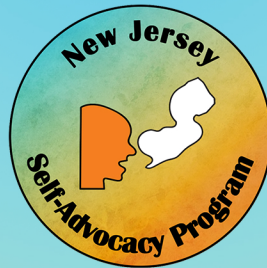


Job Interview

DO's



DONT's



Keep it simple



A combination of bags, briefcases, and a big coat makes you seem disorganized. Less is more.

Smile Nervously



Smiling too much can make you seem nervous. It's ok to look neutral for the bulk of the interview.

Shoes Count



Choose professional, clean, and comfortable closed-toe shoes in neutral colors like black, navy, brown, or beige.

Purse Your Lips



It makes you look like you are upset or holding something back.

Establish Eye Contact



Sit directly across from the interviewer, maintaining about 3 feet of space, to establish trust and eye contact.

Contract or Expand



Be comfortable, arms uncrossed, but don't stretch out like you're lounging or shrink in like you don't belong.

Be Poised



To help build confidence, practice a "power pose" before the interview.

Touch Your Face & Hair



Try not to touch your face and hair too much. It's a sign of nervousness.