

COVID-19 Community Resources

As of 12/08/2021

Federal Resources:

- <u>CDC</u>
- Coronavirus.gov
- FEMA

cdc.gov/COVID-19es https://www.coronavirus.gov/ fema.gov

FEMA Resources for COVID-19

Urgent Action Needed Now to Ensure Sufficient COVID Vaccine Syringe Supply to Meet 2022 Vaccination Targets



Without action now, the world could face a serious shortage of COVID vaccine syringes by the end of 2022, with potentially dire consequences for the global effort to bring the pandemic under control.

Thus far, this supply has been sufficient to meet the increased needs for syringes sourced via UNICEF. However, to reach the new COVID-19 vaccination targets, and assuming an unhindered vaccine supply next year, there could be a shortfall of up to 2.2 billion auto-disable syringes, according to UNICEF projections. This shortage would only hit the type of syringes that lock automatically to prevent reuse, as required by the World Health Organization (WHO) and UNICEF guidelines. Low- and middle-income countries – where this type of syringe is critical for safety – will bear the brunt of this shortage. We are not anticipating a significant supply shortage of the more standard syringes used in high-income countries. To avert this scenario, UNICEF had outlined urgent but achieved actions that need to be taken. View the actions at <u>unicef.org</u>.

Biden Administration to Invest \$650 Million to Rapid Diagnostic Testing in Latest Action to Increase Access to Tests

As part of the Biden-Harris Administration's ongoing commitment to increasing access to COVID-19 testing for Americans and to further strengthen domestic manufacturing of needed tests, HHS will invest \$650 million from the American Rescue Plan to strengthen manufacturing capacity for quick, high-quality diagnostic testing through rapid point-of-care molecular tests and increase Americans' access to them.

As at-home testing increases, the need for follow-up testing in health care settings will likely grow. For example, if someone buys an over-the-counter rapid antigen test at their local pharmacy to take at home and tests positive, they may seek out a health care provider who would conduct another test to confirm that result. This new investment will help ensure tests like these are readily available across the country and can provide results quickly. Learn more at <u>HHS.gov</u>

FEMA Assistance for COVID-19 Funeral Expenses

Call 844-684-6333 (TTY: 800-462-7585) to apply for FEMA COVID-19 funeral assistance. FEMA is only accepting applications via phone call. The phone line is available from **9:00 a.m. to 9:00 p.m.** EDT, **Monday through Friday**.

Once registered, FEMA will send the applicant a Request for Information (RFI) which outlines all the documentation needed to process the COVID-19 Funeral Assistance application. For further information, applicants can also visit the frequently asked questions section in FEMA's website at: FEMA.gov/funeral-assistance/faq. FEMA is providing financial assistance for COVID-19-related



funeral expenses incurred after Jan. 20, 2020, under the Coronavirus Response and Relief Supplemental Appropriations Act of 2021 and the American Rescue Plan Act of 2021.

New Jersey State Resources:

- NJ COVID-19 Information:
- NJ COVID-19 Jobs & Hiring Portal
- COVID-19 Text Alerts
- New Jersey Department of Health

COVID19.nj.gov https://jobs.covid19.nj.gov Text: **NJCOVID** 898-211 has set up a COVID-19 24-Hour Public Hotline 800-222-1222

NJ COVID-19 Updates and More

Do you have questions about when and where you can receive the COVID-19 vaccine, mask requirements, or how to get a COVID-19 test? The State of New Jersey offers up-to-date information, resources, and guidance at our <u>COVID-19 Information Hub</u>.

Get Vaccinated and Get Your Booster!

Everyone 5 and older should get vaccinated!

Everyone 18 and older should get a booster - as long as it has been at least two months after their one-dose Johnson & Johnson shot or at least six months after their last Pfizer or Moderna shot. Studies show that after getting vaccinated against COVID-19, protection against the virus and the ability to prevent infection may decrease over time. Booster doses provide necessary protection against waning immunity.



The recent emergence of the Omicron variant further emphasizes the importance of vaccination and boosters to protect against COVID-19.





Don't Get Evicted! Apply for Rental Assistance Before December 15th

The COVID-19 eviction moratorium has ended but the State of New Jersey has created a self-certification process for renters who experienced financial hardships due to COVID-19. If you're behind on your rent due to COVID-19, you may be eligible for protection from eviction, but you must self-certify to get protected. To fill out the form, visit <u>covid19.nj.gov/renter</u>.

In addition, applications for the COVID-19 Emergency Rental Assistance and Eviction Prevention Program remain open through December 15th. Visit <u>njdca.onlinepha.com</u> to apply for both of these programs. Applicants are not guaranteed assistance



because the number of applications will exceed current funding for rental relief. All applications received by December 15th will be included in a lottery to fairly distribute the remaining federal funds, so apply now!

earn More

Apply Now for Utility Assistance Programs

If you need help with your utility bills, apply now for home energy assistance!

New Jersey's grace period on utility shut-offs ends on December 31st and applications for the Low Income Home Energy Assistance Program (LIHEAP) and Universal Service Fund are now being accepted.



You can apply for help now from multiple financial assistance programs using the **DCAid Service Portal** from New Jersey's Department of Community Affairs.

In addition, if you're behind on your utility bills, contact your utility as soon as possible to enroll in a Deferred Payment Agreement to lower your monthly payment and keep your service on.



Browse, Shop, Compare, and Save on Health Insurance

Open enrollment for Get Covered New Jersey is here - don't delay, get covered now! Open enrollment is the one time of year residents who do not have health insurance through an employer or other program such as Medicaid or Medicare can enroll in a plan.

At GetCovered NJ, you can browse, shop, compare, and save on quality, affordable health insurance.

Nine in 10 enrolling qualify for financial help, and many residents receiving financial assistance can access a plan for \$10 or less per month.

Remember to sign up for coverage by December 31st to ensure that you are covered for the new year. Open enrollment ends January 31st, 2022.

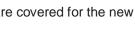
GetCovered NJ

NJ COVID-19 & Poison Control Center Public Hotline

- NJ 211
- 866-202-HELP (4357) New Jersey Mental HealthCare's Disaster Line: for free, confidential support. NJ Mental Health Cares will be answered from 8 a.m. to 8 p.m. seven days a week by live trained specialists. NJ Human Services' Division of Mental Health and Addiction Services provide support to the Mental Health Association of New Jersey (MHANJ) to operate the line. nj.gov/health/cd/topics/ncov.shtml
- NJ Department of Health
- NJ Human Services
- **SNAP**

- nj.gov/humanservices/coronavirus.html. 800-687-9512 To apply online: oneapp.dhs.state.nj.us
- SJLS (South Jersey Legal Services) https://www.lsnj.org/sjls/ Call Centralized Intake Unit at 800-496-4570 M-F, 8:30am to 4pm





800-962-1253 Dial 211; NJ211.org





~ Welcome Faith-Based Community Leaders ~

We invite you to join the **NJ Clergy Peer Group** for ongoing conversations on the challenges of life and your community as religious leaders in a pandemic world



We meet via Zoom on the following Wednesdays at 11:30 am And are currently scheduled through December 2021: *Final meeting for 2021: Dec: 15*

LOOK FOR DATES FOR 2022 TO COME!

This is an open forum of respectful and confidential conversation for NJ clergy: Facilitated by Marie Argibay- Boccasino, MHA/COAD

- Are you concerned about financial problems and how to use ministerial outreach to help?
- Will your house of worship recover from financial challenges?
- Complete privacy; forums will not be recorded, and notes will not be taken

Please join us (login details will be the same for all meetings):

https://us02web.zoom.us/j/82661307076?pwd=WTNQenhzakVFYytuTUUreU ExUk1BUT09

Meeting ID: 826 6130 7076 Passcode: 476205



One tap mobile: 1-929-205-6099 (Our local area)

Download and import the following iCalendar (.ics) files to your calendar system.

https://us02web.zoom.us/meeting/tZYrceirrjwqHdKZS52Wh9C9DJeDEcjpR2Wt/ics <u>?icsToken=98tyKuGqqD0rGdSSsB6BRpwQBI_od-</u> nziGZfgqd2piywURdbOyCvEshHFpd8Gsji

> For further information please contact: Marie Argibay-Boccasino: <u>mboccasino@mentalhealthmonmouth.org</u> Rev. Lou Strugala: <u>lstrugala@yahoo.com</u> Shelley Feingold: <u>shelley.feingold@co.monmouth.nj.us</u>

Sponsored by Monmouth County Community Organizations Active in Disaster (COAD), NJ Voluntary Organizations Active in Disaster (VOAD) Emotional & Spiritual Care Group Mental Health Association of Monmouth County. <u>http://www.njvoad.org/</u><u>https://monmouthacts.org/</u>

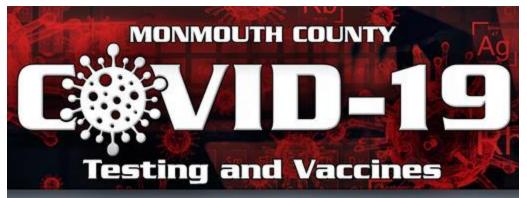
Join the **Zoom meeting**!



This Holiday Season, Heal with the Help of Others THURSDAYS @ 7pm NOVEMBER 18[™], DECEMBER 2ND, DECEMBER 9[™], & DECEMBER 16[™] https://bit.ly/HolidayHealingNJ **PASSCODE:** 735688 ZOOM MEETING ID: 899 6297 0342 Find Support **Create Connections** learn New Coping Strategies This program is brought to you by NJ Hope and Healing- CCP program The **EW JERSEY** Mental Health Association in New Jersey in collaboration with the New Jersey nobe Department of Human Services' Division of Mental Health and Addiction Services, Disaster and Terrorism Branch, is offering a Crisis Counseling Human Program (CCP) through a (FEMA/SAMHSA) grant. For more information visit www.mhanj.org



Monmouth County Resources:



The Monmouth County Board of County Commissioners, in conjunction with the Monmouth County Sheriff's Office and the Monmouth County Health Department, are bringing FREE COVID-19 testing to your community.

Open to Monmouth County residents only. No appointments necessary, simply walk up during the times listed below and a health care professional will administer the nasal swab test. Residents do not need to be symptomatic to be tested.

Monmouth County Testing Locations: Monmouth County Residents Only!

All sites are open for the times listed, or until 200 tests have been administered. Tues., Sept. 14 - Long Branch - 4 - 7 p.m., Bucky James Community Center, 231 Wilbur Ray Avenue * Tue., Sept. 21 - Freehold Borough - 4 - 7 p.m., Freehold Boro Fire Dept., 49 W Main Street Tues., Sept. 28 - Long Branch - 4 - 7 p.m., Bucky James Community Center, 231 Wilbur Ray Avenue * Wed., Sept. 29 - Asbury Park - 4 - 7 p.m., Asbury Park Transportation Center, 1 Municipal Plaza * Wed., Oct. 6 - Neptune - 4 - 7 p.m., Neptune Senior Ctr., 1607 State Rt. 33 Tues., Oct. 12 - Long Branch - 4 - 7 p.m., Bucky James Community Center, 231 Wilbur Ray Avenue * Wed., Oct. 13 - Keyport - 4 - 7 p.m., Keyport Sr Center 110 2nd Ave Keyport * Tue., Oct. 19 - Freehold Borough - 4 - 7 p.m., Freehold Boro Fire Dept., 49 W Main Street Tues., Oct. 26 - Long Branch - 4 - 7 p.m., Bucky James Community Center, 231 Wilbur Ray Avenue * Wed., Oct. 27 - Asbury Park - 4 - 7 p.m., Asbury Park Transportation Center, 1 Municipal Plaza * Wed., Nov. 3 - Neptune - 4 - 7 p.m., Neptune Senior Ctr., 1607 State Rt. 33 * Wed., Nov. 10 - Keyport - 4 - 7 p.m., Keyport Sr Center 110 2nd Ave Keyport * Tues., Nov. 16 - Freehold Borough - 4 - 7 p.m., Freehold Boro Fire Dept., 49 W Main Street * Wed., Dec. 1 - Asbury Park - 4 - 7 p.m., Asbury Park Transportation Center, 1 Municipal Plaza * Wed., Dec. 8 - Neptune - 4 - 7 p.m., Neptune Senior Ctr., 1607 State Rt. 33 * Wed., Dec. 15 - Keyport - 4 - 7 p.m., Keyport Sr Center 110 2nd Ave Keyport * These sites are available for Testing and Vaccines



Insurance Coverage for COVID-19 Testing

At public testing locations, insurance is recommended but not required. Private testing locations may require insurance coverage.

State and federal laws require health insurers to cover COVID-19 diagnostic tests with no out-ofpocket costs during this emergency. However, in some instances insurance coverage may not apply, so be sure to check with your health plan directly as well as the testing site.

If you do not have health insurance or lose coverage, you may be eligible for free or low-cost coverage (<u>www.njfamilycare.org</u>) through NJ FamilyCare, New Jersey's publicly funded health insurance program. NJ Family Care includes CHIP, Medicaid and Medicaid expansion populations and covers doctor visits, prescriptions, vision, dental care, mental health and substance use services and even hospitalization.

In addition, you can visit <u>GetCoveredNJ</u>, a one-stop shop for health insurance for residents who do not have coverage from an employer or other program. Under the State's new health exchange, individuals eligible for subsidy assistance and premium tax credits will find the lowest net premiums since the passage of the Affordable Care Act more than a decade ago.

Visit <u>Getcovered.nj.gov</u> to learn more and apply for health insurance. Open Enrollment starts November 1, but you can enroll any time if you have a major life change, like having a baby, moving or losing job-based insurance.





COVID-19 Vaccination Information

At this time, the County is administering the Moderna, Pfizer, and Johnson & Johnson vaccines which is approved for adults ages 18 and over at our Brookdale Community College vaccination site (Montessori Children's Learning Center located between Lots 4 and 5 on the Brookdale Community College campus starting Tuesday, Sept. 14). No one under 18 can be given the Moderna COVID-19 Vaccine. **View additional Vaccine/Testing locations**.

The County is also administering the Pfizer COVID-19 Vaccine, which is approved for children ages 5 and up at our Brookdale Community College vaccination site. Anyone under 18 MUST be accompanied by a parent or guardian.

All COVID-19 vaccines are now approved for use of Booster doses.

<u>Pfizer:</u> Booster dose can be received at least 6 months after 2nd dose. The options to get Moderna or J&J as a booster dose after completing a Pfizer 2-dose series is also acceptable.

<u>Moderna:</u> Booster dose can be received at least 6 months after 2nd dose. The option to get Pfizer or J&J as a booster dose after completing a Moderna 2-dose series is also acceptable. The Moderna Booster Dose is half the amount of vaccine as the primary series.

<u>J&J</u>: Booster dose can be received at least 2 months after the 1st dose. The option to get Pfizer or Moderna as a booster dose after completing the 1st dose is also acceptable.

What's the difference between a third dose and a booster shot?

Third doses

Who: People are eligible if they: (1) Received 2 doses of the Pfizer or Moderna COVID-19 vaccine AND (2) are moderately to severely immunocompromised*

Why: Helps protect those who did not build enough protection with 2-dose vaccination

When: Eligible starting 28 days after second dose of Pfizer or Moderna vaccine

*Immunocompromised = an individual with a weakened immune system due to certain health conditions

Boosters

Who: People are eligible if they: (1) Received 2 doses of the Pfizer COVID-19 vaccine AND (2) are 65+, OR a long term care resident, OR 18+ with high risk of severe COVID-19 due to underlying health conditions or workplace exposure? For example healthcare workers, teachers and others whose job puts them at risk of severe COVID-19.

Why: Helps protect those with healthy immune systems whose protection from vaccination has decreased over time

When: Eligible starting 6 months after second dose of Pfizer vaccine

For more information regarding the State's COVID-19 Vaccination approach, go to covid19.nj.gov.



MONMOUTH COUNTY COVID-19 VACCINE CLINICS



Jannsen available for 1st, 2nd, 3rd & booster doses

> Walk- ins welcome ages 5 & up

ID documentation and health insurance not required. No impact on immigration status

For free transportation to your vaccination, enter "VAXRIDE" promo into your NJ TRANSIT app or call NJ TRANSIT at 973-275-555. Get free Lyft rides by calling 2-1-1

DATES & TIMES



- Wed., December 1- Asbury Park- 4pm-7pm, Asbury Parking Transportation Center, 1 Municipal Plaza <u>This site is available for testing and vaccination</u>
- Thurs., December 2- Hazlet- 10am-1pm, James C. Cullen Community Center, 1776 Union Ave
- Sat., December 4- Howell- 8am-12pm, Howell Senior Center, 251 Preventorium Rd
- Mon., December 6- Holmdel- 10am-1pm, Holmdel Senior Center, 6 Crawford's Corner Rd
- Wed., December 8- Millstone- 3:30pm-6pm, Millstone Middle School, 5 Dawson Ct
- Wed., December 8- Neptune- 4pm-7pm, Neptune Senior Center, 1607 Corlies Ave
- <u>This site is available for testing and vaccination</u>
 Thurs., December 9- Hazlet- 2pm-3:30pm, Baytuliman Academy, 311 Laurel Ave
- Sat., December 11- Neptune- 8:30am-11:30am, Neptune Midtown School, 1155 Corlies Ave
- Mon., December 13- Red Bank- 4pm-6:30pm, Red Bank Primary School, 222 River St
- Wed., December 15- Keyport- 4pm-7pm,Keyport Senior Center, 110 2nd St
- <u>- This site is available for testing and vaccination</u> • Thurs., December 16- Marlboro- 10am-1pm, Marlboro Recreation Center, 1996 Recreation Way
- Wed., December 29 Howell- 8am-12pm, Howell Senior Center, 251 Preventorium Rd
- Every Tuesday from 2PM-6PM at Brookdale Community College, 765 Newman Springs Rd., Lincroft <u>Children's Learning Center (CIC)</u> <u>Parking Lots 4 & 5</u> FOR FURTHER INFORMATION & INQUIRES, VISIT WWW.VISITMONMOUTH.COM/HEALTH OR CALL 732-431-7456

PLEASE DO NOT GO TO THE HEALTH DEPARTMENT LOCATED AT 50 EAST MAIN STREET IN FREEHOLD FOR A VACCINE.



Monmouth County Vaccine Locations

Name	Location	Phone Number	Website
Bayshore Medical Center	727 North Beers Street Holmdel		hackensackmeridianhealth.org/covid19/
CentraState Medical Center	901 West Main Street Freehold		centrastatevaccine.com/
Community Health Center of Asbury Park	1301 Main Street Asbury Park	732-774-6333	vnachc.org/
CVS Pharmacy	Hazlet	800-746-7287	cvs.com/immunizations/covid-19-vaccine
CVS Pharmacy	Highlands	800-746-7287	cvs.com/immunizations/covid-19-vaccine
CVS Pharmacy	Long Branch	800-746-7287	cvs.com/immunizations/covid-19-vaccine
Freehold Family Health Center	579 Park Avenue Freehold	732- 294-2540	vnachc.org/
HMH Jersey Shore U.M.C.	1945 Route 33 Neptune	732- 897-7926	hackensackmeridianhealth.org/covid19/
Keyport Community Health Center	35 Broad Street Keyport	732- 888-4149	vnachc.org/
Monmouth Medical Center	300 Second Ave Long Branch		rwjbh.org/covid19vaccine
Monmouth Medical Center Southern Campus	600 River Avenue Lakewood		rwjbh.org/covid19vaccine
Ocean Health Initiative	3600 Route 66 Neptune	732- 363-6655	<u>ohinj.org</u>
Red Bank Primary Care Center	188 East Bergen Place Red Bank	732- 219-6620	vnachc.org/
Rite Aid Store 00695	1360 Route 36 Hazlet		riteaid.com/pharmacy/covid-qualifier
Rite Aid Store 01778	596 Shrewsbury Avenue Tinton Falls		riteaid.com/pharmacy/covid-qualifier
Rite Aid Store 01796	4057 Asbury Avenue, Suite 8 Tinton Falls		riteaid.com/pharmacy/covid-qualifier
Rite Aid Store 10424	75 South Main Street Neptune		riteaid.com/pharmacy/covid-qualifier
Rite Aid Store 10425	200 Wilson Avenue Port Monmouth		riteaid.com/pharmacy/covid-qualifier



Rite Aid Store 10510	149 Main Street Manasquan		riteaid.com/pharmacy/covid-qualifier
Riverview Medical Center	1 Riverview Plaza Red Bank	732- 741-2700	hackensackmeridianhealth.org/covid19/
ShopRite Pharmacy #193	280 Route 9 Morganville		vaccines.shoprite.com
ShopRite Pharmacy #299	Neptune		vaccines.shoprite.com
ShopRite Pharmacy #620	Shrewsbury		vaccines.shoprite.com
ShopRite Pharmacy #626	3120 Route 35 Hazlet		vaccines.shoprite.com
ShopRite Pharmacy #631	Howell		vaccines.shoprite.com
Stop and Shop Pharmacy #0801	Keyport		stopandshopsched.rxtouch.com/rbssched/ program/covid19/Patient/Advisory
Wegmans Pharmacy Manalapan	Manalapan		https://www.wegmans.com/news- media/articles/covid-19-vaccines/
Wegmans Pharmacy #09	Ocean		https://www.wegmans.com/news- media/articles/covid-19-vaccines/



Mental Health Services:

<u>Monmouth County Health Department</u> has opened a phone bank to respond to callers with questions or concerns about COVID-19. As you can imagine, many callers are experiencing increased anxiety, fear, and worry about COVID-19.

In collaboration with the Monmouth County Board of Chosen Freeholders and Monmouth Acts, the Mental Health Association of Monmouth County is connecting residents to a licensed counselor who can provide 6 telephone emotional support sessions The phone line is available from Monday – Friday, 9am – 4pm 732-542-6422

• Monmouth County Division of Behavioral Health

•	NJ HOPELINE: Suicide prevention hotline	855-654-6735	
٠	Cop 2 Cop: Helpline for law enforcement & their families	866-cop-2cop	
٠	Mom 2 Mom: Peer support for Moms	877-914-6662	
٠	Vet to Vet: Helpline for veterans	866-838-7654	
٠	2 nd Floor Youth Helpline: Helpline for youth	888-222-2228	
	CRISIS SERVICES: On site mental health crisis assessment and stabilization		
٠	Psychiatric Emergency Screening Services (PESS)	732-923-6999	
٠	Children's Mobile Response and Stabilization Services	877-652-7624	
٠	CDC / Mental Health		
٠	https://www.cdc.gov/coronavirus/2019-ncov/prepare/managin	g-stress-anxiety.html	
٠	Crisis Counselors are available for free help	Text MHA to 741741	
	They offer support through texting for those that are experiencing fear, stress, an		
	anxiety, depression, panic, and isolation.		

mentalhealthmonmouth.org

Mental Health Association Of Monmouth County

"There is no health without mental health"

732-542-6422

• FINANCIALLY AFFECTED BY COVID-19?

- MHA of Monmouth County's Financial Success Center is here to help!
- Find out if you are eligible to receive a gift card for food, personal items or transportation. Need help finding the services that you are eligible for right now?
- Looking to talk to someone that can help you budget your current income?
- Need to look for work or update your resume?
- MAKE AN APPOINTMENT: Please contact Carmen Rivera at 732-788-6029 crivera@mentalhealthmonmouth.org OR Jenny Kern at 732-508-0926 jkern@mentalhealthmonmouth.org





WE'RE LISTENING: 732-542-6422 • 732-845-2070

We're helping Monmouth County residents navigate the COVID-19 crisis.

In collaboration with the Monmouth County Board of Chosen Freeholders and Monmouth ACTS, the Mental Health Association of Monmouth County is connecting residents to a licensed counselor who can provide up to 6 telephone emotional support sessions.

Are you a licensed professional and interested in volunteering? Contact us to help - bilingual professionals are needed.

732-542-6422 mha@mentalhealthmonmouth.org www.mentalhealthmonmouth.org



Whether you need guidance, resources, mental health support, or just someone to talk to, we are here for you. Call 732-542-6422 • 732-845-2070 Monday - Friday from 9 a.m. to 5 p.m.

STAY SAFE. STAY WELL. STAY CONNECTED.



Additional Hotlines

- SAMHSA's National Helpline: 1-800-662-HELP (4357)
- SAMHSA's Disaster Distress Helpline: 1-800-985-5990 or text TalkWithUs to 66746
- Partnership for Drug-Free Kids: Call 1-855-378-4373 or visit: <u>https://drugfree.org/</u>
- <u>National Suicide Prevention Lifeline</u>: Call 1-800-273-8255 or visit suicidepreventionlifeline.org
- Veterans Crisis Line: Call 1-800-273-8255 and press 1 or visit veteranscrisisline.net

<u>Rutgers UBHC</u> offers telephonic peer support lines. They are a resource for individuals with struggling with substance use, are in recovery, or need support and may feel isolated at this time.

- <u>New Jersey Peer Recovery</u> 8AM-8PM on 3/26/20 the hours are being extended to 10PM for individuals with substance abuse problems or those in recovery needing support: 1-833-422-2765
- <u>Vets4 Warriors</u>- 24/7 National Program for veterans who have served in wars-1-855-838-8255
- Vet 2 Vet any NJ veteran 24/7 1-866-838-7654
- Mom 2 Mom-mothers with special needs children 8AM-8PM -1-877-914-6662
- **Care 2 Caregiver** with family members who are caring for family member with memory loss, Alzheimer's, dementia or a related disorder 8AM-8PM 1-800-424-2494
- Cop 2 Cop 24/7 law enforcement officers 1-866-267-2267
- Worker 2 Worker for DCP and P workers 8AM-8PM-1-855-327-7482
- <u>Aid NJEA</u>- school staff members and their families Monday-Thursday 12PM-8PM; Fridays 12PM-6PM 1-866-243-6532

Additional Family Resources

- <u>PerformCare:</u> Full-service, behavioral health managed care organization for youth and families dealing with behavioral health, intellectual, developmental disability service's needs & substance use treatment. 24 Hours a Day / 7 Days a Week 877-652-7624
- SPAN: Parent Advocacy Network. 8 am 4pm
 800-654-7726
 link: <u>https://spanadvocacy.org/about</u>
- <u>AA meetings</u> are being held online and can be found through the following link: <u>http://aa-intergroup.org/directory.php</u>
- CARC

732-774-3282

- 913 Sewall Av, Asbury Park
- o <u>carcnj.org</u>
- Monmouth Arts resource link: <u>https://www.monmoutharts.org/resources</u>



PerformCare

Helping families across New Jersey

PerformCare is the single point of entry for the New Jersey Children's System of Care (CSOC). Help is available for children, adolescents and young adults (up to age 21) seeking behavioral health, intellectual/developmental disability, or certain substance use treatment services.

Available 24 hours a day, 7 days a week - 1-877-652-7624

Families should call if their child's behavior has changed or if they are overwhelmed by challenges at home or in the community. Some common reasons to call PerformCare include:

- Depression and/or anxiety.
- Bullying or being bullied.
- Substance use.
- Inattention or hyperactivity.
- Physical or verbal aggression. Intellectual/developmental
- Grief from major trauma.

· Oppositional or defiant behavior.

- disabilities.
- · Concerns from teachers.

Families can also visit PerformCare's website at www.performcarenj.org.

Child-centered care in the right place

No matter what the challenge, the Children's System of Care can help put your child on the path to a better quality of life. Depending on your child's needs. CSOC services include:

Mobile response to stabilize

Care management for intense

crisis situations.

and complex needs.

- Referral to counseling services.
 Behavioral supports for activities of daily living.
 - Family support for education and advocacy.
 - · Respite services for families.
- Assessments to determine your child's needs.
- Substance use treatment (up to age 18).

Contact us toll-free (parents, guardians and youth): 1-877-652-7624 or TTY: 1-866-896-6975

PerformCare is available 24 hours a day, 7 days a week, 365 days a year.

www.performcarenj.org/families



PerformCare associates are available 365 days a year to connect. eligible children to individualized care.

NJ Children's System of Care

www.performcarenj.org

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NJ Children's System of Care

Administered by PerformCare®

Online Portal for Developmental Disability Eligibility

PerformCare connects families to a full array of integrated services for children with developmental and intellectual disabilities. Working together with the New Jersey Children's System of Care, PerformCare has launched a new online portal at www.performcarenj.org. It provides families with easy access and is the first step to become eligible for developmental disability services.

The portal on www.performcarenj.org will help streamline the eligibility application process. This new online portal includes:

- A Web-based application process.
- Requests for application tracking.
- Contacts for support.
- Frequently asked questions.
- · Community information and resources.
- · Printable application forms to apply by standard mail.

Available for your family 24 hours a day, 7 days a week

With the online portal or a phone call, PerformCare can help connect an eligible family to the developmental disability services their child needs to thrive. PerformCare staff is available to help support families 24 hours a day, 7 days a week, at 1-877-652-7624.

For more information, visit www.performcarenj.org.









MonmouthCares has joined up with PFLAG Jersey Shore to offer a free LGBTQ social group for teens!

LGBTQ+ Teens 13-18 years old are invited to come hang out with us and connect with other peers in the area!

Group meets the 3rd Monday of every month, from 7pm-9pm.

How to register (*Individuals do not have to be enrolled in MonmouthCares to join):

- 1. Visit <u>MonmouthCares.org</u> and visit the Your Authentic Self tab under Resources on the toolbar.
- Click on <u>the link to receive emails/texts from PFLAG Jersey Shore</u> (this is how invitations and meeting notifications will be shared with participants).
- 3. Fill out the Informed Consent at the bottom of the webpage and hit submit!

Questions? Contact Amy Newhart at anewhart@monmouthcares.org







2021-2022	Activity	Time	To Register
Monday	Spanish Group "Nunca Solos"	6:00pm to 7:30 pm	Call Martha at 908-309-0212
Tuesday	Youth Partnership	6:00pm to 8:00pm	Call Shatiya at 732-754-8426
Tuesday	YP Parents Group Mix & Mingle	6:00pm to 8:00pm	Call Cinaida at 732-491-1077
Wednesday	Parent Focus Group	6:30pm to 8:30pm	Call Marie at 732-492-6239
Wednesday	Parents/Caregivers of	6:00pm to 8:00pm	Call Jennifer At 732-491-1596
Thursday	Support Group	5:00pm to 7:00 pm	Call Dawn at 732-589-6937

Our Mission

Family Based Services Association of NJ (FBSA) provides peer support, educates, and advocates on behalf of Monmouth County, NJ parents and families of children and youth with emotional, behavioral, mental health, or developmental disabilities and substance use.

Support... Educate... Advocate...

Support Groups are a place where families, parents, and caregivers can come to be encouraged, laugh, cry, and share with other families whose children are experiencing emotional and behavioral challenges.

If you have any questions or concerns, please contact Cinaida Anthony at 732-491-1077 or email canthony@fbsanj.org

Please register to receive zoom link invitation or information on when groups may be meeting at local parks (weather permitting) during the months of July through September.



RWJ Barnabas Health Institute for Prevention and Recovery

For You/Your Families/Your Students' Families:

- <u>NIDA's Toolkit for Out of School Time</u> offers science-based activities and resources on drug use and addiction for educating teens during out of school time (OST). The OST setting—before and after school, in the summer, or any time teens attend a supervised program outside of the typical school time—offers a unique opportunity for STEM (science, technology, engineering, and math) learning.
- https://teens.drugabuse.gov/teachers/out-of-school-time-toolkit
- Lesson Plan and Activity Finder from NIDA you name it, it is there

• <u>https://teens.drugabuse.gov/teachers/lessonplans</u>

Managing Stress and Anxiety during COVID-19

- https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html
- <u>https://emergency.cdc.gov/coping/index.asp</u>

Wellness Apps/Courses

- Headspace https://www.headspace.com/headspace-meditation-app
- Calm <u>https://www.calm.com/</u>
- Yale University's The Science of Well-Being: <u>https://www.coursera.org/learn/the-science-of-well-being</u>?

Shape America (check out the Mind and Body Calendars, At-Home Fitness Ideas)

<u>https://www.shapeamerica.org/covid19-resources.aspx</u>

Home workout Streaming Services

- YMCA (free): <u>https://ymcanyc.org/ymca-home</u>
- Paid Services w/free trials: <u>https://www.cnbc.com/2020/03/16/best-home-workout-</u> streaming-services-to-try-during-covid-19-pandemic.html

National Center for Families Learning

- <u>https://www.familieslearning.org/resources/out-of-school-time</u>
- https://www.familieslearning.org/resources

Teaching From Home

- <u>https://www.today.com/parents/how-homeschool-during-coronavirus-crisis-t176020</u>
- <u>https://www.actionforhealthykids.org/resources-for-schools-and-families-during-covid-19-</u>coronavirus/

Family Dinner Conversation Starters

- https://redtri.com/20-questions-to-ask-at-the-dinner-table/
- https://redtri.com/26-great-conversation-starters-for-honest-family-discussions/
- <u>https://www.urbanmommies.com/36-family-dinner-questions/</u>
- Zoom Tutorial to host or join meeting
- https://www.youtube.com/watch?v=JIRfIUH8ENw
- For Your YPC and Students:
- <u>Incorruptible.us</u>
- <u>https://incorruptible.us/</u>
- <u>https://www.tobaccofreenj.com/</u>

<u>Drug Facts Challenge</u> an interactive game using scientific facts about the brain and addiction, marijuana, vaping, and more

https://teens.drugabuse.gov/teens/games/drug-facts-challenge

<u>National Drug & Alcohol IQ Challenge</u> a short quiz available in English and Spanish which tests students' knowledge about drugs and alcohol

<u>https://teens.drugabuse.gov/quiz/national-drug-alcohol-facts-week/take-iq-challenge/2019?utm_source=ndafweblast&utm_medium=email&utm_content=nf&utm_term=NPnp&utm_campaign=ndafw-NDAFW2020</u>

<u>SmokeSCREEN</u> addresses the range of challenges that young teens face, with a dedicated focus on youth decision-making about smoking and vaping (conventional cigarettes, electronic cigarettes, flavored tobacco products), and includes strategies for both smoking



prevention and cessation. The play2PREVENT Lab at the Yale Center for Health & Learning Games received funding from the NIH and the FDA and generous support from the CVS Health Foundation to develop the program.

- <u>https://www.smokescreengame.org/</u>
- Request Access (free): <u>https://yale-</u>
- medicine.secure.force.com/learninggames?origin=smokescreengame

National Institute on Drug Abuse Kahoots covering a wide range of topics (substance use, vapes, stimulants, marijuana, prescription drugs)

<u>https://create.kahoot.it/pages/test/dea33ab0-584e-4ed0-9464-5a1ec01b22aa? =1584372908</u>

<u>MindMatters Series</u> developed by NIDA covers a wide variety of topic areas via different booklets, with each devoted to a specific drug or drug group. A teacher's guide is also included. The program is also available in Spanish.

https://teens.drugabuse.gov/teachers/mind-matters

<u>Choose Your Path Videos</u> developed by NIDA which allow the viewer to determine the path of the teenager in the depicted situation based on their selected choices

https://teens.drugabuse.gov/videos/choose-your-path

Physical and Mental Health:

- YMCA At Home (free videos) <u>https://ymcanyc.org/ymca-home</u>
- Headspace https://www.headspace.com/headspace-meditation-app
- Calm <u>https://www.calm.com/</u>



Rental Assistance Resources and Information

Affordable Housing Alliance

Housing Intake and Referral Assistance 59 Broad Street Eatontown, NJ 07724 Phone: (732) 876-3601 Phone: (732) 389-2958 aha-capintake@housingall.org https://ahacap.com/

Ocean Inc. Community Partners Relief and Recovery

Ocean County Administrative Office 40 Washington Street P.O. Box 1029 Toms River, NJ 08753 Phone: (732) 244-5333 Fax: (732) 349-4227 http://www.oceaninc.org/

Community Affairs & Resource Center

Executive Office 913 Sewall Ave Asbury Park, NJ 07712 Phone: (732) 774-3282 Fax: (732) 502-8955 http://carcnj.org/

Love INC

PO Box 847 Eatontown, NJ 07724 Telephone: (732) 542-7012 Fax: (732) 542-7315 info@loveincnj.org http://www.loveincnj.org/.

Interfaith Neighbors

810 4th Ave, Asbury Park, NJ 07712 Phone: (732) 775-0525 ext. 205 http://www.interfaithneighbors.org/

St. Vincent DePaul / St. Dorothea's

240 Broad Street Eatontown, NJ 07724 Phone: (732) 939-6225

Saint Marks

247 Carr Ave, Keansburg, NJ 07734 Phone: (732) 787-1075



Our Lady of Perpetual Help - Saint Agnes Church

141 Navesink Ave, Highlands, NJ 07732 Phone: (732) 291-0272

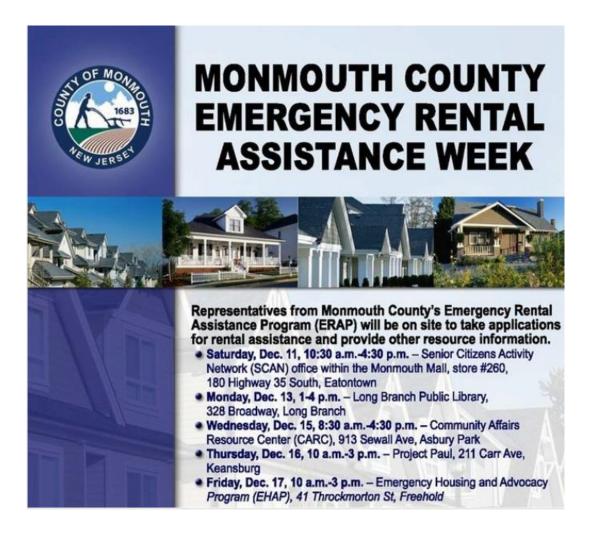
Open Door

39 Throckmorton St, Freehold, NJ 07728 Phone: (732) 780-1089

HABCORE

Phone: (732) 544-1975 ext.1 www.habcore.org

Lunch Break Phone: (732) 747-8577





Utility Assistance

AHA Utility Assistance

- <u>NjPowerOn.org</u>
- utilityinfo@housingall.org
- <u>United Way COVID-19 Community Economic Relief Fund</u> 866-211-9966 They will help with bills, rent & food. Provide zip code and they will give a list of local agencies providing assistance.\



OR IMMEDIATE RELEASE: December 3, 2021

County announces partnership with New Jersey SHARES to offer utility assistance through ERAP

FREEHOLD, NJ – Monmouth County has partnered with New Jersey SHARES to offer utility assistance to income-eligible tenants with up to 18 months of utility arrearages resulting from the COVID-19 pandemic through the Monmouth County Emergency Rental Assistance Program (ERAP).

"The Monmouth County ERAP program continues to find innovative ways to provide tenants and landlords with financial resources to help them recover from the COVID-19 pandemic," said Commissioner Director Thomas A. Arnone. "I want to thank our partners at New Jersey SHARES for working with us to provide this opportunity to our residents. Tenants affected will be able to access a variety of utility assistance options through New Jersey SHARES including but not limited to electric, gas, water, and/or similar expenses."

"Through this important partnership with Monmouth County, we welcome the opportunity to put our long-standing working relationship with the State's regulated utilities to work for the County's tenants," said NJ SHARES CEO Cheryl Stowell. "These important ERAP funds will provide up to 18 months of

732-982-8710



utility arrearage assistance for those tenants impacted by the COVID-19 pandemic and meet the program eligibility requirements. Tenants who have experienced a loss of income or significant financial hardship and are burdened with significant natural gas or electric bills can contact New Jersey SHARES directly for assistance."

Monmouth County tenants with outstanding utility bills can contact New Jersey SHARES by calling 1-866-657-4273 Monday through Friday 8:30 a.m. to 5:30 p.m. or by visiting their website at <u>https://njshares.org/monmouth-county-apply/</u>https://njshares.org/monmouth-county-apply/. Text messaging is also available – text HELP to 64405 to connect with a New Jersey SHARES customer service representative. Message and data rates may apply.

The purpose of the Monmouth County ERAP is to prevent evictions and homelessness by providing rental assistance for eligible households in Monmouth County making less than 80% of area median income (AMI) in accordance with the federal program guidelines.

"The County and its partners continue to work tirelessly to help identify potential applicants for the Monmouth County ERAP program and assist them with the application process," said Commissioner Deputy Director Susan M. Kiley. "If you or someone you know is in need of emergency rental assistance, please visit <u>www.monmouthcountyerap.com</u> or call (848) 801-1297 between 8:00 a.m. and 6:00 p.m. Monday through Friday or 8:00 a.m. and 1:00 p.m. on Saturday. If you need further assistance, you can also contact Monmouth ACTS at <u>www.monmouthacts.org</u> or call them at 732-683-2102."

The Monmouth County ERAP will allow eligible households to receive up to \$30,000 for rental costs incurred on or after March 13, 2020.

The County has received direct funding allocation in the total amount of \$38,410,914.20 from the United States Department of Treasury under the Emergency Rental Assistance Program ("ERAP 1", "ERAP 2" and "ERAP 2 High Need").

For more information, visit www.monmouthcountyerap.com or call (848) 801-1297 between 8:00 am and 6:00 pm Monday through Friday or 8:00 am and 1:00 pm on Saturday.



Pharmaceutical Resources

Aberdeen/Matawan

- Matawan Pharmacy (732) 705-3722
- Free Delivery

Allenhurst

- Quick Med Pharmacy (732) 897-1500
- Free Delivery

Asbury Park

- Home Drug Store Inc. (732) 774-3400
- Free Delivery

Atlantic Highlands

- Bayshore Highlands Pharmacy (732) 291-2900
- Free Delivery

Belmar

- Belmar Pharmacy (732) 280-1600
- Free Delivery

Colts Neck

- Colts Neck Pharmacy (732) 780-5480
- Free Delivery

Eatontown

- Allentown Pharmacy (732) 542-7773
- Free Delivery

Fair Haven

- Rumson Pharmacy (732) 842-1234
- Free Delivery

Farmingdale

- Provision Pharmacy (732) 333-0226
- Free Delivery

Freehold

- Poet's Corner Pharmacy (732) 409-1100
- Free Delivery

Hazlet

- Medicine Shop of Hazlet (732) 888-7900
- Free Delivery

Highlands

- Bayshore Pharmacy (732) 291-2900
- Free Delivery

Holmdel

- Bayshore Homecare Pharmacy (732) 888-0303
- Free Delivery



Howell

- Future Pharmacy (732) 431-8170
- Free Delivery

Keansburg

- Drug Smart Pharmacy (732) 769-5550
- Free Delivery

Keyport

- Savon Drugs (732) 263-0904
- Free Delivery

Little Silver

- Little Silver Family Pharmacy (732) 741-1121
- Free Delivery

Long Branch

- West End Family Pharmacy (732) 229-2400
- Free Delivery

Manalapan

- Future Pharmacy (732) 851-7100
- Free Delivery

Manasquan

- Campbell's Pharmacy (732) 974-2929
- Free Delivery

Marlboro

- Marlboro Village Pharmacy (732) 617-6060
- Free Delivery

Matawan

- Matawan Pharmacy (732) 705-3722
- Free Delivery

Middletown

- Sun Ray Drugs (732)671-0350
- Free Delivery

Monmouth Beach

- Diamonds Pharmacy (732) 222-1299
- Free Delivery

Neptune

- Garden Pharmacy (732) 922-4142
- Free Delivery

Red Bank

- Parker Family Health Center (732) 212-0777
- Emergency prescription financial assistance available to existing patient



Rumson

- Rumson Pharmacy (732) 842-1234
- Free Delivery

Shrewsbury

- Shrewsbury Avenue Pharmacy (732) 530-2880
- Free Delivery

Tinton Falls

- Village Drugs (732) 542-7455
- Free Delivery

Union Beach

- Savon Drugs (732) 264-0904
- Free Delivery

Wall

- Colfax Pharmacy (732) 280-3535
- Free Delivery

West Long Branch

- Steven Drugs Pharmacy (732) 222-4411
- Free Delivery



Monmouth County Pantries

<u>Aberdeen</u>

Matawan United Methodist Pantry | 478 Atlantic Av, Aberdeen | (732) 566-2996

- 2nd and 4th Tuesday 6:30pm-7:30pm
- Thursday 10am-11:30am

St. Joseph Church Pantry | 42 Wooley St, Aberdeen | (732) 290-1878

- 1st Thursday 9am-1pm
- No Delivery Service

<u>Allentown</u>

Allentown Food Pantry | 20 High Street, Allentown (609) 259-7289

- Mondays 10am-2pm
- Wednesday 10am-12pm
- No Delivery Service

<u>Asbury Park</u>

Dinners for Your Neighbors

- Asbury Park Dinner Table has partnered with three local churches FREE NO QUESTIONS ASKED – NO QUALIFIERS – NO ONE WILL BE TURNED AWAY
- You can pick up meals for yourselves and your families every evening between the hours of 5:00 6:00pm at the following locations... First come first serve
- Second Baptist Church 124 Atkins Av
- St. Stephens Amez 1001 Springwood Av
- United Fellowship Baptist Church 603 3rd Av

Free Food in Springwood Park Asbury Park | Drive up or Walk up | No ID required

- Fridays 10:30am-12:30pm
- 25lb box of produce plus milk available

Bethel Food Pantry | 119 Atkins Av, Asbury Park | (732) 918-2600 (Fulfill)

• Wednesday and Friday 10am-11:30 am



CARC | 913 Sewall Av, Asbury Park | (732) 774-3282 <u>FREE Mini Markets – Pop-ups</u> Will update as information becomes available

Faith Food Pantry | 1209 Bangs Av, Asbury Park | (732) 988-1816

• 2nd and 4th Saturday 9-11am

First United Methodist A.P. Pantry | 906 Grand Av, Asbury Park | (732) 775-2693

Closed

Jewish Family Services | 705 Summerfield Av, Asbury Park | (732) 774-6886

- Outdoor Food Pantry on the corner of Summerfield Avenue & Main
- Every Friday 10am-12pm

Lutheran Church of Atonement Pantry | 308 First Av, Asbury Park | (732) 776-5727

- 2nd and 4th Wednesday 10:30am-12:30pm
- No delivery service

Salvation Army Pantry | 605 Asbury Av, Asbury Park | (732) 775-8698

- Monday and Friday 9am-11am
- No delivery service

Second Baptist Church Pantry | 124 Atkins Av, Asbury Park | (732) 774-5347

- 2nd and last Saturdays 12pm-1:30pm
- Springwood Park

St Augustine's Soup Kitchen | 155 Prospect Av | Asbury Park | (732) 774-3069 Ms. Lucas

- Bagged lunch distributed in parking lot
- Sundays 12pm-1pm

St Peter Claver Pantry | 1419 Springwood Av, Asbury Park | (732) 775-4157

• Thursday 10am-1pm

Trinity Last Resort Pantry | 503 Asbury Av, Asbury Park | (732) 775-5084

- Tuesday 11am-1pm
- Saturdays hot meals served @ 11:30am-1pm

Victory Tabernacle of Prayer Pantry | 1325 Asbury Av, Asbury Park | (732) 455-5836

• 2nd and 4th Wednesdays 10am-1pm

Atlantic Highlands / Highlands

Our Lady of Perpetual Help Church | 141 Navesink Avenue (Rte. 36), Highlands| (732) 291-0272

- Shop a complete list of grocery items for curbside pick-up.
- This is a unique Food Pantry where clients can "choose" their groceries.
- Summer Hours:
 - \circ Sundays: 10:30 am to 11:30 am
 - Mondays: 5:30 pm to 6:30 pm



Navesink United Methodist Church | 96 3rd Av, Atlantic Highlands | (732)291—0485 Emergency food bags available for residents of Highlands or Atlantic Highlands

- Monday/Thursday 9am-11:15am@ church parking lot on 3rd Av
- Thursday 4:30-6pm @ lot in front of skate park between Snug Harbor Av and Central Av
- Please call and check their Facebook page for further information
- Handing out pre-bagged items only

<u>Belmar</u>

Calvary Baptist Church | 600 13th Av Belmar | (732) 681-0940

Tuesday 10am-12pm

Belmar Food Pantry | 1000 17th Av, Belmar | (732) 681-4413

• Tuesday, Wednesday and Thursday 10am-12pm

Bradley Beach

Bradley Food Pantry | 605 4th Av, Bradley Beach | (732) 775-0161

- Monday- Friday 10am-12pm
- Thursdays 6pm-7pm
- Handing out pre-bagged items only
- No Delivery Service

Cliffwood Beach

Providence Baptist Pantry | 15 Lincoln Av, Cliffwood | (732) 566-4430

- 3rd Saturday 8am-12pm
- No Delivery Service

Cream Ridge

Emley's Hill Good Samaritan Pantry | 69 Emley's Hill Rd, Cream Ridge | (609) 259-2166

• Call first until further notice

Eatontown

Eatontown Food Coop | 15 Meridian Dr. Eatontown | (732) 547-8359

- Open every other Wednesday 12pm-3pm
- No delivery service

St. Dorothea's Pantry | 240 Broad St, Route 71 Eatontown | (732) 542-0148

- Now offering Masses
- Open 2nd & 4th Wednesday of the month, Hours: 5pm-6:30pm
- 2nd & 4th Saturdays of the month, Hours: 9am-10:30am
- Delivery may be made available for vulnerable and disabled residents



Farmingdale / Howell

Howell Senior Center will deliver food to seniors from food pantry Please call for more information (732) 938-4500

The Mews Pantry | The Mews 2 Liron Lane, /Farmingdale (732) 919-6227

• 1st and 3rd Wednesday 2:30pm-4:30pm

Christ Church Pantry | 71 Oak Glen Rd, Howell | (732) 938-7500

- 2nd Saturday 8:30am-12:30pm
- No Delivery Service

Howell Food Pantry | 449 Adelphia Rd, Howell | (732) 938-2368

• Please call first! Pick- ups are for registered clients only

Freehold

St Rose of Lima Parish | 16 McLean St, Freehold | (732) 462-0859 or (908) 839-8508

- <u>www.stroseoflime.com</u>
- Non emergency hotline for information assistance and referrals.
- Comfort calls or food assistance
- Spanish and English

Neighbor Connections to Health/Fulfill

Freehold Family Health Center | 597 Park Av, Freehold

- Week to week operation
- All distribution locations listed on website with days and times
- Check "Where to get help flyer" at: www.freeholdboroughnj.org under: food updates
- English contact Carly Trill (908) 692-7338 or email Carly.trill@vnahg.org
- Spanish contact Karen Ubeda (732) 547-7274

NCTH Mobile Pantry:

- 2nd Wednesday of each month at:
 - o Freehold Family Center Parking Lot
 - o 597 Park Ave, Freehold
 - Hours: 2pm-3pm
- 4th Friday of each month at:
 - St. Rose of Lima Parking Lot
 - 16 Mc Lean Street, Freehold
 - Hours: 1:30pm-2:30pm
- All volunteers and participants must abide by social distancing recommendations.
- Large crowds not allowed
- We ask if you are sick or in a high-risk category, please stay home
- If at all possible, please leave children / additional family members home



Freehold Food Pantries – Due to recent changes in scheduling and distribution, please check Freehold Borough website for updates on the following at this time:

- New Hope Pantry | 28 First St, Freehold | (732) 780-9210
 - Open Door Pantry | 39 Throckmorton St, Freehold | (732) 780-1089
 - Tuesday and Thursday 10am-12pm in Broad St. parking lot
 - Monday and Wednesday 10:30-2:30 by appointment only
- Casa Freehold Pantry | 4 Jackson Street, Freehold | (732)409-3111
- YMCA | 41 Center Street, Freehold | (732) 845-5273
 Monday/Wednesday/Friday 10am-1pm in Vineyard Park

<u>Hazlet</u>

•

St. John's UMC Pantry | 2000 Florence Avenue, Hazlet | (732) 264-1236 Facebook page is facebook.com/StJohnsUMCFoodPantry

• Thursdays 5:30pm - 7pm

<u>Holmdel</u>

St Benedict |165 Bethany Road, Holmdel | (732) 264-5578

- St Vincent de Paul Society, extension 34
- Call ahead for information

<u>Keansburg</u>

Project Paul | 211 Carr Avenue, Keansburg | (732) 787- 4887

- Wednesday & Friday 9:45am -12:45am
- No Delivery Service

St. Marks | 247 Carr Avenue, Keansburg | (732) 787- 3520

- Serving lunch outside daily 12pm -1pm (takeout only)
- Pantry open Tuesday and Saturday 9am- 11am
- No Delivery Service

<u>Keyport</u>

Keyport Ministerial Food Pantry | 42 Elizabeth St, Keyport | (732) 888-1986

• Tuesday and Thursday 9:30am-11:30am

Keyport Delivery Resource | PO Ken Tiejen Memorial Foundation | (732) 795-0800

- Grocery delivery, Prescriptions, volunteers
- Assistance offered with grocery delivery and prescriptions for elderly seniors and homebound residents.



Little Silver

- Volunteer resource | PO Ken Tiejen Memorial Foundation | (732) 795-0800
- Shopping and delivering meals for seniors and those who are homebound. Foundation has partnered with local police to provide service. Call for details

Long Branch

Christ the King Pantry | 408 Prospect St, Long Branch | (732) 222-3216 x116

• Wednesdays 11:30am-1pm

First Baptist Pantry | 499 Bath Av, Long Branch | (732) 229-1453

- 2nd Thursday 12pm-4pm
- 4th Thursday 12pm-4pm
- No Delivery Service

St. Brigid's Pantry | 300 Broadway, Long Branch | (732) 222-1411

- Mondays and Wednesdays 11am-1:30pm
- Soup Kitchen Wednesdays 11am-1:30pm
- Please call to check times

St. Luke's United Methodist Pantry | 535 Broadway, Long Branch (732) 222-1341

- Every Friday 3pm-5pm
- Soup kitchen Tuesdays 4pm-5pm (takeout only)
- No Delivery Service

St Michael's | St. Vincent De Paul Pantry | 800 Ocean Av, Long Branch | (732) 483-0360

• 3rd Saturday 12pm-4pm

Manalapan / Marlboro / Morganville

Samaritan Center Food Pantry | 211 Route 522, | Manalapan | (732) 446-1142

- Closed
- If in need of food please call (732) 239-5986

Community Refuge Church | 4 Sobechko Rd | Manalapan | (732) 446-2230

- Host Pop-up Pantries periodically
- We will update when information is available

Monmouth Worship Ctr. Pantry | 37 Vanderburg Rd | Marlboro | (732) 332-9600

- Sundays 1pm-3pm
- And by appointment
- No Delivery Service

Hindu American Temple & Cultural Center | 31 Wooleytown Road, Marlboro | (732) 972-5552

- Call between 8:30-11:30am or 4:30-8pm to register
- Daily 5:30pm-7:30pm
- Packaged food available for drive-thru pick-up
- **<u>NOTE</u>**: Enter the 31 Wooleytown Rd. gate for pick-up & exit the same way



<u>Manasquan</u>

Hope Pantry Community Church | 23 Taylor Av, Manasquan | (732) 223-4115

• Sundays 1-2pm and by appointment

Manasquan Food Pantry | 16 Virginia Av, Manasquan | (732) 223-0898

- Monday and Tuesday 10am-1pm
- Thursday and Friday 1pm-4pm
- 3rd Thursday open until 6pm
- No delivery Service

<u>Matawan</u>

Matawan United Methodist Pantry | 478 Atlantic Av, Matawan | (732) 566-2996

- Thursday 10am-11:30am
- 2nd and 4th Tuesday 6:30pm-7:30pm

Matawan Food Pantry | 201 Broad St, Matawan | (732) 566-2663

• Last Saturday of the month 8am-12pm

<u>Middletown</u>

Calico Cat Pantry | 96 Kings Highway, Middletown | (732) 671-8775

- Wednesday 9am-12pm
- Pre-packaged bags for pick up outside only

Township of Middletown | Middletown Helps its Own | (732) 787-3604 www.mhio65@gmail.com

Neptune

FPC Food Outreach | 142 Oxonia Av, Neptune | (732) 775-8174

- 1st and 3rd Monday 5pm-7pm
- Wednesday 12pm-2pm
- Saturday 12pm-2pm

Greater Emanuel Food Pantry | 423 Drummond Av, Neptune | (732) 774-1963

- 2nd Tuesday 11am-3pm and 3pm-5pm
- 2nd Sunday 1pm-3pm

Mt. Olivet | 1707 Washington Av, Neptune | (732) 775-4333

- 1st Wednesday
- Please call to register first
- No delivery service

Jersey Shore Dream Center | 1710 Columbus Av, Neptune | (877) 391-5732

• Tuesdays and Wednesdays 11am-1pm

St Peter's Primitive Baptist Church | 211 Belmont St, Neptune | 732-988-3910

• 2nd and 4th Wednesdays 10am – 2pm



<u>Oakhurst</u>

Sephardic Bikur Holim Pantry | 200 Norwood Av, Oakhurst | 732-531-1117

• Call for food assistance

Ocean Grove

St. Paul's Ocean Grove | 81 Webb Av, Ocean Grove | (732) 775-1125

• Thursday 3pm-5pm

Red Bank

BPC Food Pantry | 247 Broad Street, Red Bank | (732)747-0446

- Monday 5:30pm-7:30pm
- Pre-packaged only
- Curbside pick-up only
- Only 1 family member per pick-up
- All are welcome / No proof of residency required
- No Delivery Service available

JBJ Soul Kitchen | 207 Monmouth Street, Red Bank | No calls please For information refer to the website: jbjsoulkitchen.org

- Open for Take-out for their in-need community only
- Meals ordered & distributed in the outdoor space only (limited menu)
- Mon/Tues Closed
- Wednesday Saturday 4:00pm-6:00pm
- Sunday 10:30am-11:30am
- No Delivery Service available

Lunch Break | 121 Dr. James Parker Blvd, Red Bank | (732)747-8577

- Non-perishable and monetary donations only
- Claire's Closet is suspended until further notice
- Food Pantry (bagged groceries distributed at back door only of the Client Choice Pantry)
- Mon/Tues/Thurs/Fri 10am-3pm
- Wednesday 10am-6pm
- Saturday 9am-12pm
- No Delivery Service available

Lunch Break Soup Kitchen

- Meals distributed "to go" at the blue doors of the dining room
- Continental Breakfast, Monday Friday 8:30-10am
- Hot Lunch, Monday Friday 11am-1pm
- Community Dinner, Fridays 6pm-8pm
- Saturday Breakfast, 10am-12pm

Parker Family Health Center | 211 Shrewsbury Ave, Red Bank | (732)212-0777

- "Mobile Pantry hosted by PFHC & Fulfill
- Every 1st Thursday of the Month
- Hours: 1pm-2pm
- Please bring your own bags
- Everything is offered for free
- No ID required



Pilgrim Baptist Church | 172 Shrewsbury Ave, Red Bank | (732)747-2343

- Host Pop-up Pantries periodically
- We will update when information is available

Red Bank Family YMCA | 166 Maple St, Red Bank | (732) 741-2504

• No service available at this time

Salvation Army | 180 Newman Springs Rd, Red Bank | (732) 747-1626

• Food Pantry by appointment only

St. Anthony's Pantry | 121 Bridge Av, Red Bank | (732) 747-0813

• Mon-Tues 6pm-7pm

Tinton Falls

Glad Tidings Pantry | 4012 Asbury Av, Tinton Falls | (732) 922-9189 Ehesek Hill

- 2nd Tuesdays 5-7pm
- 4th Mon 5-7pm

Collingwood SDA Pantry | 276 Shark River Road, Tinton Falls | (732) 922-1675

• 4th Monday 2pm-6pm

Union Beach

Faith Chapel | 1015 Union Av, Union Beach | (732) 264-5248 Ruth Allen

- Loaves and Fishes Emergency Pantry
 - 3rd Saturday 9am-1pm

Friends of Bayshore | (732) 320-2441 John Merla

- Delivery and food services
- Deliver meals, medicine, groceries and may pay for medication

RAINE Foundation | Reaching All In Need Every Day | (732) 865-3555

- Contact <u>www.rainefoundation.com</u>
- **RAINE** is a foundation created to assist children in crisis providing assistance with food, clothing, emergency housing and other necessities (732) 865-3555
- Serving the Bay Shore area including Keyport, Keansburg, Union Beach, Hazlet, Holmdel, Matawan and Middletown.

Wall

Abundant Grace Pantry | 4041 Squankum-Allenwood Rd, Wall | (732) 835-2726

- Wednesdays 3:30pm-5:30pm
- No Saturdays



West Long Branch

Ezekiel's Wheels | (732) 618-2440 | Rev. Sue

• Care packages, grocery shopping for homebound

Reformation Food Pantry | 992 Broadway, West Long Branch | (732) 229-9180

- Tuesday
 - Hours: 7pm-8:30pm
- Saturday
 - Hours: 8:30am-10am
- No Delivery Service

BLESSING BAG BRIGADE NJ | 125 Red Hill Road, Holmdel NJ

A non-profit organization dedicated to showing compassion and humanitarianism toward the homeless and those in need.

- They collect and distribute men's socks, snack foods, including breakfast bars, water bottles, shampoo, body soap, toothbrushes, travel sized toothpaste, lotion, deodorant, razors and more.
- They have more than 20 drop off locations in Monmouth County.
- Currently serving GRAB N GO lunches at St. Peters in Freehold Wednesday and Thursdays from 12pm-1pm.
- Please sign up at: https://www.sighupgenius.com/go/60b084fa9a92da4f49-stpeters

Blessing Bag Brigade will work with volunteers to deliver food to the elderly by request only, at: <u>www.blessingbagbrigadenj.org</u>

For more information follow them on FACEBOOK | Founder is Kevin P. Garrison



Free School Breakfast | Lunch | After-School Meals Information for Monmouth County

Hunger Free New Jersey | hungerfreenj.org

The U.S. Agriculture Department had <u>extended the program until June 30,</u> <u>2021</u>, past its normal end date, due to the coronavirus pandemic, and then said last month that it would end on Sept. 30. Tuesday's announcement said it would run through June 30, 2022, instead.

The New Jersey Department of Agriculture suggests families contact their district directly to see if they are participating and information about their individualized plan for the year.

"Each district is different and can approach this in a way that best meets their district needs," the New Jersey Department of Agriculture's spokesman said in an email.

Siblings of enrolled students and those who attend a charter school, technical school or an approved private school for children with disabilities may also be provided with free meals,

Special Pandemic-EBT Benefits Card Issued

In addition, special Pandemic-EBT (P-EBT) benefits are being provided to children who normally receive free or reduced-price school meals. For the 2019-2020 school year, benefits were sent to eligible families. Families received up to \$416.10 for each eligible student for nutritional support during the time that schools moved to remote learning during the pandemic.

For the 2020-2021 school year, P-EBT benefits in the amount of \$99.62 per eligible child are being issued for students receiving free- or reduced-price school meals and are attending schools with a remote learning schedule of at least 5 consecutive days. (This benefit is not available for students at schools conducting classes in person or a hybrid of in-person and remote that don't meet that definition.)

No application is necessary. The majority of P-EBT eligible families participating in SNAP will receive their benefit on their household's existing Families First EBT card. All other P-EBT eligible households were mailed a P-EBT card.

If you have not received your 2020-2021 P-EBT benefits, you should contact your school to confirm the address they provided. If the address is correct or you have your mail forwarded, please wait for the card to come in the mail. If the address is incorrect, call your <u>local county</u> board of social services for a replacement card. More information is available on the <u>P-EBT</u> page including answers to FAQs. *Lester Richens, Ed.D.*



A Letter from Monmouth County Superintendents

As district leaders, it is our responsibility to ensure that our school systems meet state and legislative mandates. Throughout the past 15 months as we grappled with a global pandemic, we have developed and implemented complex school re opening plans, relying upon medical expertise, Centers for Disease Control (CDC), and New Jersey Department of Health (NJDOH) guidance. We have worked tirelessly to ensure that our students return to our classrooms. Our outstanding faculty and staff, community partners, and local medical officials have ensured that we met and exceeded all requirements set forth by the guidance in the New Jersey Department of Education's blueprint for reopening schools in September, "The Road Back". Once deemed eligible by the state, we partnered with community medical centers to expedite the vaccination process for our school community members-faculty, staff, and students. Our work in ensuring a safe environment for all has been exemplary.

However, in carrying out the mandates set before us, we have struggled as leaders with confusing, and at times, contradictory guidance regarding masking, quarantining, isolation, and other intricacies brought forth throughout the COVID 19 pandemic. Inconsistencies between varying Executive Orders issued by Governor Murphy have placed members of our communities at odds with school administration-and, one another, over school-based requirements for children. For example, while one mandate requires students to remain socially distanced and masked, even when outside, another announcement is made that allows for no social distancing nor masks during outdoor graduation ceremonies. While athletes have been allowed to compete against one another unmasked, they have not been allowed to shake hands. Such contradictory expectations confuse our public and place school officials in the difficult position of navigating divergent expectations for the same school community. At times, these actions are in compliance with CDC requirements and at other times seem to be school specific. We share your frustration regarding these wildly inconsistent expectations.

As we look toward a normal return to school in September, we will continue to work collaboratively and with a unified voice at both local and state levels to mitigate inconsistencies in state guidance regarding the children we serve. We are united in requesting that Governor Murphy and state officials understand the implications of the divergent guidance regarding COVID-19 protocols for schools upon our children, especially the sharply differing expectations for masking. We will continue to push for measures that guard the safety of our students and staff while taking into consideration the rapidly evolving COVID-19 landscape. We will continue to amplify your voices to state leaders and ask that you continue to make your voices heard with your legislators. Together, we can ensure a vibrant start to the 2021-2022 school year in September.

Thank you for your continued support.

Monmouth County Superintendents

Note that on May 17, 2021, Governor Murphy <u>announced</u> that upon the conclusion of the 2020-2021 school year, portions of Executive Order 175 allowing remote learning will be



rescinded, meaning that schools will be required to provide full-day, in-person instruction, as they were

prior to the COVID-19 Public Health Emergency. The NJDOE and New Jersey Department of Health will share additional information regarding State requirements or guidance for health

and safety protocols for the 2021-2022 school year as it becomes available.

Asbury Park School District has returned to full-time, in person instruction as of 9/2021. Check website for updates. <u>www.asburypark.k12.nj.us</u>

Aberdeen-Matawan School District has resumed full-time classes for the 2021 school year. Check website for updates <u>www.marsd.org</u>

Eatontown School District is open for full time, in person learning effective 9/2021. Check website for updates <u>www.eatontown.org</u>

Fairhaven School District is open for full time, in person learning effective 9/2021. Check website for updates <u>www.fairhaven.edu</u>

Freehold School District has returned to full time, in person learning as of 9/2021. Check website for updates. <u>www.freeholdtwp.k12.nj.us</u>

Howell School District has returned to full time, in person learning effective 9/2021. Check website for updates. <u>www.howell.k12.nj.us</u>

Hazlet School District is open for full time, in person learning as of 9/2021. Check website for updates. <u>www.hazlet.org</u>

Holmdel School District is open for full time, in person learning as of 9/2021. Check website for updates. <u>www.holmdelschools.org</u>

Keansburg School District is open for full time, in person learning as of 9/2021. Check website for updates. <u>www.keansburg.k12.nj.us</u>

Keyport School District is open for full time, in person learning as of 9/2021. Check website for updates. <u>www.kpsdschools.org</u>

Long Branch School District is open for full time, in person learning as of 9/2021. Check website for updates. <u>www.longbranch.k12.nj.us</u>

Little Silver School District is open for full time, in person learning as of 9/2021. Check website for updates <u>www.littlesilverschools.org</u>

Matawan-Aberdeen School District has resumed full time, in person classes for the 2021/22 school year. Check website for updates. <u>www.marsd.org</u>

Middletown School District has resumed full time, in person learning for the 2021/22 school year. Check website for updates. <u>www.middletown.k12.org</u>

Manasquan School District has resumed full time, in person learning for 2021/22 school year. Check website for updates. <u>www.manasquanschools.org</u>



Marlboro Township School District has resumed full time, in person learning for 2021/22 school year. Check website for updates. <u>www.mtps.org</u> and <u>www.marlboroschools.org</u>

Neptune School District has resumed fill time, in person learning for 2021/22 school year. Check website for updates. <u>www.neptuneschools.org</u>

Oceanport School District has resumed full time, in person learning for 2021/22 school year. Check website for updates. <u>www.oceanportschools.org</u>

Red Bank School District has resumed full time, in person learning for 2021/22 school year. Check website for updates. <u>www.rbb.k12.nj.us</u>

Rumson School District has resumed full time, in person learning for 2021/22 school year. Check website for updates. <u>www.rumsonschool.org</u>

Tinton Falls School District has resumed full time, in person learning for 2021/22 school year. Check website for updates. <u>www.tfschools.org</u>

Wall School District has resumed full time, in person learning for 2021/22 school year. Check website for updates. <u>www.wall.k12.nj.us</u>

West Long Branch School District has resumed full time, in person learning for 2021/22 school year. Check website for updates. <u>www.wlbschools.com</u>



Food Delivery/Pick-up Resources & Services in the Monmouth County Area

Meals on Wheels | (732) 775-0525 | www.interfaithneighbors.org

- Meals on wheels is providing a Noonday meal.
- In response to the COVID 19 health crisis, many enhanced personal facility and vehicle safety protocols have been added to ensure safety of all volunteers, staff and seniors.
- Please understand that the delivery system is under stress at the moment.
- Contact Meals on Wheels to join their program.

Umbrella | (844) 402-2480 | https://www.askumbrella.com/services

- Contact-free grocery & medication delivery available nationwide
- Individuals can provide shopping list or ask for a pick-up for an order already placed
- They will charge your credit card the cost of the essentials (if they shop for you) plus a \$10 suggested contribution to support their COVID response efforts after the delivery is completed
- To request a delivery or to find out if service is available in your area:
 - Call: (844) 402-2480
 - Sign-up online : <u>https://www.askumbrella.com/request-delivery</u>

Instacart.com | <u>www.instacart.com</u>

- Instacart now has "Leave at My Door Delivery" available to all customers.
- With Instacart, you can shop at the following:
 - o Acme,
 - o Aldi
 - ∘ BJ's
 - CostcoCVS
 - CVSFoodtown
 - Petco
 - Sam's Club,
 - Shoprite
 - o Target
 - Wegmans
 - o Deans Market

Peapod.com | www.peapod.com

• Operated by Stop 'n Shop

Uber Eats Delivery	www.ubereats.com
Grub Hub Delivery	www.grubhub.com
Door Dash Food Delivery	www.doordash.com
Bring Me That Food Delivery	www.bringmethat.com
Steaks and Seafood delivered to your door	www.madeyouhungry.com
Healthy Meals delivered ready to eat	www.mamasezz.com
Healthy Meal Kits ready to cook:	www.hellofresh.com & www.homechef.com



Food Delivery/Pick-up Businesses in the Monmouth County Area

MV Silveri and Sons Inc. |1095 Towbin Ave, Lakewood | (732) 818-0107

Wholesale Produce Distributor providing Home Bulk Delivery services to families. <u>To set up an account - Please email them your full name, delivery address, and phone number.</u> <u>They'll create an account number for you.</u>

Their online store is open you can shop away, checkout, and pay by credit card. After your order is placed allow 2-4 Business Days for delivery of your products. Click on "Direct to Consumer" <u>https://www.mvsilveri.com/</u>

You can also follow them on Facebook for news & updates. https://www.facebook.com/mvsilveri/

- Office Hours 8am-4pm
- Tel. 732-818-0107 / Fax 732-818-0109 / Email mikejr@mvsilveri.com
- \$125 minimum for delivery call or email by 10pm for next day delivery
- \$50 minimum for pick-up @ their warehouse (you'll see a sign for pick-up at rear of building) – please call ahead for pick-up 732-818-0107

A&J Produce Co. |506 Atkins Ave, Neptune | (732) 774-7755

Local and family owned produce distributor open to the public

- ajproduceco@yahoo.com
- https://ajproduceco.wixsite.com/home
- Monday Friday 6am-4pm
- Saturday 6am-1pm
- Pick-up available
- Delivery available

Cutler Produce Wholesale and Delivery | 749 Hope Rd, Eatontown | (732) 380-0620

- <u>www.cuttlerproduce.com</u>
- Order online
- Delivery available

JBJ Soul Kitchen | 207 Monmouth Street, Red Bank | No calls please For information refer to the website: jbjsoulkitchen.org

• You can now enjoy JBJ Soul Kitchen meals at home and continue to support their

mission of helping feed families in the community.

- They now offer delicious and healthy three-course meals TO GO via GloriaFood's online ordering system.
- The Link is: <u>https://jbjsoulkitchen.org/to-go-meals/</u>
- Choose your favorites and pick them up curbside at either location:
 - o Red Bank
 - o Toms River



- Each \$20 entree comes with your choice of soup or salad AND one dessert. In addition, kid entrees are now complimentary with a purchase of one regular entree.
- Please note, when ordering on this system you must purchase at least one entrée for your order to be accepted in the system

Water Witch Coffee | 67 Waterwitch Av, Highlands | (732) 204-2694

- www.waterwitchcoffee.com
- Local and family owned café currently providing produce and prepared meals for sale
- Open 7am 5pm everyday

<u>Important:</u> NJ SNAP recipients will be able to use their benefits card to order groceries from Amazon starting on May 27.

Walmarts, ShopRites and The Fresh Grocers that that provide online shopping will also accept online ordering with SNAP benefits starting on May 28.

- Recipients will be able to use their Families First Electronic Benefits Transfer card to purchase eligible groceries from the participating retailers.
- Under federal rules, SNAP benefits cannot be used to pay for delivery fees.
 - For Amazon, recipients can visit <u>Amazon.com/SNAP</u> to register their EBT card.
 - For Walmart, recipients can visit <u>https://www.walmart.com/ideas/discover-grocery-pickup-delivery/walmart-grocery-pickup-accepts-snap-ebt-payments/355540</u> to learn about Walmart's SNAP online program.
 - For ShopRite, recipients can visit <u>https://shop.shoprite.com/globaldata/banner-pages/shoprite-from-home</u>
 - For The Fresh Grocers, recipients can visit <u>https://shop.thefreshgrocer.com/</u>
- Any Walmart, ShopRite or The Fresh Grocers that currently provides online shopping will also accept online ordering with SNAP benefits.\
- "For those New Jersey families who may have difficulty getting to the grocery store and that may be for a variety of different reasons -- using SNAP benefits online can make the basics of feeding yourself or your family a little less complicated," said Human Services Assistant Commissioner Natasha Johnson, who directs the Division of Family Development that oversees NJ SNAP. "We continue to urge residents to visit <u>njhelps.org</u> to learn more and apply for food assistance and other benefits."



Walmart

- Grocery delivery orders taken between 11am-7pm
- Place orders online or by using Walmart app choose pick up or delivery

Target

• Orders placed online only

ShopRite

- Delivery orders placed online only
- Must sign up using ShopRite card number

Foodtown

- Foodtown On the Go store now available for home delivery services
- To place an order, contact your local Foodtown for more information
- Orders can be placed on-line

Stop and Shop

• Delivery and pick up orders operated by Pea Pod

Lidle Market

- Delivery available with a membership at Shipt.com.
- Membership fee is now \$49.00, regularly priced at \$99.00

Aldi Grocery Stores

• Delivery operated by Instacart.com

Dearborn Market

- Regular delivery of gift baskets (including dry food)
- No grocery delivery or pickup service

Dean's Market

- Order online at shrewsburyorders@deansnaturalfoodmarket.com
- Delivery service operated by Instacart.com

Delicious Orchards

- Mail order department operating as scheduled
- No perishable items shipped
- Regular store hours 9:30am-6pm (closed Monday)

Wegmans

• Delivery Service operated by Intacart.com

Whole Foods

- Delivery available through Amazon Prime
- Sign onto prime account and click Whole Foods



Eat Clean Bro |260 South St, Freehold | (866) 258-1890

www.eatcleanbro.com

- View menu online and choose from selection of over 50 meals
- Free delivery within 15 miles of local kitchens.
- Any delivery over 15 miles will charge a \$10.00 fee
- o Delivery and pickup schedule available online

Two River Dairy LLC | 517 S 7th Av, Long Branch | (732) 973- 4818 www.tworiverdairy.deliverybizpro.com

- Sign up for service and choose your product online
- Delivered to your door.
- Details available on website

Wild Alaskan Company | www.wildalaskancompany.com

• Wild Alaskan Company is a Delivery Service that connects you to quality seafood. Sign up for a monthly seafood membership on their website.

Wildzora will stock your pantry | www.wildzor.com

- o Wildzora offers freeze dried real food meals and snacks.
- Backordered products shipping in 4-8 weeks until further notice

Thrive Market | www.thrivemarket.com

- Your favorite organic & non-GMO brands up to 50% off delivered to your door.
- Every paid membership sponsors a free one for a low income family.
- 100% recyclable packaging and zero-waste warehouses
- One year membership is \$5.00 per month billed yearly

Freshii | 838 State Route 35 Middletown 07748 | www.orderfreshii.com

• Offering curbside pickup

Monmouth Meats | Monmouth Street, Red Bank | www.monmouthmeats.com

- o Call in order at (732) 741-5292
- Offering curbside pickup
- Menu available online

Belford Seafood Co Op | 901 Port Monmouth Rd, Belford | (732) 787-6508

- o Call in order at (732)787-6508
- o Curbside pickup only

Absurd Organics | www.absurdorganics.com

Absurd organics usually does not do "grocery" delivery but during COVID19, we've paused to assist in stopping the spread with a Market/Supermarket hybrid grocery delivery service.

Misfits Market | www.misfitsmarket.com

- Ugly, imperfect produce.
- Always fresh, sometimes normal

Panera | www.panera.com

- Panera Grocery is an alternative to ordering in-demand food items.
- They offer groceries such as the following: Breads, bagels, milk, Greek yogurt, yogurt tubes, cream cheese, apples, avocados, blueberries, grapes, and tomatoes.
- Select the Panera Grocery option on the website.



Staples | <u>www.staples.com/freshgroceries</u>

- The office supply store is selling pounds of bananas, oranges and apples starting at \$9.49
- Bagels, cheese, yogurt, other dairy products, bacon, and guacamole also available

Balance by Bistro MD | www.mybalancemeals.com (844) 411-2252

- No minimums
- No memberships
- Prepared meals and snacks delivered to your door
- Dietary needs and allergies can be accommodated

Local 130 Seafood | 1305 Memorial Drive Asbury Park | (908) 783-2325

- <u>www.localseafood.com</u>
- Offering Next Day Delivery Service
- Shop retail in Asbury Park location



Baby Formula / Infant Needs /Senior Nutrition Resources:

Bayshore Family Success Center | 945 NJ-36, Leonardo| (732) 497-3811

- <u>familysuccess@ymcanj.org</u>
- Located in the Henry Hudson Trail Activity Center
- Pop-up Baby Pantry (diapers, formula and wipes)
- The Pantry is open on the first Friday of every month
- Please call (732.497.3811) or email us (<u>familysuccess@ymcanj.org</u>) to register by 7pm on the Thursday before each pop up.
- Contactless pick up in their parking lot.
 - Next date: December 3, 2021
 - Hours: 10am-1pm
- For more information, visit: ymcanj.org/event/baby-pantry-contactless/?instance_id=2689

Child Care Resources (Diaper Bank)

- <u>www.ccrnj.org</u>
- Contact person: Chelsea Sheedy
- 732-918-9901 x113
 - Families are eligible to receive diapers on a monthly basis with an agency referral

<u>WIC</u> / <u>VNANJ</u>

88 Main Street, Belford 07718 (732) 471-9301

http://www.vnahg.org/wic

- NJ Early Intervention System (NJEIS) is still be offered, which provides services & supports for families with children ages infant to 3 years, who have developmental delays or disabilities via Telehealth. Call the toll-free number, 888-653-4463 or contact Kristina Montague, Referral Unit Manager, via email: <u>kmontague@cjfhc.org</u> or Cynthia Newman, Regional Director, via email: <u>cnewman@cjfhc.org</u>.
- Pregnancy / Breastfeeding COVID-19 guidance available 202-232-5492
- Further information is available on their Facebook page
- NJ WIC is open for business and services are now available by phone. During the COVID19 pandemic, participants will continue to receive benefits. At this time, WIC is allowing additional food items. Call your local WIC office.

<u>Similac</u> –

Not providing for free at this time, however working on keeping inventory in stores. There is a samples / savings program parents can sign-up for: **https://similac.com/strongmoms** Currently still available for direct-ship, home-delivery.

To order Similac, visit major retailers below:

Walmart.com	Target.com
Amazon.com	Costco.com
<u>Sam's.com</u>	<u>BJ's.com</u>

A Message from the makers of Similac:

The safety of our customers is at the forefront of everything that we do. While health and safety standards and procedures are followed daily at our manufacturing facilities, we want to make you aware of the extra precautions we are taking to ensure everyone stays healthy during this heightened concern about COVID19.



A Message from the makers of Enfamil:

We have added precautionary measures to every step of our formula making process. We will continue to implement advanced risk management strategies as the situation evolves in order to protect and serve our community. Join Enfamil Family Beginnings program to get baby formula coupons and other savings

Order online at Walmart, Target, or Amazon

A Message from the makers of Gerber:

We want to reassure families that we are here to navigate the COVID19 situation and ensure families can access our nutritional formulas, foods and beverages as the response to the pandemic evolves.

Families can find information about discounted products on our website <u>www.gerber.com/coupons</u>

IMPORTANT NOTICE REGARDING BABY FORMULA:

UNDER NO CIRCUMSTANCES should parents water down baby formula because the exact formulation is needed to give babies enough calories and adding water to formula can cause a dangerous drop in baby's sodium level. This could lead to serious complications such as seizures.

If you find yourself in an emergency where you need formula and are unable to access it through deliver, the American Academy of Pediatrics recommends the following:

Feeding America is a non-profit network of 200 food banks. Many provide free baby food and infant formula. Find your local food bank.

Dial 2-1-1 to be connected to a community resource specialist who can help you find local resources.

Pet Nutrition Resources:

MCSPCA

- Staff available for pet tips as owners return to work.
- Visit Monmouth County SPCA



Farmer's Market (Open Air) in the Monmouth County Area

Aberdeen / Matawan

Samaha's Farm | 704 Lloyd Rd Aberdeen | (732) 566-2474 Closed for the season. Reopening in the spring

Atlantic Highlands

Atlantic Highlands Chamber of Commerce Farmers' Market Location 111 First Avenue Atlantic Highlands, NJ 07716

Website: http://www.AtlanticHighlands.org

Closed for the season. Reopening in June 2022

Asbury Park

Asbury Fresh | Kennedy Park, Asbury Park

CLOSED FOR THE SEASON. REOPENING IN MAY 2022

KENNEDY PARK ASBURY PARK, NJ 07712

<u>Englishtown</u>

Closed for the season. Reopening in spring 2022

Farmingdale

<u>Collinwood Market</u> | N Atlantic Av Farmingdale | (732) 938-7941 Open Saturdays year round 8:00 am – Noon

Freehold

Downtown Freehold Farmers Market - Jersey Fresh | 1E Main Street Hall of Records, Freehold

Farmer's Market is closed for the season. Reopening in 2022

The DowntownFreehold.com Farmer's Market is a fantastic community event for all to benefit from; with the goal of establishing a consistent and reliable source for people in our community to have access to healthy locally grown food. We bring Jersey Fresh vendors right to the center of



town every Friday 11am – 4pm in front of the Hall of Records! Buy sun-ripened, freshly picked fruits and vegetables directly from the farmers who grow them. Along with a large selection of locally grown seasonal crops, Farmer's Market visitors will be able to purchase freshly baked goods, flowers, honey and more July – October!

The DowntownFreehold.com Farmer's Market vendors accepts EBT and SNAP.

Holmdel

Bell Works Fresh Outdoor Market

101Crawfords Corner Rd, Holmdel

DATES/TIMES/LOCATION

WEDNESDAYS 11AM-4PM 03/17/21 THROUGH 12/22/21

BELL WORKSBELL WORKS (INSIDE "ON THE BLOCK") HOLMDEL, NJ 0

Keyport

Keyport Farmers Market Fireman's Parking Lot, West Front Street Keyport, NJ 07735

Closed for the season. Reopening in 2022

Lincroft

Capelli Farms 1537 W. Front Street, Lincroft (732) 796-2684

Closed for the season. Reopening in 2022

capellifarms@gmail.com 732-796-2684

Office: 732-615-0371

Long Branch

West End Farmer's Market | 607 Ocean Ave, Long Branch Av (West End Park)

Closed for the season. Reopening in 2022

Please check their Facebook page for update

<u>Manasquan</u>

Atlantic Farm Market 1506 Atlantic Av, Manasquan | (732) 528-8660 |

Closed. See letter below



Atlantic Farms

Thank you all for 32 years of friendship and support!

The Tobia family and staff of Atlantic Farms would like to take this opportunity to thank you all for your support, friendship and patronage for the past 32 years.

It is with heavy hearts after various business and personal circumstances, Atlantic Farms will no longer be in operation.

It has been an extremely difficult decision to close our doors and fields to all of you. Our rescued farm animals are dear to our hearts as they are to you and we have found new homes on private farms and other petting farms for all of them. The care and welfare of our animals is extremely important to us and their new homes were carefully selected.

With farming roots dating back over 100 years, Atlantic Farms has become an integral part of the Wall Township community - even our very own and beloved dairy cows, Annie and Daisy became the official mascots! We will forever cherish the memories and traditions we created and shared with all of you. It has been so rewarding and an incredible experience providing entertainment, education and enjoyment for you and your families.

Through the years, we have had the privilege to farm over 300 acres in the community as well as help protect its rural history and open space. We are so grateful to the many opportunities that made us who we are today: our farm animals, pick your pumpkin season, providing hayrides at various town events, participating in the Belmar St. Patrick's Day Parade as well as becoming involved as a sponsor for many sports teams, activities, helping the Wall Township Police K9 Unit and so many more.

There will be a farm auction on April 25th, 2020 to sell our tractors, trucks, equipment, antiques and other items.

There will be more information to follow in the coming weeks.

Atlantic Farms has left an indelible mark on the community - thanks to you who have been a part of our farm's history.

We will miss all of you, our valued customers, clients and community. Thank you. Sincerely,

John Tobia, Owner The Tobia Family Our Atlantic Farms Staff



Red Bank

Opening on Mother's Day 2022 Red Bank Farmer's Market | 2 Bridge Avenue | (732 530-7300 On the corner of West Front St. and Bridge Ave in the Galleria Red Bank Park

Closed for the season. Reopening in spring 2022

Tinton Falls

<u>Jersey Shore Premium Outlets Outdoor Market</u> | 1 Premium Outlet Blvd, Tinton Falls CLOSED FOR THE SEASON. REOPENING IN 2022

JERSEY SHORE PREMIUM OUTLETS 1 PREMIUM OUTLET BLVD TINTON FALLS, NJ 07753

<u>NOTE:</u> ALL of the information listed on this document is updated to the best of our ability. Supply and staff / volunteer challenges may cause changes in resource services periodically. Please be advised that information for all of the listed resources can be changed at a moment's notice and we will continue to strive for the most accurate and up-to-date information as possible. Thank you.