

New Jersey Self-Advocacy Project & Statowide Self Advocacy Network

Statewide Self-Advocacy Network

A program of The Arc of New Jersey since 1983

Handmade Tale: DIY Gift Making Guide

Paint Swirl Vase

Supplies:

A glass container such as a vase, candle holder, or ornament
Acrylic Paint (in colors of your choice)
Cup of water to dilute the paint
Rubbing alcohol or Vinegar
Glitter (optional)

Instructions:

- 1. Start by gathering your supplies. You can find clear glass vases and acrylic paint at the craft store or even your local dollar store in the floral section. Make sure that your glass container is clear and has a large enough opening that you'll be able to pour paint inside it.
- 2. Make sure to **clean the inside and outside** of your glass container. We will be painting the inside. You want to make sure that there is a clean surface for the paint to stick to and that outside is clear enough for the paint to show through.
- 3. Swirl some **rubbing alcohol or vinegar** around the inside. This will help keep the paint from cracking over time.



www.njselfadvocacyproject.org



New Jersey Self-Advocacy Project &

Statewide Self-Advocacy Network

A program of The Arc of New Jersey since 1983

- 4. Start by **adding a few drops of one color of acrylic paint**. Begin slowly swirling it around the glass container. **Tilt the container slowly** to guide the paint and ensure it will cling to the sides.
- 5. If your paint is too thick and will not move as you tilt the container, add a few drops of water to the paint bottle. Be sure not to add too much or your paint will not cover the area well.
- 6. Add a few drops of your second color and continue slowly guiding the paint to cover the entire inside of your container. You can let them swirl together a bit for a nice marble effect but don't let them completely mix.
- 7. Feel free to add more colors or put glitter in your paint for some added sparkle.
- 8. Place the container **upside down over a paper towel** to let any excess paint drip out.
- 9. After a few minutes, let the container dry on its side to prevent the paint from dripping back down.
- 10. Once they are dry, you are done! Feel free to add flowers, branches, a candle, or just display your creation as is. **NOTE:** If you choose a vase and decide to put fresh flowers in it, you'll want to place a smaller glass inside for the water to make sure the paint doesn't get washed away.



www.njselfadvocacyproject.org