The Self-Advocate

Spring 2022

A Newsletter Produced by the New Jersey Self-Advocacy Project Team

SATURDAY,
April 9th, 2022
The 16th Annual
"Spring Into Action"
Awards Luncheon

Included in this issue of The Self-Advocate:
Registration for the Spring Luncheon
NJSSAN Fundraiser
Event Schedule
Award Nomination Forms
2022 Council Calendars
Recent and Upcoming Events
*Please Note*
We are going green! This newsletter will NOT be printed and mailed.

REGISTRATION

Saturday, April 9, 2022

The 16th Annual New Jersey Statewide Self-Advocacy Network "Spring Into Action" Luncheon

www.njselfadvocacyproject.org

Registration is FREE.

If you would like to make a donation, you can do so here.

Each year, the New Jersey Self-Advocacy Project and the New Jersey Statewide Self-Advocacy Network work together to host the annual Spring Into Action Awards Luncheon. The event is an opportunity for Self-Advocates and Allies to network, learn about current advocacy issues, and celebrate the accomplishments of Self-Advocates over the past year. This year, we will host the Spring Into Action Luncheon virtually!
This year the luncheon will also feature a unique fundraising item: custom NJSSAN mugs! The proceeds will support the work of people with intellectual and developmental disabilities in our network across the state of New Jersey.

Fundraiser mugs will be offered through Bonfire.com in two colors for $19 each. Your mugs will be mailed directly to you; please do not send them to our office to distribute.

We appreciate your support!
LUNCHEON SCHEDULE

Signing on before 10:00 AM will put you in the virtual Waiting Room until the event begins.

Schedule: 10 AM - 12 PM

- 9:30 AM: Waiting Room
- 10 AM: Opening Remarks
- 10:30 AM: NJSSAN Council Updates
- 10:45 AM: Awards Ceremony
- 11:15 AM: Exhibitor Hall
- 11:55 AM: Closing Remarks

NOMINATION FORMS

Awards given during the event include:

- Jane Miller Memorial Leadership Award
- Key Contributor Award
- Prime Player Award
- "Healthy Lifestyles Project" Hero Award

Award Nomination Deadline:
Monday, March 4, 2022

Click here to complete an Award Nomination Form!
**Stay Healthy at Home**

**Webinars**

We present webinars on a variety of topics relating to self-advocacy and healthy living every Tuesday at 2 PM. We often feature some amazing guest presenters, such as self-advocate Pamela King who joined NJSAP Director Ashley Ritchey in discussing anti-bullying strategies.

**Healthy Lifestyles Project: LIVE!**

Our Healthy Lifestyle Project events continue this year on Zoom! Each Wednesday at 11 AM and Friday at 1 PM, we host a live, interactive event that promotes healthy living, such as our art therapy sessions with art therapist Kim Traina-Nolan.

Thank you to The Horizon Foundation for New Jersey, for funding these events!

**Brain Games**

We host live, interactive board games with the NJSAP Team for you to test your creativity and knowledge and to have fun! Join us on Zoom every Thursday at 1 PM for fun games like Boggle.
Click the image below to download the full calendar of our monthly NJSSAN Council meetings!

**New Jersey Self-Advocacy Project & Statewide Self-Advocacy Network**

A program of The Arc of New Jersey since 1983

Promoting Advocacy and Independence for People with Intellectual and Developmental Disabilities

For more information check us out online at [http://www.njsselfadvocacyproject.org](http://www.njsselfadvocacyproject.org).

Don't forget to follow us on social media: [Twitter](http://twitter.com), [Facebook](http://facebook.com), [Instagram](http://instagram.com) and [Youtube](http://youtube.com)!