

STEPS YOU CAN TAKE TO PREVENT THE FLU

- ✓ GET THE FLU VACCINE
- ✓ STAY HOME WHEN YOU ARE SICK
- ✓ ALWAYS COVER YOUR MOUTH AND NOSE
- ✓ WASH YOUR HANDS
- ✓ AVOID TOUCHING YOUR EYES, NOSE, MOUTH
- ✓ BE HEALTHY



TOP 3 REASONS TO GET YOUR FLU VACCINE

- 1** Prevents the flu
- 2** Prevents other sickness
- 3** Protects other people

For more information about flu prevention, please contact your healthcare provider or go to www.cdc.gov/flu

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