Division of Developmental Disabilities

Resource Team

**Dysphagia Training**

Dys·pha·gia - (disˈfāj(ē)ə/) - noun: **dysphagia**

**Definition:** Difficulty or discomfort in swallowing, as a symptom of disease.

**Managing Dysphagia for Community Providers**

Creating a safe dining experience is of utmost importance as individuals’ transition from developmental centers to group homes and other programs in the community.  This training will provide a comprehensive overview on Dysphagia and the risk it poses for individuals. Attendees will receive instruction on preventing aspiration, diet textures, effective feeding strategies and correct positioning during meal times.  This training is geared toward Group Home Managers and Nurses but is also applicable to direct support staff and professional staff. For your convenience, the trainer can also travel and provide this training at an agency site (i.e. Group home, agency office, day program, etc.). Certificates of attendance will be awarded upon completion. Please email the trainer

Ambika Bhattacharya, CCC-SLPD to register at ambika.bhattacharya@dhs.nj.gov

***In addition to traveling to the Agency Location, this training is offered once a month at the DDD Office at Juniper Plaza, 3499 Rt. 9 North, Suite 1J Freehold, NJ 07728. Please check the schedule and email*** ambika.bhattacharya@dhs.nj.gov ***to register for the scheduled training offered once every month.***

***Video’s outlining Information on Diet Textures and Liquid Consistencies are available on*** [***www.nj.state.nj.us***](http://www.nj.state.nj.us) ***and on YouTube. These videos may be used to train staff as part of an orientation program or as a refresher course to seasoned staff.***

Diet Textures: <https://www.youtube.com/watch?v=wonosqN8uFs>

Thickening Liquids: <https://www.youtube.com/watch?v=H_BeetLLilA>

General Feeding Guidelines: <https://www.youtube.com/watch?v=VHQUsIFEBgs>

<https://www.youtube.com/watch?v=wonosqN8uFs&list=PLspiLS805IyeAX3xxk-02MhigtFetSY_M> ,

This link will automatically play the video back-to-back.

For any questions about the Dysphagia Trainings, or to schedule an on-site training call : (609) 476-5208

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