PERSON-CENTERED APPROACHES IN SCHOOLS AND TRANSITION (PCAST)

Person Centered:

Strive to acquire a deep understanding of each individual
Supports are made based around each individual



Shared Vision

This process includes discovering gifts and passions, identifying what is most important to each student, establishing what supports work best for a given student, and expressing the shared vision that the student and their allies have for the future.

Person-Centered Thinking describes the everyday use of the skills and tools used in person-centered planning.





Outcomes

Person-centered approaches benefit all students and all people. They can be applied at any age or developmental level.

Results

- Improved classroom culture and climate
- Effective group activities
- Skill building and planning
- Increased student achievement of personcentered outcomes
- Strengthened relationships between students, families, and educators
- Enhanced self-determination skill development in students
- Maximized student ownership and participation in planning

of New Jersey

 Increased understanding of services and supports available in adult life

PCAST Considerations

Who is invited to a meeting?

family members, friends, teachers, instructional assistants, CST members, administrators, and others.

Is the student present for the personcentered planning meeting?

yes, the student is present from start to finish with almost no exceptions.

What is the relationship between PCAST and the IEP?

the project supports schools in making the IEP process increasingly more person-centered.



PCAST Resources

IEP Family Workbooks:

Early Elementary

Elementary

Middle School

High School

18-21 Year Olds

PCAST
Information
Gathering
Packet

My Inner Circle

