



For people with intellectual and developmental disabilities

Achieve with us.

Need help or more information? Want to become active in our advocacy network?

Visit our website to access lots of great information that can help you navigate service systems, find resources and keep you informed as to the important issues facing children and adults with intellectual and developmental disabilities and their families.

Join our advocacy network to add your voice to the thousands who are working hard to promote and protect the quality of life of people with intellectual and developmental disabilities.

Visit our website

Join an Advocacy Network



Self-Advocates Defy Gravity!

As part of the NJ Self-Advocacy Project's [Healthy Lifestyles Project](#), 20 intrepid souls ventured out to Gravity Vault Indoor Rock Gym in Chatham on January 27th. Trainers from the gym worked with individuals to experience rock climbing as a fun way to exercise. After their workout, everyone was treated to a healthy snack and participated in team building exercises. Thank you to the wonderful staff of [Gravity Vault](#) and to [The Horizon Foundation for New Jersey](#) for their generous sponsorship of our Healthy Lifestyles Project.

To learn more about the Healthy Lifestyles project or to schedule an event, [click here](#).



DON'T CUT OUR LIFELINE

Do you or a loved one benefit from Medicaid, SSI, Medicare or the ACA (Obamacare)?

These "lifeline" programs are critical to supporting millions of Americans with disabilities to



The Planning for Adult Life Program of The Arc of New Jersey held its second Parent Forum of

access healthcare, support services and community living.

Lifeline programs are under attack!

Every voice must be heard to educate the public and elected officials about the importance of preserving these vital programs.

**We need your help to "Protect the Lifeline"!
Go to bit.ly/protectthelifeline now!**

FY 2017 at the New Road School in Parlin on Saturday, January 28th. More than 65 families of transition age students in special education attended.

Parent Forums combine educational workshops with a provider expo, offering parents of students age 14-21 in special education the information they need to plan for the future. There are four more Parent Expos scheduled throughout the State in the Spring. To see the dates and locations, [click here](#).

sprout

making the invisible visible

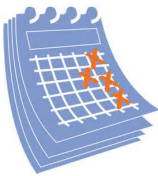
Back by Popular Demand! The NJ Sprout Film Festival

After a very successful inaugural year, the Sprout Film Festival will be back in New Jersey on

**Saturday, April 29, 2017
Middlesex County College
West Hall, Parkview Room**

Come join us for a screening of some of the most creative and heart-warming short films by and about people with intellectual and developmental disabilities from around the world.

For more information go to [Sprout](#)



Save the Date!

The Annual Spring Into Advocacy Luncheon hosted by the NJ Self-Advocacy Project and the NJ Statewide Self-Advocacy Network will be held Saturday, April 8 at The Imperia, Somerset. Information and registration can be found at www.njselfadvocacyproject.org.

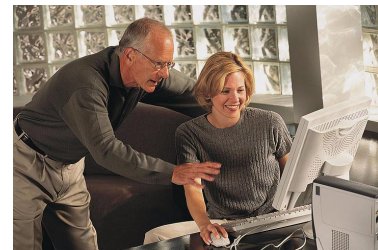
The 28th Annual Conference on Medical Care for Persons with Developmental Disabilities hosted by the Mainstreaming Medical Care Program of The Arc of New Jersey will be held on Friday, June 2 at the Westin, Princeton. More information can be found at www.mainstreamingmedicalcare.org

Upcoming Webinars

Thursday, February 9 6:00 - 7:00 pm

Out Of District Placement: Know Your Rights and How To Obtain The Best Placement for Your Child

If your child's special education services aren't meeting their needs, one option might be an out-of-district placement. Join The Arc of New Jersey Family Institute and Hinkle, Fingles, Prior & Fischer, Attorneys at Law as we discuss out of district placements and how to determine if it is appropriate for your child. [Register here](#)



Wednesday, February 15 6:00 - 7:00 pm

How to Use the Person-Centered Planning Tool as a Roadmap to Services

The Person-Centered Planning Tool (PCPT) is a mandatory discovery tool used to guide the person centered planning process and to assist in the development of an individual's Service Plan. This webinar is hosted by Planning for Adult Life of The Arc of New Jersey. [Register here](#)

Tuesday, February 21 12:00 noon - 1:00 pm

Lunch & Learn: Post-Secondary Options for Students with Developmental Disabilities

A new offering by The Arc of New Jersey Family Institute, Lunch & Learn series will offer information about resources in the community. The first Lunch & Learn will discuss post-secondary options for students with developmental disabilities, where they are and how your student can access them. [Register here](#)

Thursday, February 23 1:00 - 2:00 pm

It Takes a Village! Exploring the Intersection Between Sexual Violence and Sexuality Related Needs for People with I/DD

Using the holistic model of sexuality, we will discuss the sexuality related needs and desires of people with I/DD and the impact sexual violence has on these needs. We will also focus on the importance of taking an interdisciplinary approach in addressing these specialized needs. This webinar series is brought to you by The Arc of NJ Criminal Justice Advocacy Program in partnership with New Jersey Association for Treatment and Sexual

Abusers and is made possible by the NJ State Bar Foundation with funding from the IOLTA fund of the Bar New Jersey. [Register here](#)

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STAY CONNECTED



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