

CARE MANAGEMENT ORGANIZATION CMO

A non-profit, county-based agency that provides intensive care coordination for youth (ages 5-21) with mental health, behavioral, or developmental needs.

WHAT DOES A CMO DO?

Connects families with school, medical, and other supports through a "Child-Family Team" (CFT) for a service plan, focusing on the youth's strengths and family goals.

CMOs help families navigate complex systems to get individualized support, addressing issues like school troubles, substance use, and emotional challenges, ensuring a single point of contact for their care.

WHAT DOES A CMO DO? CONTINUED

They bring together various services (formal, informal, community-based).

Link families to necessary supports, including professional treatment, natural supports, and community resources.

They conduct in-depth assessments to understand the family's needs, culture, and values.

Develop individualized care plans with the family.

WHO THEY HELP AND THEIR GOAL

Youth with complex needs in mental health, behavioral health, developmental disabilities, and substance use. And youth involved with the court system or child welfare.



To keep children stable in their homes, schools, and communities, preventing out-of-home placements.

In NJ, you must go through PerformCare to get a Care Management Organization.

And please visit at NJCMO.