



ORAL HEALTH AND DENTAL CARE FOR INDIVIDUALS WITH I/DD

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Financial disclosures

Conflicts of interest

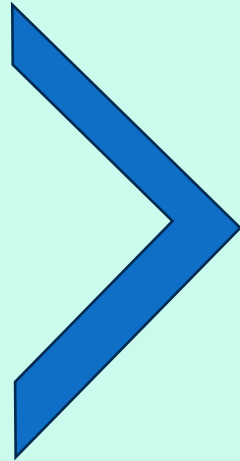
Sponsorships

WHY DO WE CARE?



Unmet oral health needs

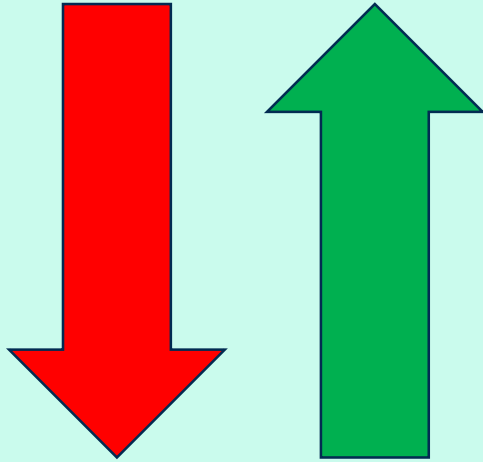
With
DD



Without
DD

Overall oral health

With
DD



Without
DD

The link to overall health

- Pulmonary problems
- Cardiac concerns
- Cognitive decline



CAREGIVER

HOUSING

BEHAVIOR

DOORS

**MEDICAL
CONCERNS**

**CULTURAL
ISSUES**

**SIDE
WALKS**

TRANSPORT

**SUPPORT
NETWORK**

**DENTAL
COMPLEXITY**

STAIRS

FINANCES

**ORAL
HYGIENE**

DIET

**PHYSICAL
CONCERNS**

COMMUNI

CATION

ORAL CONCERNS



Significant oral concerns

- Dental caries
- Periodontal disease
- Oral cancer

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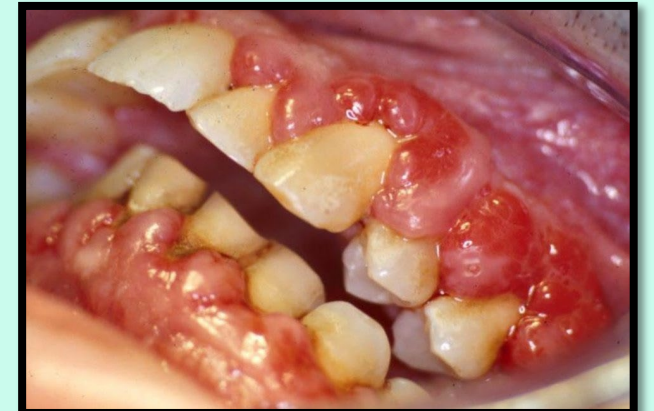


Significant oral concerns

- Dental caries



- Periodontal disease



- Oral cancer

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Other oral challenges

- Poor oral hygiene
- Xerostomia
- GERD
- Bruxism
- Self-injurious behaviors

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THE KEYS TO ORAL CARE



How can we maintain oral health?

- Professional follow-up
- Diet and nutrition
- Oral home care

How can we maintain oral health?

- Professional follow-up
 - your job
 - the dentist's job
- Diet and nutrition
- Oral home care
- Medical diagnoses
- List of medical providers
- List of medications
- List of allergies
- List of surgeries
- Special information

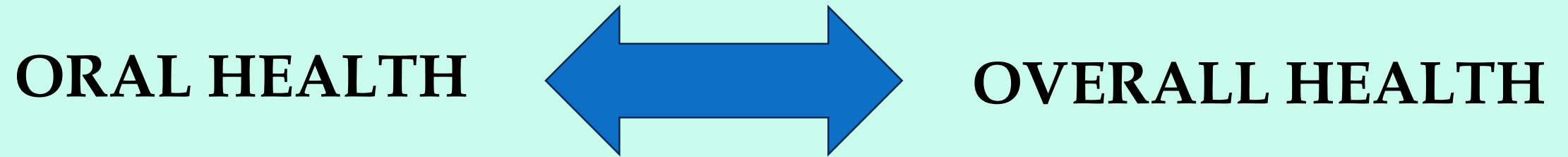


How can we maintain oral health?

- Professional follow-up
 - your job
 - the dentist's job
- Diet and nutrition
- Oral home care
- Gather information
- Oral examination
- X-rays/imaging
- Diagnostic tests
- Treatment planning



Planning patient care



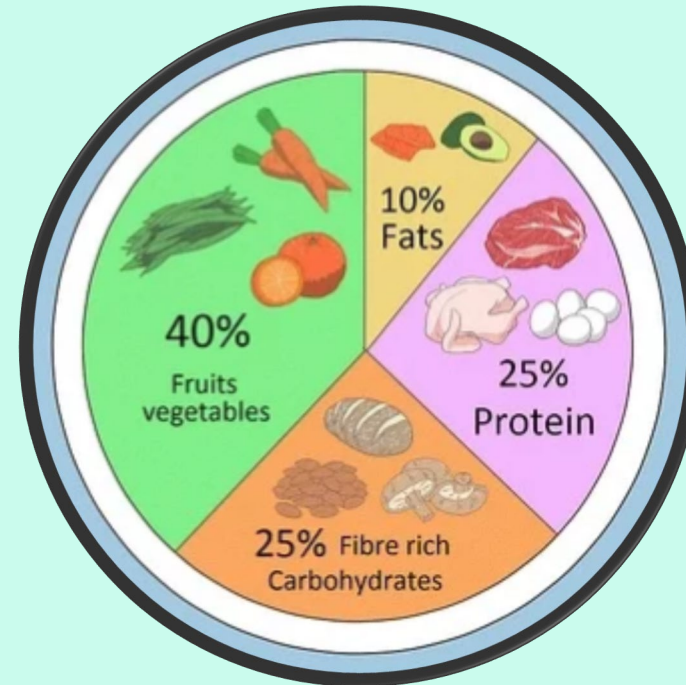
Throwing away the book



Just because you **CAN**
do something...
doesn't mean you **SHOULD**
do something

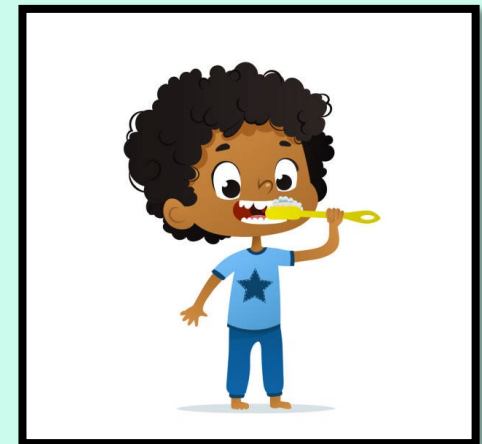
How can we maintain oral health?

- Professional follow-up
- Diet and nutrition
- Oral home care



How can we maintain oral health?

- Professional follow-up
- Diet and nutrition
- Oral home care
 - Toothbrushing
 - Mouth rinsing
 - Flossing
 - Tongue brushing



Toothbrushes

- Manual or powered?
- Soft, medium or hard?
- When to replace the brush?
- How long to brush for?
- When to brush?
- What if there is bleeding?



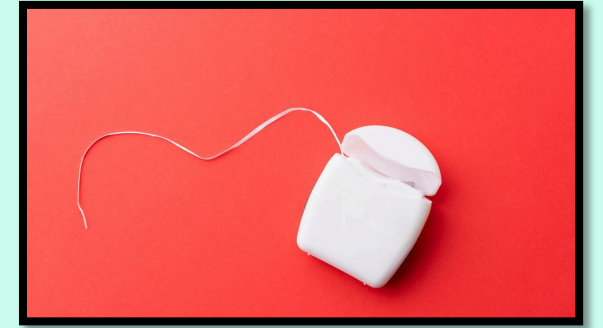
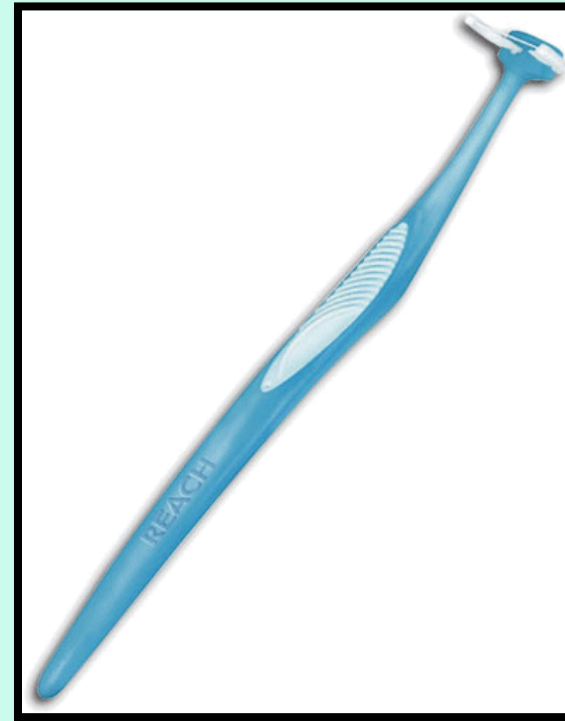
Mouth rinses

- What rinse to use?
 - Alcoholic
 - Alcohol-free
 - Specialty
 - Prescription
- How to use them?
 - Rinse
 - Swab
- Are they harmful?



Flossing aids

- Different floss aids
- How often to floss?
- What if there is bleeding?





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