

Comprehensive yet Easy-To-Follow Materials For the **PREVENTION AND MANAGEMENT OF TYPE 2 DIABETES** **IN INDIVIDUALS WITH DEVELOPMENTAL DISABILITIES**

Launched in 2006 with funding from The Horizon Foundation for New Jersey, The Arc of New Jersey's **Diabetes Awareness and Education Project** has produced media materials intended to educate individuals with developmental disabilities and their caregivers regarding important steps that can be taken toward the prevention and control of Type 2 Diabetes, including changes in diet and exercise habits and regular monitoring by a health care professional. We have recently updated and reprinted these materials and they are now available in a combination English/Spanish booklet and an educational DVD, which includes a Spanish-language option. Please use this order form to order the materials. **THERE IS NO CHARGE FOR INDIVIDUAL COPIES OF THESE MATERIALS, however, POSTAGE CHARGES WILL APPLY FOR REQUESTS GREATER THAN 1 BOOKLET.**

Valuable Resources for Individuals with Developmental Disabilities

As well as those who support them, including:

✓ Families and Guardians
✓ Health care providers

✓ Group homes
✓ Service organizations

✓ Day programs
✓ Government agencies

INDIVIDUAL COPIES AVAILABLE FREE OF CHARGE*

To order any of these materials, please forward the following information to **Helen Rivera**:

The Arc of New Jersey ♦ 985 Livingston Avenue ♦ North Brunswick, NJ 08902
PHONE: 732.246.2525, x35 ♦ FAX: 732.214.1834 ♦ EMAIL: hrivera@arcnj.org

Your Name: _____

Organization Name: _____
(if applicable)

Address: _____

Phone/Email: _____

Please send me _____ DVD copies of 30-minute educational film (with a Spanish-language option), *Diabetes: Prevention, Control and Management*
(quantity)

Please send me _____ Copies of DIABETES BOOKLET in ENGLISH/SPANISH
(quantity)

*** POSTAGE CHARGES WILL APPLY FOR 2 OR MORE COPIES.**



The Horizon Foundation for New Jersey



The Horizon Foundation for New Jersey promotes health, well-being, and quality of life in New Jersey's communities. The goals of the foundation are to improve the health of New Jersey residents by promoting quality health-related prevention and education programs, and increasing access to primary health care, and to enhance arts and cultural opportunities for New Jersey residents.