

# Learn the Latest: The Impact of the Budget Bill on Medicaid

**Connor Griffin, MPH** 

Director of Health Care Advocacy
The Arc of New Jersey
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healthcareadvocacy@arcnj.org



#### **Medicaid Basics**

- A jointly funded federal-state health insurance program that provides comprehensive healthcare coverage.
- "NJ FamilyCare" is New Jersey's Medicaid program.
- In New Jersey, more than **1.8M individuals** on Medicaid.
  - o More than **300,000 individuals** on Aged, Blind, Disabled (ABD) Medicaid
- The primary source of health care coverage for many people with intellectual and developmental disabilities (IDD)



## NJ Medicaid Programs

- There are 2 main types of NJ FamilyCare Medicaid:
  - 1. "Affordable Care Act" (ACA) Expansion or "Modified Adjusted Gross Income" (MAGI) NJ FamilyCare Medicaid
  - 2. Aged, Blind, Disabled (ABD) NJ FamilyCare Medicaid
- Most adults with IDD have ABD Medicaid.

NJ FamilyCare Aged, Blind, Disabled Programs





### **ACA Expansion Medicaid**

- Insures children under 19 (including the Children's Health Insurance Program), lower income adults, and pregnant women
- Eligibility is based on monthly household income.
- Maximum gross income of \$1,800/month for a single adult (2025)
- Cannot qualify if a person has Medicare or generally if you are claimed as a dependent your parents' taxes.
- ABD Medicaid is often a better option.





#### **ABD Medicaid**

 Insures people 65 and older, adults 19-64 who have Medicare, and people determined blind or disabled by Social Security, or the state.

#### ABD Medicaid Programs:

- Supplemental Security Income (SSI) Medicaid
- o "DAC" Medicaid (when a person comes off SSI)
- New Jersey Care Special Medicaid
- NJ WorkAbility
- Managed Long Term Services and Supports (MLTSS)
- "Non-DAC" or "Medicaid Only" via the DDD Waiver Unit

NJ FamilyCare Aged, Blind, Disabled Programs



# H.R. 1 ("One Big Beautiful Bill Act")

- The federal reconciliation bill "OBBA" was passed by Congress and signed into law by the President on July 4th.
- Largest impact of the bill: Medicaid cuts
- Congressional Budget Office (CBO) estimated over \$1
   trillion in cuts over the next 10 years.
- Largest cost savings from new eligibility requirements, which reduce Medicaid enrollment, and cutting provider payments.





### **Update from NJ DHS**

- The NJ Department of Human Services
   (DHS) provided a detailed overview during
   the Medical Assistance Advisory Council
   (MAAC) meeting on July 17th.\*
- Greg Woods, Assistant Commissioner of the Division of Medical Assistance and Health Services (DMAHS) and the Medicaid Director, provided a presentation on OBBA.
- Access the MAAC meeting slides
- View the MAAC meeting recording



\*Information in these slides is based on the 7/17 DHS update.



#### Who will be Affected?

- OBBA primarily targets the Affordable Care Act (ACA) Expansion Medicaid population - working age adults 19-64.
- Individuals enrolled on ABD Medicaid <u>will not</u> be directly affected by two main provisions in the bill:
  - Mandatory Work Requirements (working age adults 19-64): must work 80 hours/month or otherwise be completing 80 hours/month community service or attending school 80 hours/month
  - 2. **Increased Frequency of Eligibility Checks**: Medicaid eligibility must be redetermined every 6 months (twice a year), instead of every 12 months (once a year)



# **Work Requirements**

#### Who is exempt?

- Pregnant and postpartum members
- Individuals considered "medically frail", <u>likely</u> including individuals with serious mental illness, substance use disorder, and intellectual/developmental disabilities.
- Incarcerated or recently incarcerated individuals
- Foster youth and former foster youth under the age of 26
- Parents or caregivers of dependent children under 13 and individuals with disabilities
- Certain other groups (See the MAAC slides).
- States must implement by December 2026.



### 6 Month Eligibility Checks

- Medicaid agencies must redetermine eligibility for the ACA Expansion group once every 6 months (twice a year).
- Since the ACA Expansion group is subject to the work requirements, most Expansion adults will need to prove they meet requirements twice a year.
- Effective for determinations occurring on or after Dec. 31, 2026
- Does not apply to individuals enrolled on SSI or ABD Medicaid



# **OBBA - Other Key Provisions**

- 1. Restrictions on provider taxes and state-directed payments (07/04/2025)
  - Billions of lost dollars in federal revenues that are used to support Medicaid and the healthcare system in New Jersey.
  - Significant loss of funding for Medicaid providers (such as hospitals)
- 2. Elimination of Medicaid eligibility for certain categories of documented immigrants (10/01/2026)
  - More Medicaid members will lose their coverage
- 3. Changes to "retroactive" Medicaid/CHIP eligibility (01/01/2027)
  - Reduced to <u>1 month</u> for ACA Expansion members
  - Reduced to <u>2 months</u> for all other members
- 4. Mandatory cost-sharing (co-pays) for certain members (10/01/2028)
  - More financial burden on Medicaid members



### Financial Impacts

- Overall, OBBA will result in reduced payments for Medicaid providers, less federal funding for NJ, and more financial burden on the state and counties.
- The state is in the process of analyzing the extent of the budgetary impacts over the coming years, including the financial losses for Medicaid.
- Right now we do not know how OBBA will impact Medicaid services.
- If the state faces budget hardships, <u>optional</u> Medicaid benefits such as Home and Community Based Services (HCBS), vision, and dental services could be impacted.
  - Reducing optional services and cutting provider payments have been options used in the past.



### **Snapshot of Projected NJ Impacts**

#### **Enrollment**

- Up to 350,000 individuals at risk of losing Medicaid coverage
- 15,000 25,000
  individuals
  losing coverage
  based on new
  immigration
  eligibility criteria.

#### **State Financials**

- Estimated \$400M
   loss generated
   annually by HMO
   assessment
- Loss of \$45M due to reduced federal support for emergency Medicaid
- Will need large investments in new eligibility systems and resources

#### **Provider Financials**

- Hospitals lose
   \$2.8B annually due to restrictions on provider taxes and directed payments
- Losses (projected billions) across the healthcare system due to reduced Medicaid enrollment

#### <u>Other</u>

- Reduced
   utilization of
   services due to
   new cost sharing
- Increased member burden to prove eligibility
- Increased
   eligibility workload
   and reduced
   county option
   revenue for
   county
   governments

Information from the DHS MAAC Presentation on July 17th



### **Main Takeaways**

- Most individuals with IDD (those enrolled on SSI and ABD Medicaid) will not have their Medicaid eligibility affected by the new work requirements or 6 month eligibility renewals.
- Many OBBA provisions do not go in effect until 2026 or later.
- The full extent of OBBA's impact is still being reviewed by NJ and the state Medicaid agency.
- We do not know how Medicaid may need to react to significant funding cuts, beginning in federal Fiscal Year 2027 (Oct. 2026 - Sept. 2027).
- Individuals currently enrolled on Medicaid and DDD are not being disenrolled at this time due to the passage of OBBA!



#### **Tools and Resources**

- July 17th MAAC Meeting (NJ DHS Presentation on OBBA)
  - o <u>Slides</u>
  - <u>Recording</u>
- The Arc U.S. Action Center thearc.org/action
  - Medicaid Toolkit <u>thearc.org/advocacytoolkits</u>
- Sign up for The Arc of New Jersey Action Alerts!
  - https://p2a.co/signupnj