

# Council 4 of the Statewide Self Advocacy Network Wednesday 11/11/2020 Agenda

1. **Welcome & Check ins:** How is everyone doing?
  
2. **Old Business:**
  - a. [Action Alerts](#)
  
3. **New Business:**
  - a. Election discussion
  - b. Does the time of this meeting work for everyone?
  - c. Meeting on another platform?
    - i. Zoom
    - ii. Google Hangouts
  - d. [Covid 19 Alert App](#)
    - i. How it works
  - e. [The Arc of New Jersey's Heros 2020](#)
    - i. Who can you nominate?
  
4. **NJSAP Tips**
  - a. **Social Media**
    - i. The NJSAP team is very active on social media:  
[Instagram](#), [Facebook](#), [Youtube](#) and [Twitter](#). Connect with us online to learn about fun activities to do during the “stay at home” order, coping with stress, and quick & healthy recipes. You can also join us on Facebook LIVE Thursdays at 1 PM to play games with other self-advocates.
  - b. [Stay Healthy at Home Webinar Series](#) Tuesdays @ 2pm

- i. [Archived Webinars](#)
- c. [Interactive Healthy Lifestyles Project](#) Wednesdays @ 11am &  
Fridays @ 1pm

5. Personal news, updates, or announcements?

6. Close the meeting

No Meeting in December! Have a safe and healthy holiday  
season!

Next meeting will be January 12 @3:00pm