

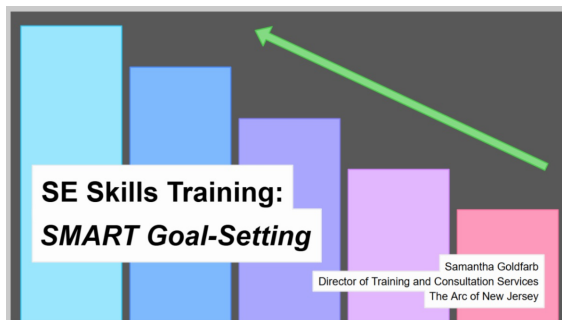
## ***TCS Newsletter - July 2025***

Welcome back to this month's edition of the TCS newsletter! Keep reading to learn about our newest trainings, upcoming open sessions, a service reminder, a brief poll, and a tip for providing the best services possible.

### **Table of contents:**

- 1. Newest Trainings***
- 2. Upcoming Open Trainings***
- 3. Resource Reminder***
- 4. Monthly Poll***
- 5. Today's Tip from TCS***
- 6. Office Hours Notice***
- 7. TCS General Information***

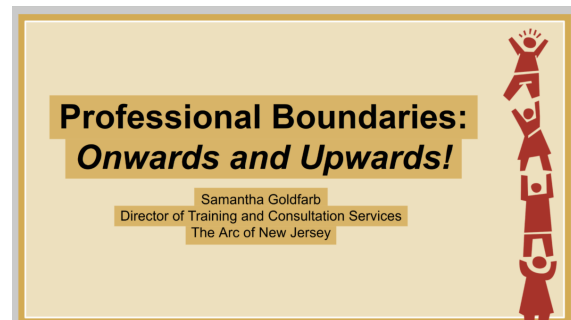
Check out the newest of our **FREE** trainings available now!  
CEU credits included!



### **NEW! SE Skills Training: SMART Goal-Setting**

Length: 1.5 hours  
Sessions: 1  
CEU Credits: 1.5

Learn how to use the SMART goal-setting model to improve the effectiveness and quality of your supported-employment services!



### **NEW! Professional Boundaries: Onwards and Upwards!**

Length: 1 hours  
Sessions: 1  
CEU Credits: 1

Discover new perspectives, strategies, and resources to help foster healthy and happy relationships between you and your clients!

Includes:

- Explanation of each of the five steps of the SMART goal-setting method, including:
  - Purpose-based definitions
  - Core components
  - Importance to successful goal formation
  - Specific contextualization for supported employment
- Discussion of how to interpret and adapt each step to meet the needs/perspectives of the client
- Focus on using SMART goals to promote accountability, initiative, and workplace independence for clients and job coaches
- Practice writing and customizing SMART goals using tools designed for support in the field

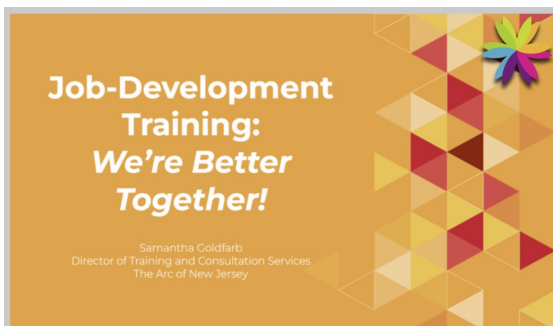
Includes:

- Discussion of the connections and distinctions between personal and professional care
- Explanation of "helpful caring" versus "unhelpful caring" in employment services and how both can impact coach-client relationships
- Guidelines for setting healthy professional boundaries and how to improve unhealthy ones
- Discussion of the importance of professional boundaries, including potential dangers to clients if established poorly
- Activities that explore healthy boundary establishment and provide guidance for challenging or unclear situations

For more information on all of our available trainings, please refer to our Training Catalogue.

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## Open Trainings in July



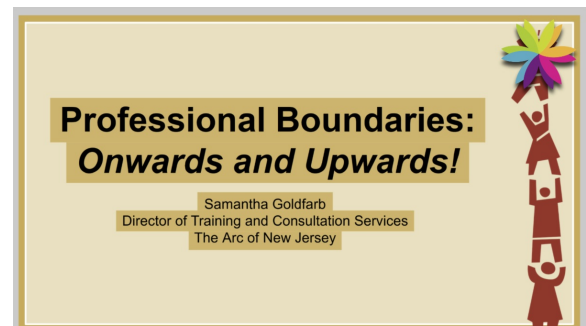
### Job-Development Training

Date: July 30  
Time: 10:30 a.m. to 12:00 p.m.

Length: 1.5 hours  
Sessions: 1  
CEU Credits: 1.5

Zoom meeting link:

<https://us06web.zoom.us/j/84640883812>



### Professional-Boundaries Training

Date: July 31  
Time: 2:00 p.m. to 3:00 p.m.

Length: 1 hour  
Sessions: 1  
CEU Credits: 1

Zoom meeting link:

<https://us06web.zoom.us/j/85379813819>

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## Open Trainings in August



## SE Skills Training: Graduation Preparation!

Samantha Goldfarb  
Director of Training and Consultation Services  
The Arc of New Jersey

### Graduation-Preparation Training

Date: August 28  
Time: 1:30 p.m. to 3:00 p.m.

Length: 1.5 hours  
Sessions: 1  
CEU Credits: 1.5

Zoom meeting link:  
<https://us06web.zoom.us/j/89276117634>



### SMART Goals Training

Date: August 29  
Time: 10:00 a.m. to 11:30 a.m.

Length: 1.5 hours  
Sessions: 1  
CEU Credits: 1.5

Zoom meeting link:  
<https://us06web.zoom.us/j/88270246199>

Do you need training for a small number of people but still want the group experience? Do you want to train with people outside of your agency, or just don't want the hassle of scheduling private sessions? Open trainings are pre-scheduled virtual sessions that provide the same content, take-home resources, and CEU credits as private trainings do. No prerequisites or scheduling are required — simply enter the Zoom meeting at the correct date and time to join in!

Email [sgoldfarb@arcnj.org](mailto:sgoldfarb@arcnj.org) for more information about open trainings.

Interested but can't make it this time? Contact Samantha Goldfarb to make sure the next open training works with your schedule!

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## Last Call: NCI®-IDD State of the Workforce Survey

If you've ever wanted to do more to improve the experiences of DSPs (employment-support professionals included), now is the perfect time! The annual State of the Workforce Survey run by National Core Indicators — an organization that analyzes data on disability services across the country — is collecting responses from eligible provider agencies until July 31. The survey gathers information on wages, turnover, benefits, and other qualities of the DSP workplace in order to assess of standards and quality of adult disability services across the state and country. DDD has emailed survey links and instructions to all eligible provider agencies, but please reach out to [DDD.NCI@dhs.nj.gov](mailto:DDD.NCI@dhs.nj.gov) with any questions or concerns.

If you have any other questions about supporting disability services on a statewide or national scale, please contact Samantha Goldfarb at [sgoldfarb@arcnj.org](mailto:sgoldfarb@arcnj.org).



## Monthly Poll

Help us provide you with the best experience possible  
by answering a few questions each month!

On average, how many  
CEU credits does your  
agency's full-time  
supported-employment  
staff have for 2025 so  
far?

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All (12)

Half or more (6-11)

Less than half (1-5)

Uncertain

On average, how many  
CEU credits does your  
agency's part-time  
supported-employment  
staff have for 2025 so  
far?

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All (6)

Half or more (3-5)

Less than half (1-2)

Uncertain

Does your agency plan  
how staff will meet their  
CEU-credit requirements  
at the beginning of each  
year?

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Yes

No

Partially

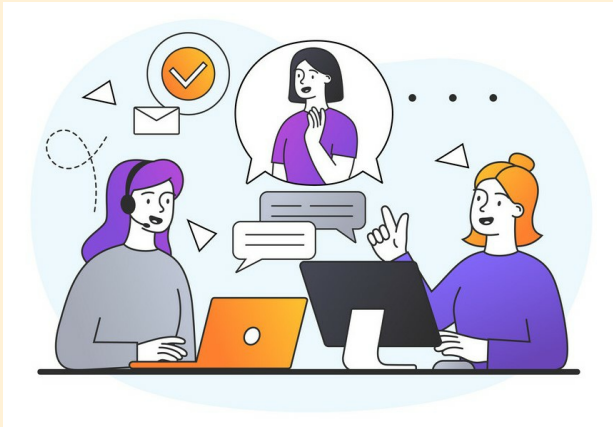
Uncertain

### Today's Tip from TCS

You might perceive some of your clients' goals as fantastical, but this does not automatically make them unachievable. When faced with a goal that seems impossible, work with the client to determine what would be necessary to achieve it. Help them identify their current skills and resources before making a set of smaller goals that will provide what they need to pursue their end goal. If they fall short of their ultimate goal or change their aspirations, you will still have assisted them in building skills and obtaining interest-based employment. In either case, your ability to reserve judgement and focus on providing quality supports will be a deciding factor in whether or not your client will succeed.

- Needs work: Job coach requests that the client pick a more "achievable" employment goal than becoming an architect.
- Improved: Job coach helps the client research the qualifications needed to become an architect. Job coach then helps the client find a job that will help them develop the skills they need to get an architectural degree.

## This Month's Office Hours



**Wednesdays:** 2:00 - 4:00 p.m.

**Thursdays:** 9:00 - 11:00 a.m.

**Zoom meeting link:**

<https://us06web.zoom.us/j/6107930478>

**Find your local number:**

<https://us06web.zoom.us/u/ke0RHzzfl7>

Do you ever find yourself with questions about SE that you wish could be answered right away or without the hassle of scheduling a meeting? The TCS office-hours program is our solution designed specifically to accommodate the busy SE professional!

TCS Director Samantha Goldfarb hosts two recurrent Zoom meetings per week that are available for anyone to attend. These meetings do not have a set agenda, instead providing attendees with the opportunity to discuss SE-related topics and questions immediately and without the need for prior communication. Drop-ins at any time during the meeting periods are welcome.

We look forward to seeing you there!



All trainings are customizable to fit your agency's needs. Change the length, add a topic, learn in a different way - the choice is yours!



We'd love to hear your ideas and feedback! Your input helps us create the best material possible for everyone who receives our trainings.



Not seeing what you're looking for? Let us make a training specific to your agency. If it's related to supported employment, we want to help!

TCS exists to help DDD supported-employment providers and their staff provide the highest quality of support available to their clients. All services are *completely free of charge*. We'll teach you how to use realistic strategies to achieve the ideals of supported employment so that you can continue to provide the excellence in service that your clients deserve.

Contact Samantha Goldfarb with all inquiries.  
sgoldfarb@arcnj.org  
(732) 749-8434  
8:30 a.m. - 4:00 p.m. Monday - Friday

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