

The Autism and Neurodevelopment Lab at Montclair State University invites you to participate in the



-Facing Your Fears Intervention Study-

What Is The Purpose?

To give children strategies to combat their anxiety while measuring their brain's response to receiving these strategies!

Who Is This Study For?

Autistic youth with anxiety
(ages 8 to 14)
+
Parent/caregiver that
lives with the child

Participation Involves:

Lab Session at the lab
147 Clove Rd., Little Falls, NJ 07424

If **eligible**, random assignment into either the
Treatment or ***Waitlist*** Group

1. **Baseline Session** (w/ EEG) at the lab

2. **14 Weeks**

Treatment: Weekly 90-Minute *Facing Your Fears* Intervention Sessions for Parents & Youth to take place in the community.

-or-

Waitlist: Treatment-As-Usual
(Facing Your Fears Intervention Sessions will be available once the 14-week period is over!)

3. **Endpoint Session** (w/ EEG) at the lab

\$150 gift card compensation
& **free parking** at the lab

QR CODE TO INTEREST FORM



Interested in learning more?

Give us a call at **(973) 655-3615**
or send us an email at
erinkanglab@montclair.edu.

*We look forward to hearing from
you soon!*

This study has been approved by the Montclair State
University Institutional Review Board #FY23-24-3257.