

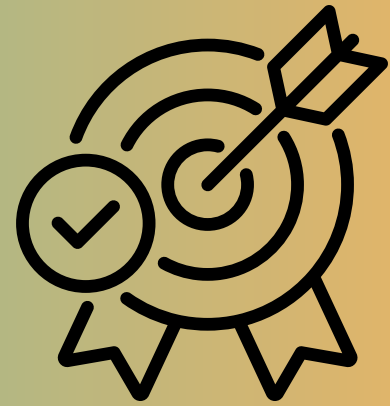
Advocacy can be BIG or Small Actions



Picking out
your clothes
for the day



Calling your
legislator about
important issues
in your life



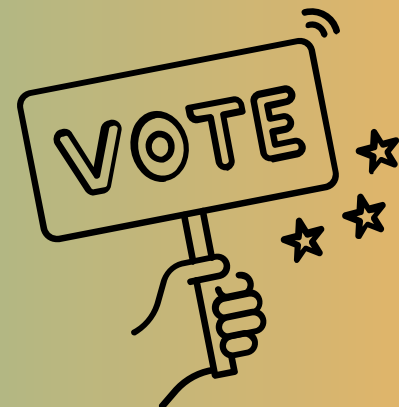
Sharing your
goals



Picking out your
meals



Being involved in
vacation
planning



Voting in
elections

Advocacy is about letting
your wants and needs known
to those around you. Standing
up for your choices and
sharing your thoughts with
people who can make a
difference!

