

# PROGRAM AGENDA



9:00 AM - 2:00 PM

## **REGISTRATION & CONTINENTAL BREAKFAST**

9:00 AM - 9:45 AM

### **WELCOME**

9:45 AM - 10:00 AM

**RICHARD LECHER, PH.D., CEO,  
SCARC, INC.**

10:00 AM - 11:30 AM - Session #1

Common Orthopedic Conditions, Falls,  
Traumatic Injuries



**Dr. Robert A. DeFalco, Jr.**  
**Orthopedic Institute of NJ**  
**108 Bilby Rd., Suite 201**  
**Hackettstown, NJ 07840**  
**908-684-3005**  
**robertadefalcojr@aol.com**

Dr. DeFalco completed a fellowship in sports medicine / arthroscopic surgery at the Hahnemann University Hospital in Philadelphia, PA. During his fellowship, he served on the medical staff of the Philadelphia Eagles, Flyers, Phantoms, and Drexel University. He has attended the National Football League's Scouting Combine in Indianapolis, Indiana for the past six years with the Philadelphia Eagles. He is responsible for performing physical examinations on potential Eagles' draft picks.

Upon completing his undergraduate degree at the University of Maryland, Dr. DeFalco attended medical school at the University of New England College of Osteopathic Medicine. He completed his residency in orthopedic surgery at the University of Medicine and Dentistry of New Jersey - Kennedy Health System.

Dr. DeFalco is a member of the American Osteopathic Academy of Orthopedics, the Arthroscopy Association of North America, and the

American Osteopathic Association. He has lectured at national meetings and is published in peer review journals.

### **Areas of expertise include:**

- Orthopedic Sports Medicine
- Arthroscopic Surgery of the Knee, Shoulder, and Ankle
- Meniscal Repair
- Ligament Reconstruction
- Articular Cartilage Transplants

11:30 AM – 12:30PM - LUNCH

(On your own in the Selective Insurance Cafeteria or bring your own)

12:30 PM—2:00 PM –Session #2

Physiological Changes with Aging, Implications for the Caregiver, Contractures & Foot Drop

**Lesly Albuquerque**  
**Caring Home Therapy Services, LLC**  
**154 Andover Rd.**  
**Sparta, NJ 07871**  
**862-812-6433 FAX 201-490-5089**  
**caringhometherapyservices@hotmail.com**

Lesly obtained her Bachelor's Degree in Psychology in 2003 and her Master's Degree in Physical Therapy from the University of Vermont in 2005. She has clinical experience as a physical therapist, including working with the geriatric population, in a variety of settings ranging from hospital to Subacute rehabilitation facilities to private homes of patients bringing her a unique perspective to effectively treat a variety of orthopedic and neurological disorders. Her specialty includes gait disturbances, balance disorders and senior safety.

Lesly is currently the owner of Caring Home Therapy Services, LLC which provides physical therapy to seniors and adults with disabilities in their home environments. She actively promotes exercise and fall prevention for older adults and volunteers her time teaching a balance class at an assisted living facility.



### From East:

Route I-80 West to Route 15 North to Route 206 North.

\*\*Go about 2 miles from 15/206 intersection, turn right at second traffic light, then left onto Route 630 (Broad St). Turn right at Post Office onto Wantage Ave. (Route 519). Turn at second entrance on right—Corporate office/main reception area. Follow signs to the auditorium.

### From West:

Route I-80 East to Route 94 North to Route 206 North. Follow direction above from \*\*.

Or

Route I-78 East to Route 31 North to Route 94 North to Route 206 North. Follow direction above from \*\*

Or

Route I-78 East to Route 31 North to Route 46 West to Route 94 North to Route 206 North. Follow directions above from \*\*.

### From North:

Route I-84 (East or West to PA Route 209 South to NJ Route 206 South. Left at Branchville traffic light opposite \*Our Lady Queen of Peace" Catholic church. Left on Route 630 (Broad St.). Right at Post Office onto Wantage Ave. (Route 519), Turn on second entrance on right—Corporate office main reception area.

### From South:

Route 206 North or Route I-80 West to Route 15 North to Route 206 North. Follow directions above from \*

**SCARC, Inc.**

**MEDICAL ROUNDTABLE  
OCTOBER 4, 2012**

**PLEASE REGISTER**

Name: \_\_\_\_\_

Program/Agency: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone Number: \_\_\_\_\_

Email Address: \_\_\_\_\_

Please R.S.V.P. by September 28, 2012

You may:

Mail to: Pam Michaluk  
SCARC, Inc.  
11 Route 206, Suite 100  
Augusta, NJ 07822

Fax to: 973-383-3417

Email to: pmichaluk@scarc.org

**SCARC, Inc.  
11 US Route 206, Suite 100  
Augusta, NJ 07822**



Presents:  
**9th Annual  
Medical  
Conference**  
for  
Professionals Serving  
Persons with  
Developmental  
Disabilities

DATE:  
Thursday, October 4, 2012

TIME:  
9:00 AM - 2:00 PM

LOCATION:  
Selective Insurance  
Auditorium  
40 Wantage Avenue  
Branchville, NJ 07826  
973-948-3000