

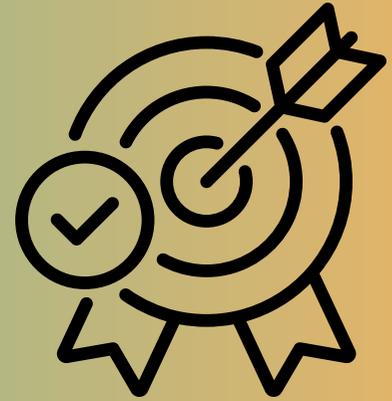
Advocacy can be BIG or Small Actions



Picking out your clothes for the day



Calling your legislator about important issues in your life



Sharing your goals



Picking out your meals



Being involved in vacation planning



Voting in elections

Advocacy is about letting your wants and needs known to those around you. Standing up for your choices and sharing your thoughts with people who can make a difference!

