

# **Co-Occurring Conditions for Children with IDD**



 **The Arc**<sup>®</sup>  
of New Jersey

# **Co-Occurring Conditions**

**Children with intellectual and developmental disabilities (IDD) in New Jersey may experience co-occurring conditions such as ADHD, Autism, and other neurodevelopmental disorders.**

**Medical conditions such as epilepsy, cerebral palsy, and various gastrointestinal or motor issues are frequently seen alongside IDD.**

**Mental health conditions like anxiety, depression, and mood disorders are also common.**

## Implications

***Addressing co-occurring conditions requires comprehensive care that addresses both the developmental and mental health needs of the child.***



***Co-occurring conditions can impact a child's development, so early identification and intervention are crucial to improving health outcomes and reducing the need for future services.***



**The Arc**<sup>®</sup>  
of New Jersey

# **Tips to Talk to Doctor/Provider**

***Talk to Primary Care***

***Prepare Ahead of Visit***

***Consider Bringing a  
Friend or Relative***

***Be Honest***

***Ask Questions***

**Youth Mental  
Health  
Statistics**

**For More Assistance Visit**



**The Arc**<sup>®</sup>  
of New Jersey