

All About Consent



Consent is permission for something to happen or agreement to do something.

It is NOT consent if...

- 🗨 someone says "no."
- 🗨 someone is forced or pressured.
- 🗨 someone is sleeping/passed out.
- 🗨 if someone doesn't say anything.
- 🗨 someone changes their mind.



Consent must be...

- 👍 voluntary.
- 👍 set with rules and boundaries.
- 👍 asked each time.
- 👍 clear.
- 👍 understood by all of the people involved.



Give/get consent when...

- ✍ posting online.
- ✍ asking to borrow something.
- ✍ in sexual situations.
- ✍ making non-sexual physical contact.
- ✍ making any interaction with another person.



- 📖 Be confident with your decision.
- 📖 Make sure you understand what is being asked.
- 📖 It's always ok to say no!

- 📖 Make sure you can think clearly.
- 📖 It is okay to change your mind.
- 📖 Don't be afraid to hurt someone's feelings!