

## ***TCS Newsletter - February 2025***

Welcome back to this month's edition of the TCS newsletter! Keep reading to learn about our newest trainings, this month's open session, a service update, a brief poll, and a tip for providing the best services possible.

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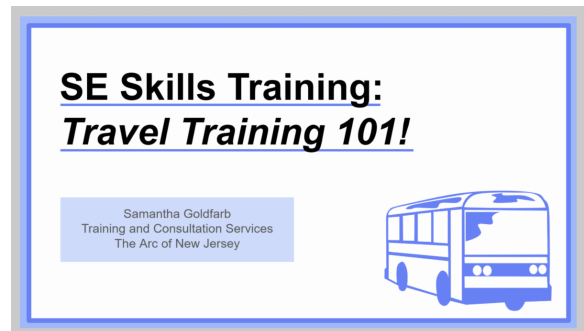
Check out the newest of our FREE trainings available now!  
CEU credits included!



### **NEW! Motivational Interviewing: Inspiring Independence!**

Length: 2 hours  
Sessions: 1  
CEU Credits: 2

Learn how to use a unique strategy to help your clients develop confidence, independence, and the motivation they need to succeed!



### **NEW! SE Skills Training: Travel Training 101!**

Length: 1.5 hours  
Sessions: 1  
CEU Credits: 1.5

Help your clients take their independence to the next level by learning the best practices for SE-specific travel training!

Includes:

- Explanation of motivational interviewing (MI), including:
  - Definition, steps, and core features of the practice
  - Specific uses of MI in SE
  - Benefits of MI for both coaches and clients
  - Differentiation between SE-based and counseling-based uses of MI
- Discussion of how to use MI to supplement other person-centered approaches in SE
- Description of how to document MI as part of a billable intervention
- Interactive practice with applying training concepts using examples and take-home resources

Includes:

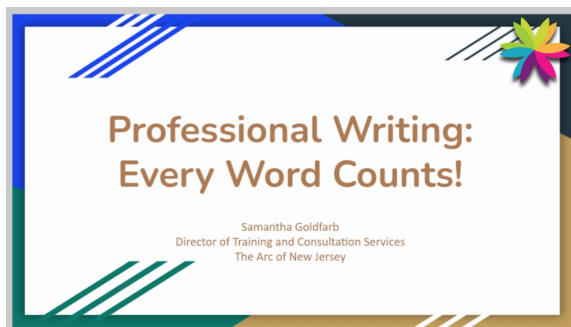
- Definition and explanation of travel training, including:
  - Key steps and elements of this service
  - Necessary skills for clients' success and how to help them develop
  - Guidelines for empathetic and independence-focused perspectives
- Explanation of the components needed for travel training to be billable under SE
- Discussion of common challenges and how to prepare clients to navigate them
- Practice using tools and resources designed to provide support in the field

For more information on all of our available trainings, please refer to our Training Catalogue.

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## Open Training in February

### Professional Writing Training



Date: February 28  
Time: 3:00 p.m. to 5:00 p.m.

Length: 2 hours  
Sessions: 1  
CEU Credits: 2

Zoom meeting link:  
<https://us06web.zoom.us/j/87692786583>

Do you need training for a small number of people but still want the group experience? Do you want to train with people outside of your agency, or just don't want the hassle of scheduling private sessions? Open trainings are pre-scheduled virtual sessions that provide the same content, take-home resources, and CEU credits as private trainings do. No prerequisites or scheduling are required — simply enter the Zoom meeting at the correct date and time to join in!

Email [sgoldfarb@arcnj.org](mailto:sgoldfarb@arcnj.org) for more information about open trainings.

Interested but can't make it this time? Contact Samantha to make sure the next open training works with your schedule!

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## New TCS Service: SE Work Groups

Are you interested in using your expertise and experience to improve the quality of supported employment in New Jersey? If so, this is the perfect initiative for you! Starting in March, TCS will begin offering monthly virtual meetings to discuss the current struggles and successes experienced by people involved in supported employment — providers, advocates, and businesses are all invited. Participants can use this space to discuss specific challenges with others in the field; learn from those with differing roles and perspectives of supported employment; and work towards goals that improve the service one step at a time.

If you are interested in participating in a supported-employment work group, please contact Samantha Goldfarb at [sgoldfarb@arcnj.org](mailto:sgoldfarb@arcnj.org). If you have any other questions about TCS services, please feel free to reach out as well!

### Monthly Poll

Help us provide you with the best experience possible by answering a few questions each month!

How would you describe your relationship to supported employment?  
(Select all that apply)

Who do you discuss challenges related to SE with most regularly?  
(Select all that apply)

Whose perspective on SE are you interested in learning more about?  
(Select all that apply)

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**Service provider  
(supervisory)**

**People who share  
my relationship to  
SE**

**Service provider  
(supervisory)**

**Service provider  
(field staff)**

**People who do not  
share my  
relationship to SE**

**Service provider  
(field staff)**

**SE recipient**

**SE recipient**

**Employer of an SE  
recipient**

**People within the  
agency I am  
affiliated with**

**Employer of an SE  
recipient**

**Other**

**Other**

**Other**

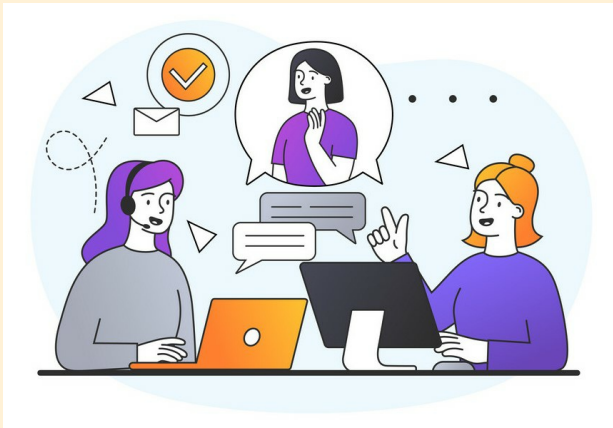
SE professionals and their clients often have differing

## Today's Tip from TCS

perspectives on what is best for that person. Attempting to change a client's viewpoint can be damaging to their independence, self-image, and relationship to their support staff; however, change is often necessary for the person to find success in employment. In situations like these, do your best to learn why the person feels the way they do and offer solutions to address underlying issues that the person might be trying to address with their behavior or perspective. Leading with compassion and a solution-focused mindset shows the client that you are on their side and helps you identify the best path forward.

- Needs work: Job coach focuses on reprimanding the client for not following a certain rule at work.
- Improved: Job coach focuses on learning why the client chooses not to follow a certain rule at work. They eventually learn that other employees are also breaking that rule and not being punished for it. Job coach discusses this with management, receives an updated set of rules, and explains them to the client.

## This Month's Office Hours



**Wednesdays:** 2:00 - 4:00 p.m.

**Thursdays:** 9:00 - 11:00 a.m.

### **Zoom meeting link:**

<https://us06web.zoom.us/j/6107930478>

### **Find your local number:**

<https://us06web.zoom.us/u/ke0RHzf17>

Do you ever find yourself with questions about SE that you wish could be answered right away or without the hassle of scheduling a meeting? The TCS office-hours program is our solution designed specifically to accommodate the busy SE professional!

TCS Director Samantha Goldfarb hosts two recurrent Zoom meetings per week that are available for anyone to attend. These meetings do not have a set agenda, instead providing attendees with the opportunity to discuss SE-related topics and questions immediately and without the need for prior communication. Drop-ins at any time during the meeting periods are welcome.

We look forward to seeing you there!



All trainings are customizable to fit your agency's needs. Change the length, add a topic, learn in a different way - the choice is yours!



We'd love to hear your ideas and feedback! Your input helps us create the best material possible for everyone who receives our trainings.



Not seeing what you're looking for? Let us make a training specific to your agency. If it's related to supported employment, we want to help!

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TCS exists to help DDD supported-employment providers and their staff provide the highest quality of support available to their clients. All services are *completely free of charge*. We'll teach you how to use realistic strategies to achieve the ideals of supported employment so that you can continue to provide the excellence in service that your clients deserve.

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Contact Samantha Goldfarb with all inquiries.  
sgoldfarb@arcnj.org  
(732) 749-8434  
8:30 a.m. - 4:00 p.m. Monday - Friday

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